

Modified full-face snorkel masks as personal protective equipment for COVID-19 in South Africa

To the Editor: The COVID-19 pandemic has become the focal point of medicine in South Africa (SA) since March 2020, and 7% of all COVID-19 positive cases are healthcare workers (HCWs).^[1] Inadequate personal protective equipment (PPE) was stated as the primary cause of HCWs contracting COVID-19 in China.^[2] With PPE shortages envisioned as the global pandemic continues, numerous PPE preservation strategies have been suggested.^[3]

Modified full-face snorkel masks (FFSMs) may offer a reusable alternative to N95 respirators. Modifications entail the removal of the snorkel and addition of a 3D printed or moulded adaptor and a heat and moisture exchange (HME) filter, thus meeting N95 protective standards.^[4] Numerous FFSMs have been tested and adapted for PPE^[5] and are currently in use internationally.^[6-8] However, numerous low-cost FFSMs have been banned by international diving operators because of CO₂ accumulation leading to deaths.^[9] It is therefore incumbent upon HCWs to ensure a safe choice of FFSM when it is to be utilised as PPE.

In SA, three modified FFSMs are available: SEAC Libera Med+, Mares SeaVu Care and DiveTec Paladin, with significant differences between the masks (Table 1). The polycarbonate design allows for easy cleaning with quaternary ammonium or 0.01% hypochlorite solution. Alcohol and chlorohexidine should be avoided as micro-

fissuring would ensue, leading to polycarb and visual field degradation and eventual loss of protective function of the mask. In the clinical environment, the silicone straps may be preferable for hygiene and cleaning purposes. Masks without exhalation filters would not offer protection for patients from pathogens carried by HCWs themselves.

HCWs should receive training in donning, doffing and decontamination of the masks, as well as how to 'safety check' the mask at each use. The HCW should ensure a proper fit before using the mask: the crown strap should be on the occiput of the head, with the straps below the pinnas of the ears. To ensure a proper seal, hair, head scarves and scrub caps should remain on the outside of the silicone skirt of the mask, and men with beards should keep them neatly trimmed. HCWs wearing spectacles need to switch to contact lenses or use 'stick-on' diving lenses. Verbal communication is mildly impaired, requiring slower, slightly louder and properly articulated speech.^[5]

Mask seal should be tested using the modified quantitative negative-pressure test prior to entry into the clinical environment.^[5] A hand (or two) is placed on the HME filter(s) and a deep breath is taken. If the mask seals adequately, a vacuum is created inside the mask and a sensation of stifling is experienced. Additionally, a visual check for condensation of the mask's eye plate should be performed, as this is a warning sign of a leak or CO₂ build-up.^[5] The mushroom valves at the mask base should be properly cleaned, as they may be difficult to access in certain masks.

Modified FFSMs can be adapted for use as PPE by HCWs. However, the importance of proper fit testing is strongly emphasised. It is strongly recommended that these modified FFSMs, adapted as PPE, be fitted to each HCW's face, that the seal be tested at each use, that the HCW receive training in use of the mask, and that each mask be used by an individual HCW and not shared. Dedicated donning, doffing and decontamination procedures should be developed at each institution.

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Table 1. Comparison of different modified full-face snorkel masks

Characteristic	SEAC Libera Med+	Mares Sea Vu Care	DiveTec Paladin
Dual inflow/outflow	Yes	Yes	Yes
Inhalation filter	Yes	Yes	Yes
Exhalation filter	No	Yes	No
Number of HME filters	1	2	1
Internal volume	Small	Small	Large
Sizes available	All come in two sizes: small/medium and large/extralarge		
Top strap position	Attached to face plate	Attached to snorkel	Attached to face plate
PPE certification	Yes (Italcert)	Pending (CE)	Pending (SAHPRA)
Strap material	Silicone	Silicone	Material
Quick-release buckles	Yes	No	No

HME = heat and moisture exchange filter; CE = Conformité Européenne; SAHPRA = South African Health Products Regulatory Authority.