

# Challenges in assessing COVID-19 vaccine effectiveness in resource-limited settings: Experiences from South Africa

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Evaluating the real-world effectiveness of vaccines, including COVID-19 vaccines, and various biomedical interventions is crucial to address gaps in evidence from randomised controlled clinical trials and inform the national rollout of vaccinations. In the context of COVID-19, these gaps may include vaccine effectiveness against variants of concern and in high-risk subgroups such as people living with HIV. Designing vaccine effectiveness studies is more complex than designing randomised controlled clinical trials as it requires the availability of reliable, routinely collected data. Effectiveness studies in low- to middle-income countries (LMICs) are essential for tailoring vaccination strategies, addressing high-risk subgroups, ensuring equitable protection, and contributing valuable data to global health efforts. However, fewer COVID-19 vaccine effectiveness studies have been conducted in LMICs, including on the African continent, compared to high-income countries. Through our experience, it has become clear that national health data systems, resources and infrastructure, as well as adequate statistical capacity – which is crucial when conducting robust effectiveness studies – are lacking in LMICs. While each COVID-19 vaccine effectiveness study employed a specific study design and analytical approaches, none, to our knowledge, provided a rationale for their study design and statistical methods. Drawing from practical experiences, reflections and lessons learnt after designing a COVID-19 vaccine effectiveness study in a resource-limited setting, we present key considerations for data sources needed to run real-world effectiveness studies, for study designs, and for statistical modelling suitable for effectiveness studies. In the context of COVID-19, the study designs and statistical models are suitable for both prime and booster vaccines.

### Significance:

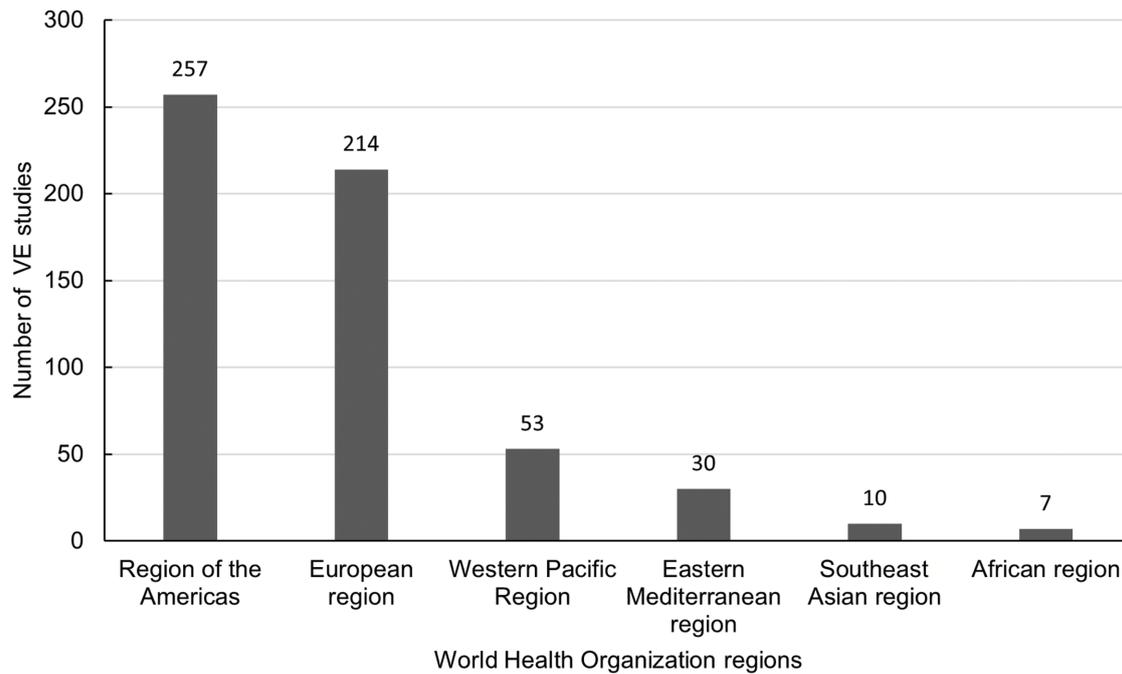
- Substantially fewer COVID-19 vaccine effectiveness studies have been conducted in LMICs than in high-income countries.
- The lack of integrated national health data systems contributes to the lack of robust effectiveness studies in general and this was also observed during the COVID-19 pandemic.
- While each COVID-19 vaccine effectiveness study employed a specific study design and analytical approaches, none, to our knowledge, provided a rationale for their study design and statistical methods.
- Therefore, drawing from practical experiences, reflections and lessons learnt after designing a COVID-19 vaccine effectiveness study in a resource-limited setting, we present key considerations for study designs, data requirements and statistical modelling suitable for effectiveness studies.

## Introduction

The COVID-19 pandemic started in December 2019 and affected millions of lives globally.<sup>1</sup> In March 2020, the first phase 1 trials of COVID-19 vaccines commenced.<sup>2</sup> By December 2020, there were several COVID-19 vaccine candidates being tested in large phase 3 randomised clinical trials.<sup>3-5</sup> Vaccine efficacy levels from randomised clinical trials ranged from 66% to 95%, depending on the endpoint of interest.<sup>4,7</sup> From December 2020, countries started rolling out vaccines, necessitating evaluation of vaccines outside randomised controlled trial settings.<sup>8</sup> Vaccine effectiveness studies in low- and middle-income countries (LMICs) are essential for tailoring vaccination strategies, addressing high-risk subgroups, ensuring equitable protection, and contributing valuable data to global health efforts. Moreover, these studies have the advantage of allowing for the detection of less frequent adverse effects.<sup>9</sup>

Regardless of the disease or condition, effectiveness studies are generally challenging to design, analyse and interpret due to their susceptibility to biases and methodological complexities.<sup>10,11</sup> This difficulty is due to the lack of random assignment of individuals, which reduces selection bias and systematic variations between, for example, vaccinated and unvaccinated individuals. Moreover, making probabilistic statements about the likely similarities between vaccinated and unvaccinated individuals concerning the outcome(s) and drawing causal inferences becomes challenging.

As a result, the World Health Organization (WHO) provided interim guidance on the evaluation of COVID-19 vaccine effectiveness<sup>12</sup>, primarily aimed at evaluations undertaken in LMICs, to address study design, sample size, biases and data collection on potential covariates and confounders. Despite the WHO's guidance, only a few COVID-19 vaccine effectiveness studies have been conducted in the WHO's African region and most countries in the Global South.<sup>13</sup> According to the International Vaccines Access Center (IVAC)<sup>13</sup>, and a systematic review of vaccines administered in Africa<sup>14</sup>, as of May 2024, only seven COVID-19 vaccine effectiveness studies were reported in the WHO's African region<sup>15-21</sup>. In contrast, 257 studies were reported in the region of the Americas, 214 in the European region, 53 in the Western Pacific region, 30 in the eastern Mediterranean and 10 in the Southeast Asian region (Figure 1). The lack of contribution of the African region to vaccine effectiveness estimates is despite the commendable implementation of strategic, operational and tactical coordination mechanisms by the WHO AFRO



**Figure 1:** COVID-19 vaccine effectiveness (VE) studies conducted in the regions of the World Health Organization.

region in response to COVID-19.<sup>22</sup> This paucity of COVID-19 vaccine effectiveness studies highlights an urgent need to strengthen health and data systems, not only to produce timeous health reports to track pandemics and epidemics, carry out effectiveness studies for various interventions and keep the research community updated, but also to contribute to improving the welfare of the African population.<sup>23</sup>

While several articles that we sourced from Google Scholar, PubMed and other sources presented COVID-19 vaccine effectiveness estimates, to the best of our knowledge, none has provided a rationale and motivation behind the choice of the study design and statistical analysis approach. In this paper, we discuss key considerations for data sources needed to run real-world vaccine effectiveness studies for prime and booster vaccines, for study designs and for statistical modelling suitable for vaccine effectiveness studies, reflecting on lessons from the Sisonke Phase 3b trial implementation study<sup>15</sup> which was conducted in South Africa. These considerations are not exclusive to vaccines but also applicable to most biomedical interventions evaluated in clinical trials.

### Study designs used in assessing vaccine effectiveness

The WHO recommended five study designs to measure COVID-19 vaccine effectiveness: test-negative case-control, cohort, case-control, screening method and regression discontinuity design.<sup>12</sup>

It is important to note that each of the aforementioned designs has strengths, weaknesses and biases that should be mitigated. To date, the most commonly used study designs are cohort, test-negative case-control, and, to a lesser extent, case-control; these are the focus of the next section. It is important to outline these study designs because the challenges in conducting vaccine effectiveness studies are directly linked to the availability of data sources required for each study design. Moreover, this outline will be broadly applicable to other diseases for which effectiveness studies are crucial.

#### Test-negative case-control study

The test-negative case-control design, which is suitable for infectious diseases, was introduced in 2007<sup>24</sup>, and has been widely used to estimate the effectiveness of influenza and rotavirus vaccines. This design has been used to assess vaccine effectiveness against symptomatic SARS-CoV-2 infection or severe COVID-19 in countries such as England<sup>25</sup>, Brazil<sup>26</sup>, Canada<sup>27</sup>, Qatar<sup>28</sup>, the USA<sup>29</sup>, and South Africa<sup>17-19</sup>.

In the test-negative case-control design, individuals seeking medical care for COVID-19-like or respiratory symptoms are tested for SARS-CoV-2. Those who test positive for the pathogen serve as cases and those who test negative serve as controls.

The most important strength of this design is that cases and controls have a similar symptom profile and are therefore likely to be similar in various respects, thereby reducing selection bias. The same selective forces that lead individuals to be tested should operate on both those who test positive and those who test negative, and this mechanism is expected to produce a valid vaccine effectiveness estimate. Symptomatic individuals can be recruited from the same health facility (inpatient or outpatient).

The WHO recommended test-negative case-control design as an efficient and accurate method in LMICs to assess vaccine effectiveness against severe and symptomatic COVID-19.<sup>12</sup> On paper, this design is easy to implement. At a minimum, a data set with the following variables is suitable for this design: Among individuals who present with COVID-19 symptoms (as inpatients or outpatients): (i) the symptoms that people present with to confirm eligibility; (ii) SARS-CoV-2 results from highly sensitive and specific diagnostic tests such as polymerase chain reaction (PCR) and specimen collection date; (iii) vaccination date, which should be captured at the time of specimen collection; and (iii) sociodemographic and clinical variables associated with vaccination and COVID-19.

The WHO recommended that, if necessary, cases and controls should be matched by time of enrolment to account for the evolving nature of the pandemic and circulating variants. This approach ensures that cases and controls are selected at a similar time period. Subsequently, multivariable logistic regression should be used to estimate the ratio of the odds of vaccination among cases compared with controls.

#### Cohort study

This study design is broadly applicable to both infectious and non-infectious disease outcomes, and has been used to assess vaccine effectiveness against any documented SARS-CoV-2 infection, symptomatic SARS-CoV-2 infection, COVID-19 related hospital admissions and mortality in countries such as South Africa<sup>15</sup>, Morocco<sup>30</sup>, Israel<sup>31</sup> and the USA<sup>32,33</sup>.

In a cohort study, vaccinated and unvaccinated individuals are prospectively followed up to ascertain an endpoint or disease occurrence. The WHO recommended that this design be used in settings with the capacity for



rigorous follow-up to determine vaccination status and disease status and collect accurate and complete covariates to adequately adjust for confounding. This design can also be conducted retrospectively; however, reliable vaccination status is difficult to ascertain in retrospective cohorts without good vaccination records. Under this design, stratified analyses can be undertaken based on subgroups and common variants of concern. To assess vaccine effectiveness under specific variants of concern, either the sequencing data or the availability of data showing when each variant was dominant in various countries is crucial. After extraction of these timepoints, the follow-up period of an individual is split accordingly, thereby allowing individuals to contribute person-time to each variant of concern during their period of observation.

A data set with a minimum of the following variables is suitable for this design: (i) vaccination date, which should be constantly updated during follow-up to avoid misclassification; (ii) date of endpoint/ diagnosis or date when endpoint(s) was measured; and (iii) sociodemographic and clinical variables associated with vaccination and COVID-19. Vaccinated and unvaccinated individuals can be matched on key characteristics, or they could be adjusted for in a multivariable model.

Thereafter, the rate of disease is estimated within each of the vaccinated and unvaccinated groups and compared using either multivariable Poisson regression, with exposure time as an offset, or multivariable Cox proportional hazards regression.

### **Case-control study**

The case-control design, also suitable for infections and non-infectious diseases, was used to measure vaccine effectiveness against asymptomatic and symptomatic SARS-CoV-2 infection, severe illness, hospitalisation and death in Zambia<sup>20</sup>, China<sup>34</sup> and the USA<sup>35</sup>.

In a traditional case-control design, individuals diagnosed with COVID-19, irrespective of symptoms, are eligible to be considered as cases. Controls are individuals not diagnosed with COVID-19 but who had the same likelihood of being classified as cases if they had been infected with SARS-CoV-2. Controls should be drawn from the same setting or population from which cases were derived, e.g. community, hospital or prison. Drawing controls from each of these settings can be challenging<sup>36</sup>, especially for community controls, as they would not have presented themselves to healthcare facilities for complete data collection, necessitating costly fieldwork to be carried out. Cases and controls can be matched on variables associated with vaccination and SARS-CoV-2 infection, including the calendar time of enrolment.

Like other designs, case-control studies are also susceptible to biases that could decrease or increase vaccine effectiveness estimates. Healthcare-seeking behaviour or access to care can bias vaccine effectiveness estimates towards the null because vaccinated individuals may be more likely to seek care if diagnosed with SARS-CoV-2 infection and thus defined as cases.<sup>37</sup> As indicated, test-negative case-control attempts to mitigate this bias, as both cases and controls seek care.

A data set with the following variables is suitable for this design: (i) SARS-CoV-2 results from highly sensitive and specific diagnostic tests and specimen collection date; (ii) vaccination date which should be captured at the time of specimen collection; and (iii) sociodemographic and clinical variables associated with vaccination and COVID-19. Similarly to test-negative case-control, multivariable logistic regression should be used to calculate the ratio of the odds of vaccination among cases compared with controls.

### **Lessons learnt from evaluating vaccine effectiveness in the Sisonke study**

The Sisonke study was a single-arm, open-label, phase 3B implementation study that enrolled 477 102 healthcare workers aged 18 years and older.<sup>15</sup> The study participants received a single dose of Ad26.COV2.S vaccine between 17 February 2021 and 17 May 2021<sup>15</sup> and were eligible for a second dose of Ad26.COV2.S (via the Sisonke 2 trial) from 9 November 2021. Assessing vaccine effectiveness required

a robust comparator group of unvaccinated individuals with exposure to SARS-CoV-2 comparable to that of healthcare workers.

When COVID-19 emerged in South Africa, the South African Department of Health and Public Health institutes such as the National Institute for Communicable Diseases (NICD) worked extremely hard to develop databases to collect vaccination data, SARS-CoV-2 test results and COVID-19 related admissions. The country had a well-established Civil Registration and Vital Statistics System (CRVS) with a high proportion of deaths being registered.

However, in 2021, linking all these databases to design a cohort study or test-negative case-control study within Sisonke posed challenges. One of these challenges was the inconsistent capturing of the unique identifier in the form of a South African identification number. This limitation was also observed in other epidemiological studies in the same setting.<sup>38</sup> Secondly, none of the databases collected data on COVID-19-related symptoms at the time of testing for SARS-CoV-2 – an important premise for a valid and robust test-negative case-control study.

In view of the many individuals being tested as a result of contact with confirmed or suspected COVID-19 cases, or prior to any hospitalization (trauma events, elective surgeries, etc.), the available data from our setting would severely compromise the test-negative case-control design. While valuable, the routinely collected data on SARS-CoV-2 infection, COVID-19 hospitalisation and deaths for only the Sisonke participants were clearly not sufficient to evaluate vaccine effectiveness. The solution was to use data from two medical care organisations that provide health insurance in South Africa to design a vaccine effectiveness study. While these databases played a crucial role in vaccine effectiveness studies by providing complete and reliable data on demographics, comorbidities and endpoints, we acknowledge that the insured population may not be representative of the general population. Insured individuals tend to be older than the uninsured<sup>39</sup> or the general population<sup>40</sup>. Moreover, a larger proportion have a tertiary education, have a higher total monthly household income and greater access to healthcare services compared to the uninsured population.<sup>39</sup>

As already indicated, without symptoms linked to both cases and controls, the robustness of test-negative case-control becomes questionable. Consequently, in one South African study that utilised the test-negative case-control design, data on COVID-19-like symptoms were not available.<sup>16</sup> Still, a deduction was made on the basis that COVID-19 PCR tests were funded from medical scheme benefits on referral from a clinician. Hence, test results were most likely to be available for the symptomatic population.

### **Infrastructure and national data systems**

Ideally, vaccine effectiveness and effectiveness studies in general require national data systems similar to those from the medical insurance schemes in which vaccination data, sociodemographic data, clinical characteristics and outcomes can be found in the same database and are linked by a unique identifier. Although South Africa does not have a national health data system, the Western Cape Department of Health has a Provincial Health Data Centre, which consolidates all person-level health data (hospital, laboratory, pharmacy, primary care, disease management, mortality, etc.).<sup>41</sup> These data were valuable for generating valid vaccine effectiveness estimates despite being confined to only one of the nine provinces in South Africa<sup>42</sup>; routine data collected across all nine provinces would be beneficial for country-wide evidence-based decision-making. Availability of data is crucial for preventing, preparing for, and responding to future pandemics and endemic diseases.

As already stated, effectiveness studies are not limited to COVID-19 research. South Africa reported the highest number of new human immunodeficiency virus (HIV) infections globally in 2023.<sup>43</sup> Various pre-exposure prophylactics have been found to be effective for HIV, ranging from pills to long-acting formulations such as injectable cabotegravir and lenacapavir<sup>44-46</sup>, although real-world implementation and effectiveness of such interventions across populations not represented in clinical trials are still needed<sup>47</sup>. However, this will not be possible in resource-limited countries in the Global South that do not have national health data systems

unless such interventions are conducted within research sites, using clinical trials infrastructure by teams already running clinical trials.

A common drawback of vaccine effectiveness studies is the lack of random assignment of individuals to vaccination, which exacerbates selection bias due to potential differential key characteristics between vaccinated and unvaccinated individuals and also between cases and controls. Therefore, complete data on these characteristics are necessary to enable robust (less biased) and near valid vaccine effectiveness estimates.

In the Sisonke study, self-reported HIV prevalence obtained from the electronic vaccination data system was 8.3%, compared with 16.3% obtained from medical insurance data – about a twofold difference.<sup>15</sup> Further considering the high burden of undiagnosed disease among men and women in LMICs<sup>48</sup>, this indicates a large misclassification of participants due to potential underreporting of comorbidities. Medical insurance data allowed for complete adjustment for effect modifiers, confounders and stratification (sub-group) analyses at the expense of utilising half the Sisonke cohort.

Despite recommendations from the WHO to conduct test-negative case-control studies in LMICs to assess vaccine effectiveness against severe and symptomatic COVID-19, this approach was not always feasible in our setting. In the Sisonke study, conducting a matched cohort study was the next viable approach. However, this approach was very resource intensive. The data set was extremely large with the total insured population in excess of two million, and tasks such as data manipulation, matching vaccinated and unvaccinated individuals, and creating bootstrap samples required advanced programming skills and high-performance computers. High-performance computers are

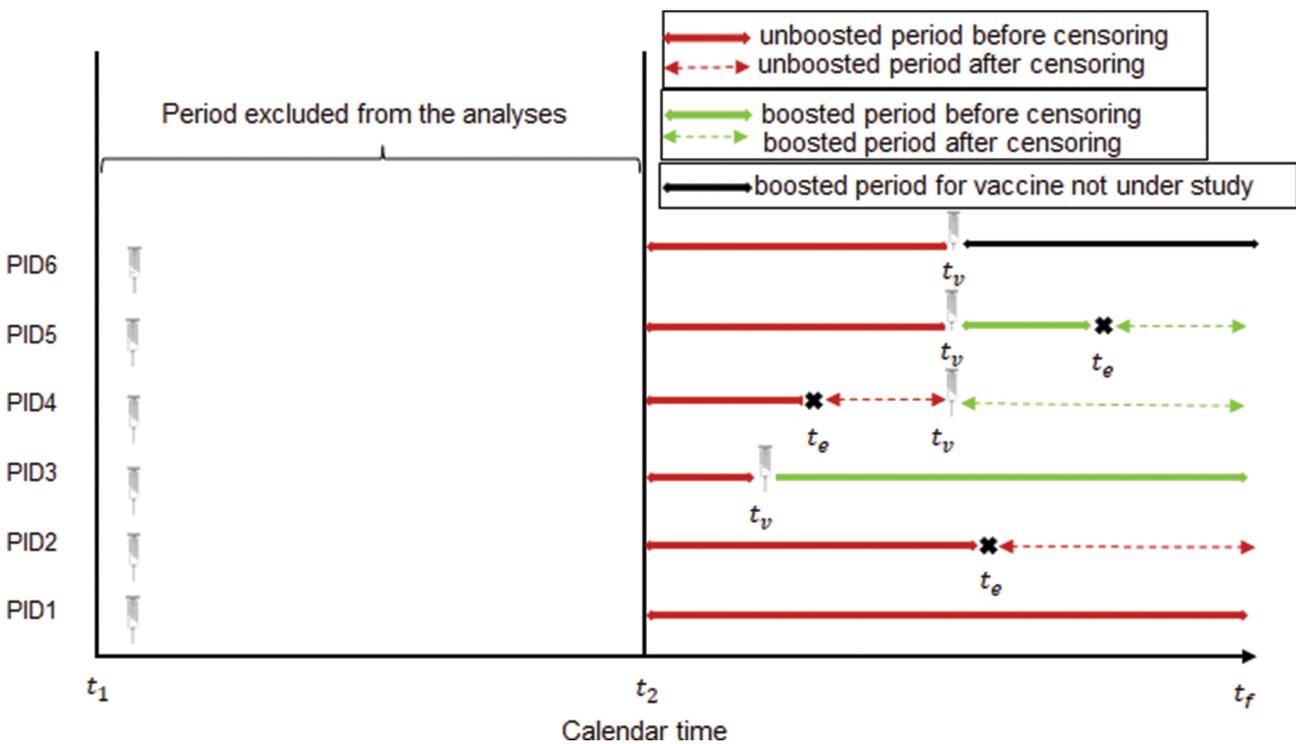
essential because bootstrap sampling is computationally intensive; in our case, it took over 12 hours to complete.

It is worth mentioning that this type of sampling and analysis requires the services of well-trained biostatisticians, a specialised and scarce skill set that still needs capacity building in Africa.<sup>49</sup> While there are numerous initiatives to address the shortage and lack of local biostatistician capacity in the African setting<sup>50</sup>, these initiatives need to be coupled with practical exposure or experience. Between 2010 and 2019, only 2% of clinical trials worldwide were set in sub-Saharan African countries.<sup>51</sup> The implications are clear: researchers in the African setting are not getting maximum exposure to groundbreaking research activities, including designing and analysing clinical trials.

### Assessing relative effectiveness of boosters

As new information regarding the durability of vaccines emerged, booster vaccines were widely recommended, and the need to assess the relative effectiveness of booster vaccines emerged.

Robust measurement of the relative effectiveness of boosters in South Africa after the booster vaccine rollout at the end of 2021 was challenging due to the fewer number of patients admitted to hospital, less clinically severe illness, and a lower case-fatality ratio compared to the first three COVID-19 waves between May 2020 and September 2021.<sup>52,53</sup> This directly impacts the precision in booster vaccine effectiveness, which is a function of the number of events. Crucially, assessing booster effectiveness requires accurate and complete documentation of vaccine records, allowing endpoints and supporting data to be linked to the correct vaccination episode. This complexity makes it challenging to design cohort or test-negative case-control studies.



$t_1$ , date of primary dose receipt;  $t_2$ , earliest date of the booster dose (i.e. date when individuals were eligible to get a booster dose);  $t_f$ , end of study follow-up;  $t_v$ , booster vaccine administration date;  $t_e$ , endpoint date

**PID1:** An unboosted individual who did not experience an event during follow-up. Unboosted person-time begins from the date when individuals were eligible to receive the booster ( $t_2$ ) to the end of follow-up ( $t_f$ ).

**PID2:** An unboosted individual who experienced an event. Unboosted person-time begins from  $t_2$  to event date ( $t_e$ ).

**PID3:** A boosted individual who did not experience an event. Person-time will be separated into (i) unboosted from  $t_2$  to booster dose receipt date ( $t_v$ ) and (ii) boosted from  $t_v + 14$  days to  $t_f$ .

**PID4:** A boosted individual who experienced an event before boosting. Unboosted person-time begins from  $t_2$  to  $t_e$ . Exposure time after boosting will be excluded from the analyses.

**PID5:** A boosted individual who experienced an event after boosting. Person-time will be separated into (i) unboosted from  $t_2$  to  $t_v$  and (ii) boosted from  $t_v + 14$  days to  $t_e$ .

**PID6:** An individual who received a booster not under study. Unboosted person-time begins from  $t_2$  to  $t_v$ .

Note: The period between  $t_1$  and  $t_2$  is excluded from the analyses.

**Figure 2:** Illustration of exposure time and the timing of events before and after boosting using pseudo individual identifiers (PID).

As a result, an alternative statistical approach that allows for vaccination status per individual to vary over time has been used to assess COVID-19 booster vaccine effectiveness.<sup>54-61</sup> This approach enables studying multiple boosters, whether they are homologous or heterologous. This approach is achieved by modelling the time-varying vaccination status as an exposure variable while adjusting for potential confounders in a Cox proportional hazards regression model (Equation 1). Time-varying exposures are common in survival analyses, making this valid approach easy to implement in standard software packages.

The hazard function is given by:

$$h(t | Z_i(t), PV_i, X_i, M_i(t)) = h_0(t) \exp(\beta_1 Z_i(t) + \beta_2 PV_i + \beta_3 X_i^T + \beta_4 M_i^T(t))$$

Equation 1

for  $i = 1, \dots, n$  individuals.  $Z_i(t)$  represents the boost indicator, which is a time-varying covariate which takes a value of 0 before the boost and a value of 1 or 2 when the time is 14 or more days after the first or second boost, respectively. Here, heterologous and homologous boosting can be assessed together.  $X_i$  represents a vector of time-fixed covariates and  $M_i(t)$  represents a vector of time-varying covariates. PV is the standardised time since prime vaccination (i.e. first or primary dose of any vaccine) defined as  $P - \min(P)$ , where  $\min(P)$  is the time since the prime dose for someone who had the shortest time since the primary dose.

For ease of illustration, see Figure 2, where individuals start from the unboosted period and cross over to the booster period provided they receive a booster that is under study. Figure 2 is based on a vaccine regime where an individual is considered fully vaccinated after receiving one dose (e.g. Ad26.COVS vaccine).

Calendar time is used instead of time to event scale where exposure time is calculated from the official date when individuals are eligible to receive boosters (i.e. time  $t_i$ ). This is intuitive for analyses of vaccines for some infectious diseases, as risk can vary substantially over time. This phenomenon was observed between 2020 and 2022 when COVID-19 epidemic waves resulted in high rates of SARS-CoV-2 infection and hospital admissions, and this varied across different variants of concerns.<sup>52,53</sup> Through a simulation study, it was shown that using calendar time yielded less-biased estimates when compared with analyses using time to event scale.<sup>62</sup> Again, this type of analysis requires the services of well-trained biostatisticians with expertise in advanced survival analysis. It is worth noting that this model can be applied to any type of effectiveness study in which the exposure varies over time, either by design or due to factors such as non-adherence, non-compliance or treatment switches.

## Conclusion

Evaluating the effectiveness of biomedical interventions in resource-limited countries is challenging due to the lack of integrated national healthcare data systems, limited biostatistics capacity and availability of high-performance computing resources.

The consequences of this are clearly evident from the fewer COVID-19 vaccine effectiveness studies for both prime and booster vaccines conducted in the African region and countries in the Global South.

Despite the WHO AFRO region's implementation of a multilayered coordination mechanism to manage the COVID-19 pandemic, challenges remain. In the absence of national health data systems, it will be difficult to monitor future pandemics or generate data-driven evidence on their impact. Most importantly, epidemiology, statistics, data science, mathematical modelling and data management capacity should continuously be strengthened to ensure that advanced and novel analytical tools are readily available, not only for pandemics, but also for enhancing everyday research endeavours in Africa.

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## Data availability

There are no data pertaining to this article.

## Declarations

We have no competing interests to declare. We have no AI or LLM use to declare.

## Authors' contributions

N.Y.-Z.: Conceptualisation, methodology, writing – original draft, writing – review and editing. T.R.: Conceptualisation, methodology, writing – review and editing. Both authors read and approved the final manuscript.

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