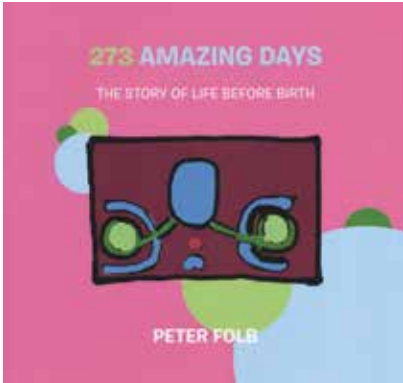


## BOOK REVIEWS

### 273 Amazing Days: The Story of Life Before Birth



By Peter Folb. AuthorHouse UK, 2014.  
 ISBN (paperback) 978-1-4918-8814-8;  
 ISBN (ebook) 978-1-4918-8815-5.  
 Author email: peterfolb@gmail.com

This is a story of the marvel of human life from conception to birth. Although the book was designed for young readers, it is suitable for use by anybody who wishes to know about our conception, development and birth. It can be appreciated at several levels. Firstly, it is a fascinating story, told simply and with wise interspersed comments; secondly, the author's numerous colourful illustrations and line drawings are works of art (created on his iPad – previously he was noted for his woodcut art); and thirdly, and perhaps most importantly, the main messages are conveyed by exquisite poetry (mainly *haiku*, a Japanese form of

poetry, examples of which have appeared in the *SAMJ*, and *gooks* – originally a form of short, pithy Danish poetry). Here is an example.

#### **Blastocyst – life already planned**

Life already planned  
 Like writing in the sand  
 Half-mum, half-dad I will be  
 And in larger part, just me

**J P van Niekerk**

Consulting Editor, *SAMJ*  
[jpvn@iafrica.com](mailto:jpvn@iafrica.com)