Managing HIV-positive patients is an expensive exercise both in fiscal and emotional terms. Drugs used by the patient may have deleterious side effects such as BMD, Fanconi syndrome, diabetes mellitus and cardiac disease (lipodystrophy).1-3

Limitation to our management

We have not used the ‘omics’ sciences to workup the nutritional requirements of our patient. We have not started our patient on bisphosphonates, nor have we been aggressive enough in our surgical management. We have not given hormone replacement therapy (HRT) and the team work has been in name only but not jointly involved with a common purpose.

To our knowledge there is no similar case report in our South African or continental journals.

Conclusion

The management of HIV-positive patients has become not only challenging over the years, but also costly and needs centres of high excellence and a team spirit in dealing with affected populations. More research and understanding of the entire complex problem of HIV is required. The patient must understand the magnitude of the problem and note that the success of the management programme depends on him/her.

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References