

Periprosthetic fungal infections: Be alert

Clinical cases and review of the literature

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Abstract

The increasing rate of arthroplasty, revisions and resistance to antibiotics has increased the risk for fungal infections. Different treatment modalities exist: suppressive therapy, debridement with retained prosthesis, Girdlestone procedures and 2- or even 3-stage revision arthroplasty. Fungal infections after joint replacements are rare but devastating.

Purpose of the study: The aim was to see if there was any trend that could help with the diagnosis and management of patients with fungal infections. The literature was reviewed in order to assist with diagnosis and treatment.

Materials and methods: A retrospective study was performed and all the cases seen and treated by a tumour and sepsis orthopaedic specialist from 1999 to 2015 were evaluated. Inclusion criteria: Patients had to be diagnosed with a fungal infection in any specimen which was sent for histology or culture. Exclusions: none.

Results: Four patients were identified. All of them were males. Mean age 58 (35–71) years. The primary surgical indications were: vertebral osteomyelitis; post primary knee replacement; pig bite with lower limb sepsis and osteoarthritis knee, and a septic total hip replacement. Three cases cultured *Candida parapsilosis* and one *Candida albicans* of which three were tissue cultures and one a blood culture.

Currently 75% have failed treatment – one passed away, one developed systemic sepsis, and one had an above-knee amputation and is still struggling with subsequent bacterial infections in the amputation stump.

Conclusion: As long as there are higher incidences of fungal infections with devastating complications more evidence is needed. Numerous small case studies have been published, with the purpose of looking for the correct treatment: monotherapy, combination therapy, newer antifungals, higher dosages, implant retention or removal. It appears that the correct answer is unclear as yet.

It is important to always have a high index of suspicion and good pre-operative planning together with a team approach: infectious diseases specialist, microbiologist and histologist. This approach will optimise the probability of making a diagnosis and to appropriately manage the fungus cultured.

Key words: periprosthetic infection, fungal infection, antifungals, Candidiasis, sepsis

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Introduction

The increasing rate of arthroplasty, revisions and resistance to antibiotics has increased the risk for fungal infections. Fungal infections after joint replacements are rare but devastating. Different treatment modalities exist: suppressive

therapy, debridement with retained prosthesis, Girdlestone procedures and 2- or even 3-stage revision arthroplasty. The aim of the review is to guide the surgeon with regard to a protocol to address fungal infections.

Materials and method

A retrospective study was performed and all the cases seen and treated by a Tumour and Sepsis orthopaedic specialist from 1999 to 2015 were evaluated.

Inclusion criteria: The patient had to be diagnosed with a fungal infection in any specimen that was sent for histology or culture. There were no exclusions.

The aim was to see if there was any trend that could help make the diagnosis and management of these patients more successful. In this study there were four patients who were diagnosed with a fungal infection.

Outcomes

The four patients who were identified were all males, with a mean age of 58 (35–71) years. The primary surgical indications were: vertebral osteomyelitis; post primary knee replacement; pig bite with lower limb sepsis and osteoarthritis knee, and a septic total hip replacement. None were treated for the same reason and they were not initially treated by the tumour and sepsis surgeon. Three cultured *Candida parapsilosis* and one *Candida albicans*, of which three were tissue cultures and one a blood culture.

One patient had a primary total knee replacement for osteoarthritis and cultured *Candida parapsilosis* on blood culture sensitive to amphotericin B and caspofungin and resistant to fluconazole. He did not go back to theatre and was treated with IV caspofungin for 2 weeks. His current follow-up is only one month.

The second patient had vertebral osteomyelitis and

cultured a *Candida parapsilosis* on tissue sensitive to caspofungin and amphotericin B, resistant to fluconazole. He had numerous debridements and antifungal treatment. He was on IV caspofungin for 6 months. To date he has had 14 admissions, systemic uncontrolled sepsis and a high morbidity.

The third patient presented with a pig bite and developed severe sepsis at the site of the bite. *Candida albicans* was cultured. It responded to Diflucan. He had a total knee replacement 4 months later which was complicated by recurrent fungal infection. He ended up with an amputation 3 years later and is still struggling with recurrent bacterial infections in the amputation stump.

The fourth patient had a septic total hip replacement. The hip replacement was performed in 2010. He presented with subsequent sepsis. He had numerous debridements including removal of the prosthesis. *Candida parapsilosis* was cultured from a tissue specimen. It was sensitive to all the antifungal agents and was treated with amphotericin B and fluconazole for 6 months. Subsequently the patient passed away.

After evaluating these four patients a definite trend could not be detected. Up to now treatment has failed in three. One of them passed away. One developed systemic sepsis and one had an above-knee amputation. Despite the amputation he is still struggling with subsequent bacterial infections. The only one with no morbidity had his last intervention one month ago. It is known that fungal infections usually present late. The poor outcome of fungal musculoskeletal infection was the motivation for this review.

The cases were summarised (Table 1) according to the primary surgical indication, co-morbidities, organism cultures, surgical history and intervention.

Table 1: Summary of the cases

	Patient 1	Patient 2	Patient 3	Patient 4
Age/Sex	71/M	58/M	35/M	69/M
Primary surgical indication	Osteoarthritis	Vertebral osteomyelitis	Pig bite sepsis knee and leg 8 months before TKR	Sepsis THR
Co-morbidities	Hypertension, hypothyroidism	Bladder cancer	None	Testosterone injections
Organism	<i>Candida parapsilosis</i>	<i>Candida parapsilosis</i>	<i>Candida albicans</i>	<i>Candida parapsilosis</i>
Prior surgery	THR 2001 unrelated	Bladder CA 2 years before	Debridement elsewhere	Debrided for perianal sepsis 1 year before THR and debridement 2 years post THR elsewhere
Rx surgical	TKR unaware of infection	Debridement – numerous	Debridement and specimens	Removal of prosthesis and cement spacer 3 years post replacement
Bone cement	None	None	Cement spacer with gentamycin	Cement spacer with gentamycin
Time between stages	None	None	5 months	1 year and 6 months
Systemic antimicrobial Rx	Caspofungin for 2/52	Caspofungin f or 6/12	Diflucan IVI for 1/52 then oral for 6/52	Amphotericin B followed by fluconazole
Follow-up	1 month	1 year currently still septic	Sepsis recurred after TKR and had a amputation 3 years later, still struggling with recurrent bacterial sepsis	Recurrent sepsis after 5 months, passed away

Discussion

Infection occurs in 1–2% of primary hip and knee replacements, and in revision cases the occurrence is 5–40%.¹ Fungal infections are rare and occur in approximately 1% of all periprosthetic joint infections.²

The trend towards fungal infections in the immunosuppressed host appears to be higher than in the healthy host. These include patients with: malignant disease, drug therapies (antineoplastic, corticosteroids, immunosuppressive drugs), overuse of antibiotics, indwelling catheters, diabetes, TB, multiple revision surgery, reconstructions, and in IV drug users.³ A high index of suspicion must, however, still be maintained in immunocompetent hosts. Fungal infections in immunocompetent hosts have been reported so do not just regard the specimen as being contaminated.⁴

The organisms mostly involved are: *Candida* (*albicans*, *parapsilosis*, *glabrata*, *tropicalis*), *Aspergillus*, *Coccidioides* and *Blastomycetes*.⁵ *Candida albicans* is the most common organism.⁶

Fungal infections are prone to biofilm formation which makes treatment difficult as the drugs available do not all have good biofilm penetration. *Candida albicans* especially produces a more complex biofilm which increases the antifungal resistance.⁷

The more widespread use of antifungals increases the resistance of organisms, thus only use it for specific indications.⁸

The mortality rate can be as high as 25% in periprosthetic fungal infections.²

Clinical picture

The patients with fungal infections do not typically present with the same symptoms as those with bacterial prosthetic joint infections. The symptoms are usually longstanding and can be: pain, erythema, swelling and decreased range of movement. Fever and a fistula are rare.^{3,9–11} The mean timespan between surgery and clinical signs is 21 months.⁹

Diagnosis

Standard special investigations for bacterial prosthetic joint infection (leucocytes, ESR, CRP) are of little value.^{9,10} PCR might be an alternative, but is not proven yet.¹⁰

We are unable to differentiate bacterial from fungal infections on systemic inflammatory markers and aspiration cell count.¹² Prosthetic loosening is common.^{3,10,11,13}

A diagnostic error is often made by saying it is only a contaminant, whereas it might be the reason for the patient's symptoms.^{9,10,11} Kuiper *et al.*¹⁰ had 51% of their original cultures reported as possible contaminants but in the end 21% of them were falsely reported as contaminants.

Gram stain is rarely positive.^{3,9,11,14} Currently we rely on the results of cultures from joint aspirations or tissue. It can be intra-operative tissue specimens or aspirations.^{3,10,11}

Cultures should not be accepted as being negative until 4 weeks after incubation.³ Always remember to check other cultures (blood and urinary cultures). If negative cultures are reported but the clinician still thinks it might be fungal, repeat the aspiration. Thirty per cent of reported cases had to have repeat aspirations before they were proven positive.¹⁵

Negative histological examinations have been reported where re-examination with another stain showed a positive fungal infection.¹³

To date there is no guideline on the number of samples needed or on the amount that needs to be positive. However, it is so difficult to get a positive culture that any indication should rather be considered as being positive than a contaminant.^{9,10} One study suggested that at least two positive cultures are needed.² Fungal infection is however so devastating that the tumour and sepsis specialist involved in this study acts on one positive culture.

Fungal organisms can be negative in synovial fluid or purulent secretions. It is difficult to detect if the samples are not cultured correctly and special staining techniques are not used.³

If a patient has skin lesions, tissue of these lesions can be sent for culture and histopathology.^{16,17}

Sonification and vortexing of implants is an option. Sonification is more sensitive than vortexing (60% vs 40%), with the same specificity: 99%.¹⁸ Remember the risk of contamination of the specimen.

Dutronc *et al.*⁹ reported in their literature review that immunological tests (immunoelectrophoresis, electro-syneresis and ELISA tests), detection of circulating mannan-type antigens and detection of *Candida* metabolites are rarely used for prosthetic fungal infections. Alternative testing methods are: immunohistochemistry, in situ hybridisation, matrix-assisted laser desorption/ionisation time-of-flight (MALDI-TOF), mass spectrometry, and analysis with polymerase chain reaction (PCR)-based procedures.¹⁵ These are however not always available.

The question raised was whether fungal cultures should be requested in all our prosthetic joint infections and revisions. Two studies stated that it was too expensive and the positive cultures rare.^{19,20} The tumour and sepsis specialist involved in this study is of the opinion that specimens should be sent when there is suspicion of any infection as fungal infections are devastating.

Treatment

The host needs to be assessed in order to determine if he is fit for surgery. Poor hosts or those refusing surgery should be informed that isolated suppressive therapy is an option but the prognosis is poor. There is a high risk of failure.²¹

It is important to work closely with the infectious disease specialist, physician and microbiologist from the start. The infectious diseases specialist will know the hospital resistance patterns and can monitor the MIC (minimal inhibitory concentration). If there is a difference between clinical response and lab testing the histologist can be

asked for a histological control when treatment is started and new specimens are to be sent in. Lerch *et al.*¹³ found marked swelling of the *Candida pseudomyelia* and oval blastospores after 3–4 days of therapy. The quantity and stainability of cells reduces after 1–2 weeks.

There are different anti-fungal agents available and there are different regimens of treatment for Candidiasis, for example amphotericin B alone, fluconazole alone or these two drugs combined. Caspofungin combined with amphotericin B and flucytosine and voriconazole is also used.²²

Aspergillosis treatment is mainly voriconazole for *Aspergillus terreus* and amphotericin B or voriconazole for non-terreus aspergillosis.²² Voriconazole resistance by Aspergillosis is rising. Furustrand *et al.*²³ described a rapid calorimetric assay for detection of voriconazole-resistant *Aspergillus fumigatus* within 8 hours; this is an option in the sick patient not responding to treatment.

Aspergillus fumigatus is rare. Surgical treatment combined with antifungal therapy is recommended.²⁴ Other unusual fungi are *Rhodotorula minuta*, *Aureibasidium*, *Histoplasma capsulatum* and *Sporothrix schenckii*.^{3,24} It is important to request fungal cultures in addition to aerobic and anaerobic bacterial cultures.²⁴

Fluconazole has good joint penetration whether given orally or via intravenous infusion.²⁵ Some studies showed good effect as suppressive therapy alone, though most gave it lifelong.^{11,26–29} Numerous studies also proved high failure rates with only suppressive therapy.^{14,21} It has no serious side effects, rapid oral absorption, high bioavailability, and can be given once daily. They also reported a high concentration of fluconazole in joint fluid.²⁵ However we found 50% of the yeasts in the study to be resistant to fluconazole.

Fluconazole and voriconazole were shown to be unable to prevent biofilm formation or eradicate an organism from an existing biofilm in *Cryptococcus neoformans*; this was an in vitro study. The biofilms were sensitive to amphotericin B and caspofungin but more resistant especially if the biofilm had melanin. They came to the conclusion that biofilm formation might reduce the effect of antifungal drugs in cryptococcal infection.³⁰

Amphotericin B is a very toxic drug with serious side effects: immediate infusion-related reactions of hyperpyrexia, severe malaise and hypotension, renal failure, anaemia, hypokalaemia, leucopaenia and thrombocytopenia were reported.³¹

Different forms of Amphotericin B are available. Amphotericin B deoxycholate (AmBd) is the original drug. Side effects however lead to a search for a safer drug. Amphotericin B lipid formulations (ABLC) (amphotericin B lipid complex, amphotericin B colloidal dispersion and liposomal amphotericin B) have less renal toxicity.

Kleinberg *et al.*³² found that AmBd, ABLC, fluconazole, voriconazole and caspofungin are equally effective in Candidiasis. In Aspergillosis, however, voriconazole and ABLC are better.³²

Parvizi *et al.* published their results. Of 31 patients with fungal infections, 24 were treated with removal of the

prosthesis; the remaining seven had an irrigation and debridement of which five failed and ended up with removal of the prosthesis, and the remaining two had severe bone loss and were only treated with suppressive antibiotics.³

Of the 29 patients who had further surgery three had a knee arthrodesis, three had above-knee amputation, three had permanent resection arthroplasty, one had a hip disarticulation and 19 had delayed implantation. Of these 19, ten had recurrent infection ending up with amputations, suppressive treatment or death. Thus only nine had a good outcome. This shows how devastating fungal infections can be and that debridement alone is not adequate.³

What antifungal should be given? Which dosage?

Clinical practice guidelines for Candidiasis were published by the Infectious Diseases Society of America in 2009.³³ The European Society for Clinical Microbiology and Infectious disease published their guidelines in 2012.³⁴

Systemic antifungal agents can be divided into four groups: the polyenes (amphotericin B substrates); triazoles (fluconazole, itraconazole, voriconazole and posaconazole); echinocandins (caspofungin, anidulafungin and micafungin) and flucytosine.³³

The American Society recommends removal of the prosthesis when bone infection is associated with an implant and treatment for at least 6 weeks with fluconazole (400 mg (6 mg/kg) daily, or lipid formulation amphotericin B 3–5 mg/kg daily for at least 2 weeks followed by fluconazole 400 mg daily for 6–12 months or AmB-d/echinocandin 0.5–1 mg/kg daily for at least 2 weeks followed by fluconazole 400 mg daily for 6–12 weeks. Chronic suppression with fluconazole is recommended if the device cannot be removed.³³

The European Society recommends treatment with fluconazole if the organism is susceptible. First start with a lipid-based amphotericin B for 2 weeks followed by fluconazole for 4 weeks. Treatment should be for a minimum of 4 weeks. The prosthesis should be removed, but if this is not possible, lifelong fluconazole should be given as suppressive therapy.³⁴

The American and European guidelines are quite similar and it is recommended reading for both the surgeon and infection diseases specialist.

An in vitro study was done by Maiolo *et al.*³⁵ They found that antifungal activities against Candidiasis can be measured with microcalorimetry. Fluconazole, caspofungin, anidulafungin and amphotericin B were tested. Higher concentrations of fluconazole were needed to inhibit *Candida* biofilm formation than for the planktonic *Candida*. Caspofungin and amphotericin B kept their activity against biofilms. Anidulafungin had the best antibiofilm activity.

Lerch *et al.*¹³ had a case that did not respond to fluconazole 400 mg (6 mg/kg) daily; the patient however responded to 800 mg daily (12 mg/kg) on histology and clinical.

Numerous studies proved a good outcome with removal of the implant, antifungals and delayed reimplantation.^{28,36,37}

The duration of treatment is uncertain. Make sure negative cultures are confirmed before reinsertion. Prolonged treatment and negative cultures are important. Ueng *et al.*² recommended at least 3 months of oral fluconazole after the first stage resection arthroplasty, followed by 6 weeks treatment after reimplantation of the prosthesis.

A minimum of one year of treatment was suggested.^{25,27} The IDSA guidelines suggest 6–12 months.³³

Combined or monotherapy?³⁸

Echinocandins are an option as they have a wide spectrum of activity, good biofilm penetration, and fewer side effects.^{11,39}

A combination of fluconazole with echinocandins and micafungin was recommended as a good option in one case.¹⁴

Caspofungin and flucytosine is another option for combination therapy.³⁹

What should the period be before reinsertion?

A negative clinical picture and negative cultures after long follow-up should be achieved before reinsertion is considered.

How long is long enough? Phelan *et al.*³⁷ evaluated a total of ten patients and suggested delayed implantation (median of 8.6 [hip] and 2.3 [knee] months, respectively) but they must receive appropriate antifungal treatment.

They found a 20% recurrence rate of fungal infections in patients with delayed implantation.³⁷

Numerous studies suggest delayed (months to years) recurrence of fungal infections in total joint arthroplasty.^{13,40}

Cement spacer with or without antifungals?

Antibiotic-impregnated cement has been shown to work for microbial infections.^{41,42}

A few studies were published examining the effect of antifungals on the cement strength, and the release of the drug.

It has been suggested that amphotericin B should be added to cement for its local effect rather than for systemic treatment. This is due to the prevalence of systemic side effects.⁶ Amphotericin is also heat stable which is important for the cement reaction.

Kweon *et al.*⁴³ did a study to compare adding 200 mg amphotericin B to cement (Simplex P) versus adding a high dose poragen (10 g ceftazolin) to increase release. They found that the release was increased in the batch with poragen, but it decreased compressive strength significantly. There are also other studies that showed release of amphotericin B mixed with cement.^{31,44,45}

Studies differ with regards to amphotericin B release from cement.^{6,31}

Goss *et al.*⁶ found that adding more than 100 mg increases in the compressive strength by about 20%. They did not find any amphotericin B being released from the PMMA due to the chemical binding, thus increasing the strength. They hypothesised that they used Simplex and that the chlorophyll might have had an effect on the binding; however, they could not prove it.

This is not what Silverberg and Marra *et al.* found, however.³¹ In their experience amphotericin B was released from cement in an in vivo study.³¹ When mixed with Palacos it could be detected in serum and wound fluid for up to 50 hours after implantation. Levels of 3.2 mg/L were measured. Silverberg *et al.*⁴⁶ did an in vitro study and incorporated fluconazole, amphotericin B and 5-flucytosine in bone cement. They found that fluconazole and amphotericin remained active whereas 5-flucytosine did not. Inhibitory activity improved with higher drug levels and more drug was eluted from Palacos than Simplex P cement.

Wu *et al.*⁴⁷ had a good outcome with one patient who could not receive oral amphotericin B. They gave fluconazole IV for 6 weeks followed by oral for 9 weeks; and mixed amphotericin B into the cement spacer (1.2 g of amphotericin B in 40 g of PMMA). At the revision surgery (6 months later) they still added vancomycin and amphotericin B to the cement with no relapse after 12 months.

Deelstra *et al.*⁴ impregnated their cement with voriconazole, amphotericin B and vancomycin. They looked at the serum and drain fluid levels of voriconazole and amphotericin B at 24, 48 and 72 hours. They found detectable levels of these drugs for up to 72 hours. The choice of antifungal agent was based on expert opinion. When the amount of antifungal added to the cement was increased the cement took longer to harden and it became brittle. When used in a spacer they recommended that the patient should be kept non-weight bearing because of concern about the strength of the cement.

Other studies done looked at the efficacy of hydroxyapatite composite impregnated with amphotericin B. They found a superior antifungal efficacy over those in PMMA in an in vitro study.⁴⁴

No study however commented on the safe dose and local release of amphotericin B.

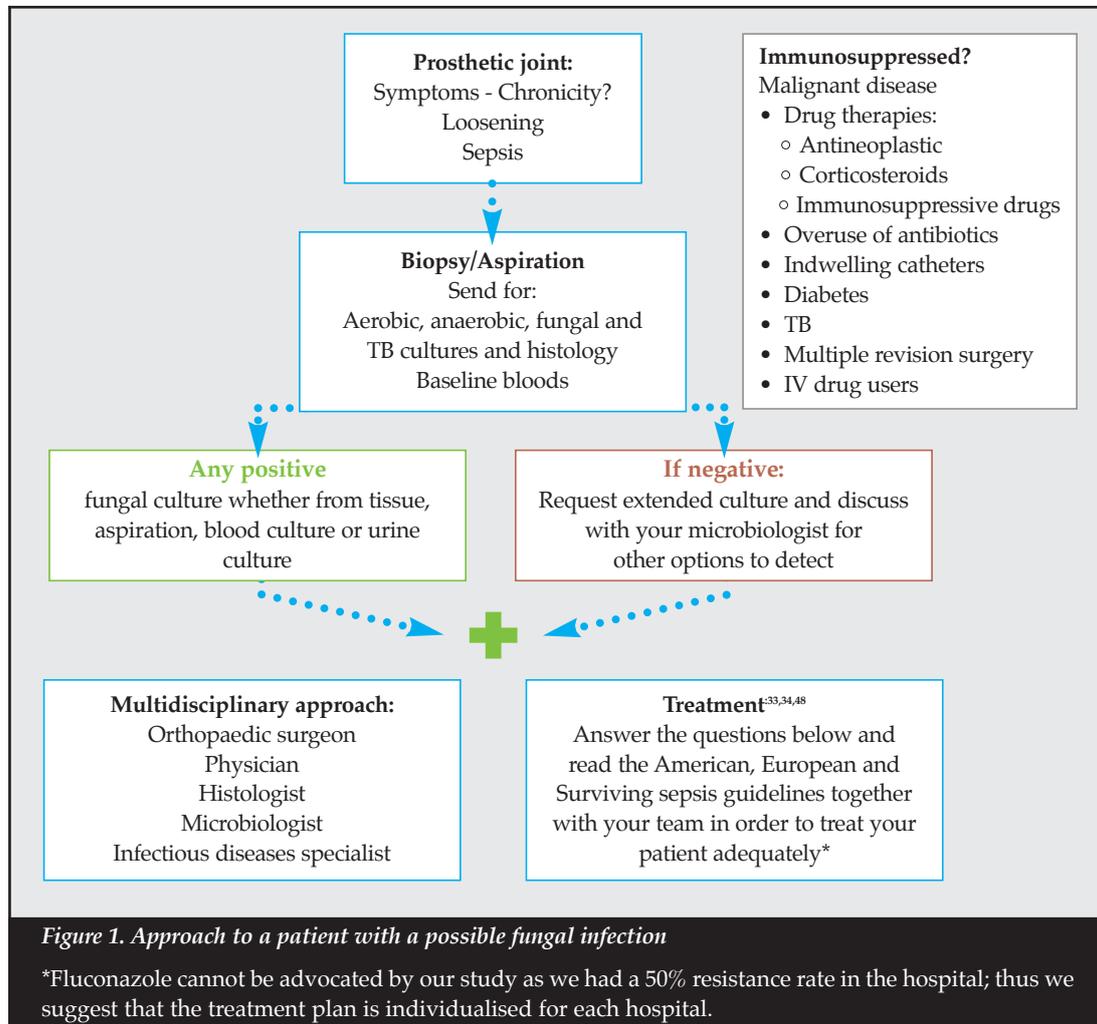
Recommendation

Always approach the patient the patient as you would any periprosthetic infection. Ask the following questions:

- Is the patient septic?
- What is the organism? Subtype?
- What is the sensitivity?
- Do the treatments' positive effects outweigh the possible treatment complications?
- What is the resistance pattern in the hospitals I work in?

Conclusion

As long as there is any incidence of fungal infections with devastating complications, more evidence is needed.



Antimicrobial treatment is often used for prosthetic joint infection leading to increased occurrences of fungal infections.

Microcalorimetry is an option to monitor treatment response, resistance and options for combination therapy. An in vivo study would be a good future study in order to monitor treatment efficacy. Numerous small case studies have been published and everybody is looking for the correct treatment: monotherapy, combination therapy, newer antifungals, higher dosages, implant retention or removal. It all points to the fact that the correct answers have not been found as yet.

Making the diagnosis poses the greatest dilemma. The treatment is another issue altogether. It is crucial to have a high index of suspicion and good pre-operative planning together with the team consisting of the orthopaedic surgeon, the infectious diseases specialist, microbiologist and histologist. *Figure 1* serves as a guideline as to how to approach a patient with a possible fungal infection. The team approach will optimise the probability of making a diagnosis and lead to appropriately managing the fungus cultured.

Compliance with Ethics Guidelines

The content of the article is the sole work of the authors. L Botha, TLB le Roux and H McLoughlin declare that no benefits of any form have been or are to be received from a commercial party related directly or indirectly to the subject of the article. The research has not been approved by an ethical committee.

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