

Seasonal study on *Bothriocephalus* as indicator of metal pollution in yellowfish, South Africa

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Abstract

Eighty largemouth yellowfish, *Labeobarbus kimberleyensis*, were collected between April 2005 and February 2006 with gill nets close to the island (26° 52, 249' S, 28° 10, 249' E) in the Vaal Dam. The fish were killed, weighed and their length determined. Muscle, liver and spinal cord tissues were collected from each fish and the intestines removed and opened to expose *Bothriocephalus acheilognathi*. The tapeworms were collected in glass bottles and frozen. Water and sediment, as well as liver, muscle and tapeworm samples were digested and thereafter metal concentrations of 23 elements (lithium, beryllium, titanium, vanadium, chromium, manganese, iron, cobalt, nickel, copper, zinc, arsenic, selenium, molybdenum, cadmium, tin, antimony, tellurium, barium, mercury, thallium, lead and uranium) were determined with an ICP-MS. Bioconcentration of metals (selenium, mercury, and lead during autumn; copper, zinc, selenium, cadmium, antimony, thallium and mercury during winter; lithium, zinc, selenium, cadmium and antimony during spring; and zinc during summer) occurred in tapeworms. The highest mean value was recorded in sediment, followed by water, tapeworms and host tissue. A seasonal trend showed that a higher concentration of the metals had accumulated in tapeworms during winter when water levels were at their lowest.

Keywords: *Bothriocephalus acheilognathi*, bioaccumulation, microwave digestion, ICP-MS, sediment, water

Introduction

Metals are present at low concentrations in natural aquatic ecosystems, and an increase in the levels of available metals may lead to an increase in the accumulation of the metals in organs and tissues of organisms. Metal bioaccumulation occurs with many toxic pollutants and will concentrate at very high levels in organisms from very low levels in water (Mance, 1987). Accumulation of pollutants depends on external and internal factors in organisms. Bioindicators are used because they are good sentinel species that tend to be ubiquitous, sedentary and long-lived, and have a high pollution tolerance and the ability to accumulate large quantities of a toxin. Temperature and salinity (Philips, 1980) also affect the rate of metal accumulation.

In Europe, interest in parasites in bioaccumulation studies has increased due to parasites' potential as indicators of environmental quality. Recently it was shown that acanthocephalans and cestodes of fish accumulate heavy metals to levels which are magnitudes greater than those in the host itself (Sures, 2004; Petrlova et al., 2007; Jirsa et al., 2008). The majority of the investigations have examined the effects of various forms of pollution on the abundance and distribution of parasites, and the combined effects of pollution and parasitism on the well-being of the hosts (Mackenzie et al., 1995; Lafferty, 1997; Sures et al., 1999a; b; Zimmermann et al.,

2004; Sanchez-Ramirez et al., 2007). Numerous researchers have investigated Cestoda and Acanthocephala as indicators in pollution studies (Jirsa et al., 2008). Adult acanthocephalans accumulate extremely high burdens of heavy metals and may be used as sensitive bioindicators in monitoring heavy metals. Other reports explain that heavy metals reached higher concentrations in Cestoda than in Acanthocephala, but not for the metal lead (Turčeková and Hanzelová, 1997). The metal concentrations in adult acanthocephalans will respond quickly to changes in environmental exposure of their hosts (Sures et al., 1999a; b; Singer et al., 2005; Sures et al., 2007).

Bioaccumulation studies on fishes in South African rivers have been done in the Limpopo, Crocodile and Vaal Rivers. However, it was only recently indicated that intestinal parasites in the Vaal Dam have potential as indicators of metal pollution (Retief et al., 2006). In a study by Retief et al. (2006) the tapeworms had a higher mean value of metal concentrations than the host tissue in 8 (lithium, beryllium, manganese, selenium, mercury, thallium, lead and uranium) of the 23 elements studied and the second highest mean value of metal concentrations in 7 (chromium, iron, zinc, molybdenum, cadmium, tin and barium) of the 23 elements studied. It was suggested that future studies concentrate on the effect of season, based on this observation. This study was built on the previous one but explored the effect of seasonality on the concentration of metals. This is important due to the fact that the Vaal River is situated in a summer rainfall area and is characterised by varying water levels that influence the metal concentration in the environment. The data from the 2006 study were included and used as the summer survey – to compare it with the data from the other 3 seasons. This is the first reported study of the effect of season on the accumulation of metals in intestinal parasites.

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Materials and methods

Tissue collection

Twenty largemouth yellowfish, *Labeobarbus kimberleyensis* (Gilchrist and Thompson, 1913), were collected with gill nets during each season (April 2005 to February 2006). They were collected in the Vaal Dam close to the island (26°52.249'S, 28°10.249'E). The Vaal Dam is the third largest impoundment by volume in South Africa and supplies drinking water to approximately 10 m. people. It was constructed in 1938 and has a capacity of 2.57 bn. m³, a surface area of 300 km² and a shoreline of over 800 km and is situated in a catchment area covering 39 000 km³.

The fish were killed by severing the spinal cord, weighed and the length of each fish recorded. Liver, muscle and vertebrae tissues were dissected and placed in 25 ml glass bottles, while intestines were removed and placed in Petri dishes containing saline solution. These intestines were opened with Dumont tweezers to expose the tapeworms, which were then carefully removed and stored in 25 ml glass bottles. All the tissue samples were frozen until metal analysis. An Ekman Grab was used to collect a sediment sample and a water sample was collected in a 1 l bottle during each survey.

Microwave digestion

Tissue samples (liver, muscle, spinal cord and tapeworms) were defrosted and a 1 g sub-sample was weighed. Individual tissue samples (liver, muscle and tapeworms) were placed in microwave digestion flasks with 5 ml Suprapur® nitric acid 65% and 1 ml Milli-Q water (18.2 Ω) and digested. Spinal cord tissue was digested with 2.5 ml Suprapur® nitric acid 65%, 2.5 ml hydrochloric® acid and 1 ml Milli-Q water. Water samples were prepared by filtering the water through 0.45 µm acid-membrane filters, and 5 ml Suprapur® nitric acid 65% was added. Sediment samples (1 g) were digested as described for liver, muscle and tapeworms. A tissue sub-sample was dried in an oven at 100°C to calculate the moisture content in the different tissues.

ICP-MS analysis

An ICP-MS was used to determine the metal concentrations in each tissue type. Samples were transferred into 15 ml Falcon tubes and the internal standard solution Indium was added to each sample for metal analysis. The concentration of antimony, arsenic, barium, beryllium, cadmium, chromium, cobalt, copper, iron, lead, lithium, manganese, mercury, molybdenum, nickel, selenium, tellurium, thallium, tin, titanium, uranium, vanadium and zinc was determined.

Dry weight determination

The metal concentrations were determined as µg/l, then converted to µg/g to calculate the wet tissue weight and lastly transformed to µg/ml to determine the dry mass incorporating the percentage moisture value.

Statistical analysis

SPSS for Windows 13.0 (SPSS Inc.) was used for statistical analysis of the data. One-sample t-tests were used to determine whether water and sediment values were significantly different from host tissues and tapeworms. ANOVA was used to determine significant differences between fish tissues and tapeworms seasonally. The Huynh-Feldt test was used to identify significant differences, while Levene's test for equality of error variances was used to determine significant differences and to show which *post hoc* test should be used to interpret the data.

Results

All the largemouth yellowfish were infected with *B. acheilognathi*, with an average of 120 ± 88 tapeworms per intestine.

In Table 1 metal concentrations in water (µl/l) and sediment (µg/g) are presented. The highest sediment and water concentrations were recorded in the winter survey.

In Table 2 it is shown that the highest mean value for metals occurred in sediment and water. Tapeworms bioaccumulated

TABLE 1
Sediment (µg/g) and water (µl/l) mean metal concentrations for the Vaal Dam recorded seasonally

Element	Sediment				Water			
	Autumn	Winter	Spring	Summer	Autumn	Winter	Spring	Summer
Li	0.118	0.2923	0.9697	1.233	0.083	0.11	0	3.16
Be	0.0368	0.0574	0.0406	0.0023	0	0.014	0.03	0.03
Ti	28.4393	55.0677	56.4741	54.3911	2.17	5.51	9.76	0.26
V	4.372	7.1452	15.3918	12.6034	1.457	1.628	2.02	0.76
Cr	33.003	34.6387	45.5244	41.118	1.976	5.367	0	0
Mn	70.4052	15.4326	26.8053	21.0448	3.151	34.34	37.14	5.92
Fe	2076.23	3305.926	3972.69	3469.708	60.53	523.7	0	0
Co	0.0812	0.1269	1.4614	1.1146	0.04	0.37	1.99	0.04
Ni	0.8223	1.5357	2.2173	2.5454	2.993	2.899	27.16	8.36
Cu	1.3173	2.0642	5.3032	11.0748	3.74	2.777	1.67	5.39
Zn	2.6003	3.9985	10.5609	12.9889	14.94	13.01	0	11.1
As	0.2122	0.3226	0.5087	0.3934	0.676	0.417	0.5	0.5
Se	0.553	1.0949	0.0881	0.1001	2.907	3.735	0	0
Mo	0	0	0.1052	0.0051	2.098	0	4.14	0.27
Cd	0.2931	0.037	0	0	0.002	0	0	0
Sn	0.0116	0.0257	0.1967	0.1796	0.163	0.255	0.67	0.32
Sb	0	0	0	0	0.016	0	0	0
Te	2.00E-04	3.00E-04	0	0	0	0	0	0
Ba	6.4124	10.0699	8.9108	9.9448	21.12	19.39	0	0
Hg	0.0014	0.9465	0	0	0.513	0.125	0	0
Tl	0.0014	0.0038	0.025	0.0177	0.001	0.001	0	0
Pb	0.6625	1.7807	2.6982	2.2103	0.754	0.985	0.09	0.04
U	0.0158	0.0273	0.1097	0.1135	0.035	0.014	0.09	0

TABLE 2
Summary of the metal concentrations accumulated in tissues. The darkest colour indicates the highest concentration and white blocks show tissues with least accumulation. The decrease in shading indicates a decrease in concentration. The elements are arranged according to the periodic table, from the lowest atomic mass to the highest atomic mass. (L = liver, M = muscle, C = cestodes, SP = spinal cord, W = water and S = sediment).

	Autumn						Winter						Spring						Summer					
	C	L	M	SP	W	S	C	L	M	SP	W	S	C	L	M	SP	W	S	C	L	M	SP	W	S
Li																								
Be																								
Ti																								
V																								
Cr																								
Mn																								
Fe																								
Co																								
Ni																								
Cu																								
Zn																								
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metals (selenium, mercury and lead in autumn; copper, zinc, selenium, cadmium, antimony, thallium and mercury in winter; lithium, zinc, selenium, cadmium and antimony in spring, and zinc in summer) to orders of magnitude higher than those in host tissues, but the following trend type was observed for almost all of the elements: sediment > water > tapeworms > liver > spinal cord > muscle.

Statistical analysis was performed with ANOVA to compare seasonal differences for tissue data (Table 3). When the repeated measures test for **lithium (Li)** was used to analyse the data, no sphericity could be assumed by Mauchly's test of sphericity. The Huynh-Feld test showed significant differences ($P = 0.24$) seasonally between tissue groups for lithium and significant differences ($P = 0.47$) were recorded when seasons were compared. When the repeated measures test for **beryllium (Be)** was used to analyse the data, no sphericity could be assumed by Mauchly's test of sphericity, and the Huynh-Feld test showed significant differences ($P = 0.84$) between tissue groups seasonally for beryllium, while significant differences ($P = 0.21$) were recorded when seasons were compared. When the repeated measures test for **titanium (Ti)** was used to analyse the data, no sphericity could be assumed by Mauchly's test of sphericity, and the Huynh-Feld test showed no significant differences ($P < 0.05$) between tissue groups and seasons. When paired-sample t-tests were used to analyse the data, no significant differences were observed between spinal cord and tapeworms ($P < 0.05$). No significant differences were seasonally recorded, when the Levene's test of equality was performed, while the Dunnett T3 test revealed significant differences between spring-summer ($P = 0.53$) and summer-spring ($P = 0.53$). When the repeated measures test for **vanadium (V)** was used to analyse the data, no sphericity could be assumed by Mauchly's test of sphericity, and the Huynh-Feld test showed no significant differences ($P < 0.05$) between tissue groups and seasons. When paired-sample t-tests were used to analyse the data, significant differences were

observed in muscle and tapeworms ($P = 0.39$), while the Dunnett T3 test showed significant differences between winter-autumn ($P = 1.00$), spring-summer ($P = 0.52$) and summer-spring ($P = 0.522$). When the repeated measures test for **chromium (Cr)** was used to analyse the data, no sphericity could be assumed by Mauchly's test of sphericity, and the Huynh-Feld test showed significant differences between tissue groups ($P = 0.13$) and seasons ($P = 0.06$). When the repeated measures test for **manganese (Mn)** was used to analyse the data, no sphericity could be assumed by Mauchly's test of sphericity, and the Huynh-Feld test showed significant differences between tissue groups ($P = 0.16$) and seasons ($P = 0.32$). When the repeated measures test for **iron (Fe)** was used to analyse the data, no sphericity could be assumed by Mauchly's test of sphericity, and the Huynh-Feld test showed no significant differences ($P < 0.05$) between tissue groups and seasons. When paired-sample t-tests were used to analyse the data significant differences were observed in liver and tapeworms ($P = 0.57$), while the Dunnett T3 test showed no significant differences between autumn-summer ($P < 0.05$), winter-summer ($P < 0.05$), summer-autumn ($P < 0.05$) and summer-winter ($P < 0.05$). When the repeated measures test for **cobalt (Co)** was used to analyse the data, no sphericity could be assumed by Mauchly's test of sphericity, and the Huynh-Feld test showed no significant differences ($P < 0.05$) between tissue groups and seasons. When paired-sample t-tests were used to analyse the data, no significant differences ($P < 0.05$) were recorded between fish tissues and tapeworms, while the Dunnett T3 test showed no significant differences between seasons ($P < 0.05$). When the repeated measures test for **nickel (Ni)** was used to analyse the data, no sphericity could be assumed by Mauchly's test of sphericity, and the Huynh-Feld test showed significant differences between tissue groups ($P = 0.61$) and seasons ($P = 0.33$). When the repeated measures test for **copper (Cu)** was used to analyse the data, no sphericity could be assumed by Mauchly's test of sphericity, and the Huynh-Feld test showed no

TABLE 3
Descriptive statistics obtained by ANOVA to compare fish tissues and tapeworms seasonally.
The means in µg/g are provided between tissue groups.

Mean tissue type	Tape-worms				Liver				Muscle				Spinal Cord			
	Season	Autumn	Winter	Spring	Summer	Autumn	Winter	Spring	Summer	Autumn	Winter	Spring	Summer	Autumn	Winter	Spring
Li	1.2	0.03	1.44	0.28	0.001	0.007	0.074	0.015	0.001	0.004	0.02	0.07	0.006	0.007	0.003	0.006
Be	0.01	0.06	0.001	0.14	0.005	0.005	0.0007	0.001	0.002	0.003	0.002	0.001	0.001	0.002	0	0.0009
Ti	16.66	31	10.17	0.35	35.15	30.69	0.74	0.46	17.71	42.44	0.58	0.58	96.43	232.93	3.95	2.65
V	0	0.06	0.06	0	0.11	0.35	0.03	0.02	0	0.06	0	0	0.77	0.39	0.07	0.24
Cr	0.42	0.31	6.28	0.14	0	0.14	0.11	0.11	0.41	0.39	0.31	0.11	1.42	0.46	0.14	0.06
Mn	5.21	36.55	3.26	0.26	1.55	2.62	0.13	0.09	0.16	0.57	0.04	0.06	1.46	1.21	0	0.04
Fe	401	154.4	188.9	18.4	534.4	341	11.7	9.2	54.83	50.92	6.23	3.67	67.8	32.03	0.61	1.13
Co	0	0.03	0	0	0	0.01	0	0	0	0.15	0	0	0.03	0.1	0	0
Ni	0.01	0.45	0.46	0.001	0.08	0.31	0.04	0.04	0.29	0.55	0.02	0.0006	0.27	0.44	0.06	0.03
Cu	0.26	15.26	6.2	0.2	4.28	11.61	0.82	0.67	0	0.84	0.02	0.03	3.43	0.49	0	0.52
Zn	24.1	101.87	153.25	31.61	60.75	32.71	10.82	4.61	3.14	10.52	4.4	4.5	23.3	22.54	1.52	1.29
As	0	0.25	0.05	0.04	0	0.12	0.05	0.02	0	0.11	0.002	0.02	0.01	0.11	0.02	0.02
Se	31.87	13	1.09	0.03	16.91	5.65	0.17	0.09	19.56	4.7	0.03	0.03	7.61	2.32	0.009	0.01
Mo	0.35	0.16	0	0	1.07	1.41	0.03	0.02	0.26	0.38	1E-05	0	0.04	0.11	0	0
Cd	0.05	0.22	0.009	1E-05	0.1	0.12	0.001	0.0001	0.18	0.004	0.0003	9E-05	0.01	0.03	5E-05	3E-05
Sn	0.05	0.13	0.04	0.01	0.07	0.08	0.01	0.005	0.31	0.02	0.002	0.002	0.02	0.005	0	0.0006
Sb	0	1.66	0.009	0	0.59	0.43	0.0002	0.0005	0.08	0.6	1E-05	0	0.02	0.24	0.0003	0
Te	0.00009	0.0004	0.0004	0	1E-04	0.00009	0.0001	0	3E-05	0	0	0	3E-05	0.0002	0	1E-05
Ba	8.69	3.01	0.18	0.002	2.57	6.08	0	0.001	0.82	0.98	0.0002	0.45	3.29	13.99	0.22	4.44
Hg	10.4	8.74	0.02	0.004	3.32	0.59	0.007	0.004	5.91	0.6	0.01	0.01	1.6	0.32	0.004	0.005
Tl	0.002	0.003	0.001	2E-04	0.002	0.002	1E-05	1E-05	0.0001	0.002	0	3E-06	0.0005	0.0001	0.0007	0.0001
Pb	3.29	0.44	0.91	0.19	1.07	0.25	0.05	0.02	0.2	0.07	0.05	0.03	0.15	0.04	0	0.007
U	0.007	0.0002	0.02	7E-04	0.002	0.0004	0.0003	0.0001	0.0002	0	0.0004	0.0001	0.002	0.0009	0	0.0002
Std dev tissue type	Tapeworms				Liver				Muscle				Spinal cord			
	Season	Autumn	Winter	Spring	Summer	Autumn	Winter	Spring	Summer	Autumn	Winter	Spring	Summer	Autumn	Winter	Spring
Li	0.03	0.1	6.32	1.05	0.005	0.02	0.1	0.03	0.004	0.008	0.05	0.3	0.02	0.005	0.01	0.007
Be	0.01	0.19	0.018	0.036	0.01	0.01	0.001	0.002	0.004	0.002	0.002	0.002	0.002	0.002	0.0001	0
Ti	36.94	10.85	31.51	0.22	61.16	7.27	1.15	0.09	16.27	10.35	0.11	0.14	86.42	140.55	5.23	0.62
V	0	0.06	0.26	0	0.23	0.21	0.05	0.01	0	0.06	0	0	0.71	0.23	0.07	0.02
Cr	1.35	0.5	17.44	0.27	0	0.33	0.18	0.14	1.31	0.71	0.06	0.04	1.4	0.66	0.08	0.03
Mn	11.08	133.38	9.85	0.42	2.95	1.35	0.16	0.03	0.42	0.42	0.02	0.04	1.22	1.16	0	0.06
Fe	810.1	195.8	567.9	30.4	413.3	165.4	11.6	3.05	117.4	111.5	1.14	0.82	71	20.7	0.54	3.53
Co	0	0.06	0	0	0	0.004	0	0	0	0.06	0	0	0.03	0.05	0	0
Ni	0.03	0.95	1.63	0.005	0.36	0.73	0.09	0.13	1.24	1.37	0.02	0.002	0.3	0.77	0.03	0.02
Cu	1.17	14.9	18.7	0.09	9.52	4.3	1.05	0.34	0	0.86	0.015	0.02	5.35	0.35	0	0.22
Zn	35.93	120.47	449.96	48.73	108.9	10.3	17.76	1.12	6.88	5.14	0.66	0.88	19.2	8.73	1.54	0.45
As	0	0.23	0.15	0.11	0	0.08	0.005	0.002	0	0.07	0.002	0.02	0.63	0.16	0.03	0.01
Se	39.6	34.2	3.59	0.05	11.13	5.03	0.23	0.04	14.76	3.87	0.02	0.02	6.85	2.69	0.002	0.009
Mo	0.82	0.33	0	0	0.95	1.33	0.05	0.008	0.6	0.9	0.0006	0	0.04	0.21	0	0
Cd	0.06	0.57	0.02	0.00007	0.1	0.16	0.002	0.0007	0.04	0.01	0.0004	0.0003	0.02	0.03	0.0002	0.02
Sn	0.12	0.33	0.1	0.03	0.07	0.13	0.02	0.02	0.08	0.027	0.001	0.003	0.03	0.006	0	0.002
Sb	0	6.52	0.03	0	1.06	0.53	0.0007	0.00002	0.21	2.16	0.00005	0	0.03	0.07	0.0009	0
Te	0.00003	0.00008	0.002	0	0.0003	0.00004	0.0005	0	0.00007	0	0	0	0.00005	0.0005	0	0.00006
Ba	16.6	4.6	0.77	0.006	6.64	23.95	0	0.004	2.5	0.91	0.0005	0.004	4.82	7.77	0.41	0.08
Hg	18.5	35	0.08	0.01	3.74	0.73	0.01	0.007	5.91	0.6	0.01	0.01	2.63	0.2	0.005	0.003
Tl	0.002	0.002	0.004	0.0004	0.003	0.001	0.00005	0.00004	0.0007	0.0004	0	0.00001	0.0008	0.0006	0.0009	0.0001
Pb	9.21	0.99	2.52	0.34	3.38	0.54	0.08	0.009	0.59	0.11	0.02	0.008	0.39	0.8	0	0.03
U	0.03	0.0003	0.06	0.001	0.005	0.0007	0.0003	0.00008	0.00008	0	0.0005	0.0001	0.004	0.0007	0	0.002

significant differences ($P < 0.05$) between tissue groups and seasons. When paired-sample t-tests were used to analyse the data, significant differences were observed in liver-tapeworms ($P = 0.43$), while the Dunnett T3 test showed significant differences between autumn-spring ($P = 1.00$), autumn-summer ($P = 0.05$), spring-autumn ($P = 1.00$), spring-summer ($P = 0.64$), summer-autumn ($P = 0.05$) and summer-spring ($P = 0.64$). When the repeated measures test for **zinc (Zn)** was used to analyse the data, no sphericity could be assumed by Mauchly's test of sphericity, and the Huynh-Feld test showed significant differences ($P < 0.05$) for tissue groups, while significant differences were recorded for seasons ($P = 0.17$). When paired-sample t-tests were used to analyse the data, no significant differences were observed in muscle-tapeworms ($P < 0.05$). When the repeated measures test for **arsenic (As)** was used to analyse the data, no sphericity could be assumed by Mauchly's test of sphericity, and the Huynh-Feld test showed no significant differences ($P < 0.05$) for tissue groups, while significant differences

were recorded between seasons ($P = 0.05$). When paired-sample t-tests were used to analyse the data no significant differences were observed in liver-tapeworms ($P < 0.05$), muscle-tapeworms ($P < 0.05$) and spinal cord-tapeworms ($P < 0.05$). When the repeated measures test for **selenium (Se)** was used to analyse the data, no sphericity could be assumed by Mauchly's test of sphericity, and the Huynh-Feld test showed no significant differences ($P < 0.05$) for tissue groups, while significant differences were observed between seasons ($P = 0.06$). When paired-sample t-tests were used to analyse the data, no significant differences were observed in spinal tapeworms ($P < 0.05$). When the repeated measures test for **molybdenum (Mo)** was used to analyse the data, no sphericity could be assumed by Mauchly's test of sphericity, and the Huynh-Feld test showed no significant differences ($P < 0.05$) for tissue groups and seasons ($P < 0.05$). When paired-sample t-tests were used to analyse the data no significant differences were observed in liver and tapeworms ($P < 0.05$), while the Dunnett T3 test showed significant differences between

TABLE 4
Summary of the statistical comparisons (1-sample t-test) of the metal levels in the water (W) compared to the liver (L), muscle (M), tapeworms (T) and spinal cord (SC). * = values cannot be calculated because the standard deviation was 0. (P > 0.05 significant difference; P < 0.05 no significant difference.)

Season	Tissue types	Li	Be	Ti	V	Cr	Mn	Fe	Co	Ni	Cu	Zn	As	Se	Mo	Cd	Sn	Sb	Te	Ba	Hg	Tl	Pb	U
Autumn	W⇔T	<0.05	>0.05	>0.05	*	<0.05	>0.05	>0.05	*	<0.05	<0.05	>0.05	*	<0.05	<0.05	<0.05	<0.05	*	>0.05	<0.05	>0.05	<0.05	>0.05	<0.05
	W⇔L	<0.05	>0.05	>0.05	<0.05	*	>0.05	<0.05	*	<0.05	>0.05	>0.05	*	<0.05	<0.05	<0.05	<0.05	>0.05	>0.05	<0.05	<0.05	>0.05	>0.05	<0.05
	W⇔M	<0.05	>0.05	<0.05	*	<0.05	<0.05	>0.05	*	<0.05	*	<0.05	*	<0.05	<0.05	>0.05	>0.05	>0.05	>0.05	<0.05	<0.05	<0.05	<0.05	<0.05
Winter	W⇔T	<0.05	>0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05
	W⇔L	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	*
	W⇔M	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05
Spring	W⇔T	>0.05	<0.05	>0.05	<0.05	>0.05	<0.05	>0.05	*	<0.05	>0.05	>0.05	>0.05	*	>0.05	<0.05	>0.05	>0.05	>0.05	>0.05	>0.05	>0.05	>0.05	>0.05
	W⇔L	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	*	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05
	W⇔M	>0.05	<0.05	<0.05	*	<0.05	<0.05	<0.05	*	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	*	<0.05	<0.05
Summer	W⇔T	<0.05	<0.05	>0.05	*	>0.05	<0.05	>0.05	*	<0.05	<0.05	<0.05	<0.05	*	>0.05	<0.05	<0.05	*	>0.05	<0.05	<0.05	<0.05	<0.05	<0.05
	W⇔L	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	*	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05
	W⇔M	<0.05	<0.05	<0.05	*	<0.05	<0.05	<0.05	*	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	*	*	>0.05	<0.05	>0.05	<0.05	<0.05

TABLE 5
Summary of the statistical comparisons (1-sample t-test) of the metal levels in the sediment (S) compared to the liver (L), muscle (M), tapeworms (T) and spinal cord (SC). * = values cannot be calculated because the standard deviation was 0. (P > 0.05 significant difference; P < 0.05 no significant difference.)

Season	Tissue types	Li	Be	Ti	V	Cr	Fe	Co	Ni	As	Se	Mo	Cd	Sn	Te	Ba	Hg	Tl	Pb	U				
Autumn	S⇔T	<0.05	<0.05	>0.05	*	<0.05	<0.05	*	<0.05	*	<0.05	>0.05	<0.05	<0.05	>0.05	>0.05	<0.05	<0.05	>0.05	<0.05	>0.05	<0.05	<0.05	
	S⇔L	<0.05	<0.05	>0.05	<0.05	*	<0.05	*	<0.05	*	<0.05	<0.05	<0.05	<0.05	>0.05	<0.05	<0.05	<0.05	<0.05	<0.05	>0.05	<0.05	<0.05	
	S⇔M	<0.05	<0.05	<0.05	*	<0.05	<0.05	*	>0.05	*	<0.05	>0.05	<0.05	>0.05	>0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05
Winter	S⇔T	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	>0.05	>0.05	>0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05
	S⇔L	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	*
	S⇔M	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05
Spring	S⇔T	>0.05	<0.05	<0.05	<0.05	<0.05	<0.05	*	<0.05	<0.05	>0.05	*	>0.05	<0.05	>0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05
	S⇔L	<0.05	<0.05	<0.05	*	<0.05	<0.05	*	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	*	<0.05	<0.05	*	<0.05	<0.05	<0.05
	S⇔M	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	*	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05
Summer	S⇔T	<0.05	>0.05	<0.05	*	<0.05	<0.05	*	<0.05	<0.05	<0.05	*	>0.05	<0.05	*	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05
	S⇔L	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	*	<0.05	<0.05	>0.05	<0.05	>0.05	<0.05	*	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05
	S⇔M	<0.05	<0.05	<0.05	*	<0.05	<0.05	*	<0.05	<0.05	<0.05	*	>0.05	<0.05	*	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05	<0.05

spring-summer (P = 0.88) and summer-spring (P = 0.88). When the repeated measures test for **cadmium (Cd)** was used to analyse the data, no sphericity could be assumed by Mauchly's test of sphericity, and the Huynh-Feld test showed significant differences between tissue groups (P = 0.06) and seasons (P = 0.10). When the repeated measures test for **tin (Sn)** was used to analyse the data, no sphericity could be assumed by Mauchly's test of sphericity, and the Huynh-Feld test showed no significant differences between tissue groups (P < 0.05), while significant differences were recorded seasonally (P = 0.40). When paired-sample t-tests were used to analyse the data, no significant differences were observed in muscle-tapeworms (P < 0.05) and spinal cord-tapeworms (P < 0.05). When the repeated measures test for **antimony (Sb)** were used to analyse the data, no sphericity could be assumed by Mauchly's test of sphericity, and the Huynh-Feld test showed significant differences between tissue groups (P = 0.41) and seasons (P = 0.41). When the repeated measures test for **tellurium (Te)** was used to analyse the data, no sphericity could be assumed by Mauchly's test of sphericity, and the Huynh-Feld test showed significant differences between tissue groups (P = 0.44) and seasons (P = 0.29). When the repeated measures test for **barium (Ba)** was used to analyse the data, no sphericity could be assumed by Mauchly's test of sphericity, and the Huynh-Feld test showed no significant differences between tissue groups (P < 0.05) and seasons (P < 0.05). When paired-sample t-tests were used to analyse the data, no significant differences were observed in muscle and tapeworms (P < 0.05), while the Dunnett T3 test showed significant differences between autumn-winter (P = 0.75), spring-summer (P = 0.98), winter-au-

turn (P = 0.75) and summer-spring (P = 0.98). When the repeated measures test for **mercury (Hg)** was used to analyse the data, no sphericity could be assumed by Mauchly's test of sphericity, and the Huynh-Feld test showed significant differences between tissue groups (P = 0.08) and seasons (P = 0.39). When the repeated measures test for **thallium (Tl)** was used to analyse the data, no sphericity could be assumed by Mauchly's test of sphericity, and the Huynh-Feld test showed no significant differences between tissue groups (P < 0.05) while significant differences were recorded between seasons (P = 0.08). When paired-sample t-tests were used to analyse the data, significant differences were found in liver-tapeworms (P = 0.18). When the repeated measures test for **lead (Pb)** was used to analyse the data, no sphericity could be assumed by Mauchly's test of sphericity, and the Huynh-Feld test showed significant differences between tissue groups (P = 0.06) and seasons (P = 0.31). When the repeated measures test for **uranium (U)** was used to analyse the data, no sphericity could be assumed by Mauchly's test of sphericity, and the Huynh-Feld test showed significant differences between tissue groups (P = 0.12) and seasons (P = 0.34). Significant differences detected between the water and tissue samples irrespective of the season are shown in Table 4. Seasonally higher levels of metal concentrations were recorded in water during the winter and spring, while the lowest values were recorded in summer. Significant differences detected between the sediment and tissue samples irrespective of the season are shown in Table 5. Sediment naturally had higher metal concentration than tissue

samples and seasonally sediment had the highest metal concentrations during winter and spring, while the lowest values were recorded in summer.

Discussion

Fish absorb metals from the surrounding water via their gills and skin, through the food that they eat and from water in the intestine. Heath (1987) suggested 4 routes by which metals can be introduced into organisms. Water and food can be regarded as the 2 main sources of metals to freshwater fish. The gills are important due to their large surface area and the short diffusion distances between water and blood (Stagg and Shuttleworth, 1982; Pärt and Lock, 1983; Lloyd, 1992). As a metal passes through the gills and gastrointestinal tract into the body, it is taken up by blood and transported, bound to proteins especially adapted to metallothioneins, or bound to amino acids (Stagg and Shuttleworth, 1982).

Fish also have various routes for the excretion of harmful chemicals, which include the gills, bile (via the faeces), kidneys and the skin (Heath, 1987). The mechanism of metal excretion involves the liver. Since blood from the intestine passes through the liver before reaching the systemic circulation, the liver can remove toxicants from the blood, biotransform or emit it into the bile and avoid distribution to other body parts (Hofer and Lackner, 1995). The bile enters the intestine, where it mixes with the food that is being digested (Heath, 1987). Retief et al. (2007) showed *B. acheilognathi* attach in the first 10% of the digestive system's length and they are therefore continuously exposed to bile secretions.

Due to low rainfall in winter, geographical weathering of rock will leach natural elements into the Vaal Dam increasing the metal levels of the system (Chutter, 1963). During this study the highest mean value of metal accumulation was recorded in winter followed by autumn, spring and lastly summer (Tables 3 to 5). This trend was recorded when sediment, water and tapeworms were compared and is not specific to tissue type. The metal concentration trend observed in most of the elements was: sediment > water > tapeworms > liver > spinal cord > muscle (Tables 3 to 5). During the winter months parasite numbers increase (Retief et al., 2007) as immune response in infected fish decreases (Granath and Esch, 1983) because of the reduction in metabolic rate of the host. It is also the time when the level of uptake of metals is lower, yet in this study the concentrations are highest in all tissues and in the tapeworms. The metal concentration in the tissues and the tapeworms mimics the pattern in the water and sediment thereby indicating that the organism accumulates in response to the availability in the environment. This may explain why the tapeworms have accumulated a higher concentration of metals during the winter.

In invertebrates, there are 2 key mechanisms of detoxification: (1) the activation of metal-binding proteins such as metallothioneins (Janssen and Dallinger, 1991); and (2) the compartmentalisation of metals as intracellular granules of different types (Dallinger, 1993). The last mechanism has been described for woodlice (Dallinger and Prosi 1988), diplopods (Köhler et al., 1995), slugs (Howard and Simkiss, 1981) and springtails (Dallinger, 1993). After storage in digestive cells, the metals can be excreted from the body either by direct release of vesicle contents into the lumen of the gut and consequent discharge with the faeces (Dallinger, 1993), or by substitution of the whole mid-gut epithelium (Hubert, 1979) during moulting. Another mechanism employed by tapeworms to excrete metals is via corpuscles (McCullough and Fairweather, 1987; Von Brand et al., 1965; 1967).

In freshwater habitats, invertebrates are bathed in a medium containing dissolved trace metals, and the uptake is passive (Dallinger and Rainbow, 1993). Uptake of major ions like potassium, sodium and calcium requires active pumps to cross the cell membrane. The first mode of uptake depends on the high affinity of trace metals for proteins in the external medium that bind passively with the transport proteins in the membranes of permeable surfaces of the invertebrates. By facilitated diffusion the trace metals are transported across the membrane and into the cell, where they bind with a series of metal-binding ligands of increasing affinity (Dallinger and Rainbow, 1993). Metal uptake continues passively against a concentration gradient.

In aquatic media, dissolved trace metals are partitioned in equilibrium between inorganic and organic complexing ligands. In any unusual circumstances direct passage through the lipid membrane is probably the route of uptake of metals in lipophilic organometallic compounds. Cestodes rely solely on their tegument for food acquisition and the surface area of the mature tapeworm tegument is enlarged up to 10-fold by finger-like projections. Six separate amino acid carriers have been identified in the rat tapeworm, *Hymenolepis diminuta*, as well as 3 purine/pyrimidine carriers with multiple-binding capacities (Pappas and Read, 1975). Its free surface bears brush edges of finger-like projections, which are equivalent to microvilli of the host mucosal cells. The delimiting plasma membranes of both structures are rich in carrier molecules that provide a transport facility for sugars, amino acids, etc. Tapeworms have shortened metabolic pathways and only partial oxidation of food stuffs takes place. As a result, they create and excrete great quantities of partially oxidised short-chain organic acids. In adult *Taenia solium* and *Taenia saginata*, TGTP1 is expressed in tegument cytons and other cells, possibly for the excretory system (Rodriguez-Contreras et al., 1998).

Sures and Siddall (1999) and Sures (2003) reported that host bile may play an important role in the uptake and accumulation of lead in acanthocephalans. There is a permanent osmotic flow of water over the gills in freshwater fish, and lead ions are able to pass across the epithelial membrane via para-cellular diffusion. The lead ions bind to erythrocytes and are transported via the circulatory system to various organs. The majority of the lead is removed by the liver and excreted into the intestine by the bile. The bile contains steroids with which metal ions form organometallic complexes which pass down the bile duct into the small intestine. These will be reabsorbed by the intestinal wall or run through the hepatic intestinal cycle or be excreted in faeces. Sures and Siddall (1999) and Sures (2003) suggested that organometallic complexes formed in the liver of chub (*Leuciscus cephalus*) pass down the bile duct into the small intestine and are taken up by the tapeworms with bile salts. This could explain the availability of metals in tapeworms due to their position in close proximity to the bile opening. One reason for the location of tapeworms in close proximity to the bile opening is that tapeworms use the bile salts for their egg formation (Sures and Siddall, 1999). Smyth (1994) also reported that tapeworms have lost the ability to metabolise fatty acids, therefore they use the hosts' metabolites after they have been broken into smaller molecules and this is also a stimulus for egg hatching (Sures et al., 2003).

Taraschewski (2000) suggested that metals in female *M. moniliformis* are discharged via the shells of their eggs (Sures and Siddall, 1999). The same conclusion has been drawn for *B. acheilognathi* (Riggs et al., 1987) and *B. scorpii* (Sures et al., 2007). In both studies the highest metal concentrations were

recorded in the gravid proglottids when compared to the anterior part of the cestode's strobila, thus a possible storage/elimination in the eggs/cement gland may result in a detoxification of metals. Sures and Siddall (1999) reported that segments of mature tapeworms contained more metals, because these segments had been exposed for longer periods of time to metals than the younger anterior segments. Whole tapeworms of varying sizes were analysed during this study, which could explain the high variance in tapeworm data.

Various authors have reported that *B. acheilognathi* has a short life cycle and completes its life cycle in 1 year (Hoffman, 1976; Mitchell and Hoffman, 1980; Körting, 1975; Paperna, 1996). Due to the short life cycle younger tapeworms and younger segments in older tapeworms would absorb lower concentrations of metals, while mature and gravid proglottids would have been exposed for longer periods and would absorb higher concentrations of metals. Retief et al. (2007) indicated that the mean intensity of tapeworm infection increases from spring to summer, autumn and then winter, indicating that the new cohort is released in spring. During this period the metal concentration is at its lowest. It may be attributed to the lower concentration in the environment but also to the fact that the tapeworms are at their youngest.

Cystacanth larvae of acanthocephala showed only little tendency to accumulate metals, despite the fact that their intermediate host, a crustacean, is in close contact with sediment pollutants (Sures and Taraschewski, 1995). It seems to be a characteristic feature of cestodes to accumulate high volumes of some heavy metals (Sures and Taraschewski, 1995). In the present study it was observed that tapeworms bioaccumulate selenium, mercury and lead in autumn; copper, zinc, selenium, cadmium, antimony, thallium and mercury in winter; whilst lithium, zinc, selenium, cadmium and antimony is absorbed in spring and zinc in summer (Table 2). The disparity in the accumulation capacity of cestodes might be related to specific properties of the tegument, particulars of their life cycles and other complex causes. Due to their accumulation capacity and their abundance in different aquatic ecosystems, cestodes may be useful indicators of metal contamination in aquatic environments in addition to other indicator invertebrates (Sures and Taraschewski, 1995) The findings of the present study corroborate that tapeworms have potential as indicators in pollution studies and that the metal concentration in the worms shows a seasonal variation.

Conclusion

Significant differences in water and sediment were recorded when fish tissues and tapeworms were compared seasonally and between tissue types. A seasonal trend showed that high metal concentrations were present in the sediment and water in winter, similarly to the tapeworms, which accumulated a higher concentration of metals in the winter. Tapeworms are therefore useful indicators in pollution studies.

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