

Hepatitis B and HIV co-infection in pregnant women: Indication for routine antenatal hepatitis B virus screening in a high HIV prevalence setting

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Background. Sub-Saharan Africa is endemic for hepatitis B virus (HBV) and human immunodeficiency virus (HIV) infections. HBV/HIV co-infection in women of reproductive age is of clinical and public health importance because these women constitute a significant reservoir for horizontal and perinatal HBV transmission. Childhood HBV vaccination from 6 weeks of age protects most children against chronic HBV infection. However, infants born to HBV/HIV co-infected women are more likely to be infected perinatally, with an increased risk of chronic hepatitis, than infants born to HBV mono-infected women.

Objectives. The aim of our study was to establish the prevalence of HBV infection and HBV/HIV co-infection in pregnant women in KwaZulu-Natal, South Africa, to inform antenatal HBV screening and childhood immunisation policies in South Africa.

Methods. Stored plasma specimens obtained from 570 pregnant women were tested for hepatitis B surface antigen (HBsAg) and HBV infectivity, as characterised by the presence of hepatitis B e antigen (HBeAg) and/or HBV DNA load.

Results. The antenatal HIV prevalence and HBsAg prevalence in this study were 41.6% and 5.3% (95% confidence interval (CI) 3.4 - 7.1), respectively. Overall, 3.1% (95% CI 1.7 - 4.6) of pregnant women were HBV/HIV co-infected, with HBeAg positivity and the HBV DNA load being significantly higher in co-infected women.

Conclusion. We report a 5.3% HBV prevalence and a 3.1% HBV/HIV co-infection prevalence in pregnant women from this HIV-endemic region. Routine antenatal HBV screening will allow early identification of neonates who require HBV active-passive immunoprophylaxis at birth. This strategy, together with antenatal antiretrovirals, will reduce the risk of perinatal HBV transmission, especially in high-risk HBV/HIV co-infected pregnant women.

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An estimated 240 million chronic hepatitis B virus (HBV) infections have been reported worldwide despite the availability of an effective vaccine.^[1] South Africa (SA) introduced the HBV vaccine into the national Expanded Programme on Immunisation (EPI) in 1995.^[2] The vaccine is given to infants at 6, 10 and 14 weeks of age.^[2] Adults are not routinely immunised against HBV, so women born before 1995 would have no vaccine immunity against HBV. Between 1995 and 1999, 31% of mothers of 8 - 72-month-old children in an SA study had evidence of current or past exposure to HBV.^[2]

Co-infection with HBV and the human immunodeficiency virus (HIV) in sexually active women of reproductive age is of significant public health importance because such women are at risk of ongoing HBV transmission, both horizontally and perinatally.^[3] A fixed-dose combination (FDC) antiretroviral (ARV) regimen consisting of tenofovir (TDF), emtricitabine (FTC) and efavirenz (EFV) is currently recommended for all HIV-positive pregnant women regardless of their CD4⁺ cell count.^[4] Since TDF and FTC are also effective in the treatment of HBV infection, these prevention of mother-to-child transmission (PMTCT) guidelines are the first in SA to offer simultaneous prevention of HIV and HBV perinatal transmission.^[5] In women who do not meet the eligibility criteria for ongoing treatment, i.e. a CD4⁺ count of ≤ 350 cells/ μ l, the FDC regimen is intended to be prophylactic and discontinued 1 week after

cessation of breastfeeding.^[4] The guidelines therefore recommend HBV screening prior to discontinuing the ARV regimen to avoid maternal HBV reactivation.^[4] The potential disadvantage of this delayed screening is failure to identify the HBV-exposed neonate and protect it at birth against developing chronic HBV infection.

Childhood immunisation programmes, which include HBV vaccination from 6 weeks of age, protect the majority of children and young adults against chronic hepatitis and liver-related mortality. Infants born to HBV/HIV co-infected women are, however, more likely to be infected perinatally and are at greater risk of developing chronic hepatitis than infants born to HBV mono-infected women.^[3] Routine antenatal HBV screening is not offered in SA, yet local studies reported HBV prevalence rates ranging between 3.2% and 7.4% in HIV-infected pregnant women.^[3,6] The aim of our study was to establish the prevalence of HBV infection and HBV/HIV co-infection in pregnant women in KwaZulu-Natal (KZN), to inform antenatal HBV screening and childhood immunisation policies in SA.

Methods

Stored (-70°C) plasma specimens were tested for HBV markers in a retrospective analysis of pregnant women who participated in an HIV sero-incidence study in KZN between March and December 2009.^[7] Consent for 'storage of plasma intended for use in further research' was obtained from participants at enrolment into the original study. The process of participant recruitment, eligibility

criteria and HIV testing procedures have been described previously.^[7] Plasma aliquots from 570 stored specimens were selected based on an estimated HBV prevalence of 5.5%.^[8] The participants' ages, HIV status and CD4⁺ counts were extracted from the original study database.

Laboratory analysis

Frozen plasma specimens were thawed and tested for hepatitis B surface antigen (HBsAg) using an enzyme-linked immunosorbent assay (ELISA) from Siemens Healthcare Diagnostics (Tarrytown, NY, USA). If HBsAg-positive, specimens were further tested for hepatitis B e antigen (HBeAg), also using an ELISA from Siemens Healthcare Diagnostics, and for quantitative HBV DNA using the COBAS AmpliPrep/COBAS TaqMan HBV Test, version 2.0, from Roche Molecular Systems Inc. (Branchburg, NJ, USA). HBV infection was characterised by a positive HBsAg result and hepatitis B viral infectivity by the presence of HBeAg and/or HBV DNA quantification.

Specimens with low HBsAg and HBeAg index values were not retested for confirmation owing to insufficient specimen volumes. HBsAg specimens with index values of ≥ 1 and ≤ 50 were further neutralised to confirm the presence of HBsAg, and specimens that produced technically invalid results were excluded from the analysis. HBeAg index values of ≥ 10 were interpreted as positive.

The linear range for HBV DNA quantification was 20 - 1.7×10^8 IU/ml. Specimens with an insufficient volume were diluted and the final results were calculated by multiplication using the dilution factor.

Statistical analysis

Prevalence rates for HBV infection and HBV/HIV co-infection were reported as point estimates with 95% confidence intervals (CIs). Differences in proportions were determined by the chi-square test (and Fisher's exact test, where Cochran's criterion was not fulfilled). Two-tailed non-parametric procedures were used to compare HBV DNA load between groups. A *p*-value of < 0.05 was regarded as significant. SAS 9.3 (SAS Institute Inc., Cary, NC, USA) was used for statistical analysis.

Ethical considerations

Ethical approval was obtained from the University of KwaZulu-Natal Biomedical Research Ethics Committee (BE028/12).

Results

Five hundred and seventeen of 570 (90.7%) pregnant women (median age 23 years,

range 16 - 47 years) had their HIV status documented; 215 (41.6%) were HIV-positive.

Thirty tested positive for HBsAg, resulting in a point prevalence estimate of 5.3% (95% CI 3.4 - 7.1). Of these women, 6 were HBeAg-positive (20.0%; 95% CI 5.7 - 34.3). Twenty-five HBsAg-positive specimens (83.3%) had detectable HBV DNA, ranging from 20 to $> 1.7 \times 10^8$ IU/ml with a median \log_{10} viral load of 3.0 (interquartile range (IQR) 2.3).

Although not statistically significant, more HIV-infected women than HIV-uninfected women tested HBsAg-positive (*p*=0.2048) (Table 1). Overall, 16 of 509 (3.1%; 95% CI 1.7 - 4.6) pregnant women with HIV and HBsAg results were HBV/HIV co-infected. HBeAg positivity was significantly more common in HIV-infected than in HIV-uninfected women (*p*=0.0185) (Table 1). All 16 HBV/HIV co-infected women had a detectable HBV DNA load ranging from 45 to $> 1.7 \times 10^8$ IU/ml with a median \log_{10} viral load of 3.3 (IQR 3.9), which was significantly higher than in HIV-uninfected women (Table 1).

A CD4⁺ cell count was available for 76/215 (35.4%) HIV-positive pregnant women, with a median of 328 cells/ μ l (range 45 - 822; IQR 183). Of these women, 41 (53.9%) had a CD4⁺ count of ≤ 350 cells/ μ l and would have been eligible for lifelong ARV treatment. Four of the 41 women (9.7%) with a CD4⁺ count of ≤ 350 cells/ μ l were HBV-co-infected, while none of the women with a CD4⁺ count of > 350 cells/ μ l was co-infected (*p*=0.119 using Fisher's exact test, two-tailed).

Discussion

We report an estimated HBV prevalence of 5.3% in pregnant women attending primary health clinics in KZN. It is highly likely that most of the pregnant women in our study had missed the childhood EPI vaccination.^[2] One in 5 (20%) of these HBV-infected women had active viral replication, as indicated by the presence of HBeAg. We further report a 7.4% HBsAg prevalence

in HIV-infected pregnant women in KZN, which is higher than the 4.3%, 5.9% and 6.2% reported from studies in HIV-infected pregnant women in North West, the Western Cape and Limpopo provinces, respectively.^[3,6] This regional variation in HBV prevalence may be due to various cultural and environmental factors that modify HBV transmission in diverse ethnic groups.^[9] The non-significant difference in HBV prevalence between HIV-infected and uninfected pregnant women demonstrated in our study is similar to that reported in other SA studies and may be explained by early childhood cryptic transmission of HBV rather than shared routes of HIV and HBV transmission in adulthood.^[6]

The 3.1% HBV/HIV co-infection rate in our study population is clinically significant in a setting with a high HIV burden. HBV/HIV co-infected pregnant women require complex management, since the impact on the mother and the infant must be considered. The FDC ARV regimen (TDF/FTC/EFV) currently recommended for all HIV-positive pregnant women benefits the mother with HBV co-infection and also offers protection against HBV infection to the exposed neonate by reducing the maternal HBV DNA load, which is an independent risk factor for perinatal transmission.^[5,10,11] This strategy provides a great advantage over the past zidovudine and single-dose nevirapine (NVP) PMTCT regimen in which a single postpartum dose of TDF and FTC was given.^[12] While this was intended to protect the mother from developing NVP resistance, it offered no benefit to the mother or her exposed neonate if she was also HBV-infected. The use of antenatal ARVs against hepatitis B has been shown to be relatively safe and may compensate for immunoprophylaxis failure, especially in resource-limited settings where early access to immunisation is not always available.^[5,10,13] The new national PMTCT guidelines recommend maternal HBV screening of all HIV-infected women

Table 1. Distribution of hepatitis B virus laboratory markers in HIV-infected and -uninfected pregnant women

Laboratory markers	HIV-infected	HIV-uninfected	<i>p</i> -value
HBsAg+, <i>n</i> (%)	16/215 (7.4)	14/294 [†] (4.8)	0.2048 [†]
HBeAg+, <i>n</i> (%)	6/16 (37.5)	0/14 (0.0)	0.0185 [‡]
HBV DNA load, median (IQR)	3.3 \log_{10} (3.9)	1.5 \log_{10} (2.1)	0.0058 [§]

HBsAg = hepatitis B surface antigen; HBeAg = hepatitis B e antigen; HBV = hepatitis B virus; + = positive; IQR = interquartile range.

[†]Excludes 8 HBsAg invalid results.

[‡]Chi-squared test.

[§]Fisher's exact test.

[¶]Two-tailed non-parametric test.

receiving FDC prior to discontinuing the prophylactic ARV regimen at cessation of breastfeeding.^[4] This strategy protects HBV/HIV co-infected women from developing hepatitis flares. However, postnatal HBV screening, as opposed to antenatal screening, would unfortunately be too late to identify HBV-exposed neonates who would have required HBV immunisation at birth.^[4,14]

Furthermore, it is highly likely that the 5.3% of neonates in our study who were HBV-exposed were not vaccinated at birth as recommended, since HBV screening in pregnancy is not routinely available and the HBV infection in these women would have gone undetected. The higher HBV infectivity demonstrated in HBV/HIV co-infected pregnant women in our study is consistent with other recent studies, and suggests that mother-to-child transmission (MTCT) of HBV may be more common in this country than has previously been thought.^[3,6,15] Perinatal HBV transmission often results in an asymptomatic neonatal infection, and 70 - 90% of these neonates remain chronically infected if HBV immunoprophylaxis is not given at birth.^[16] They will subsequently contribute to the reservoir of asymptomatic HBV carriers as adults.^[16] Inclusion of the HBV vaccine into the South African EPI has reduced the childhood HBV prevalence, but vaccination initiated at 6 weeks of age is inadequate to protect against perinatal HBV transmission.^[3,6] Immunoprophylaxis failure has been reported despite the suppression of HBV DNA load with antenatal ARVs, suggesting that other maternal and obstetric factors may influence transmission.^[11] Inability to prevent perinatal transmission from high-risk HBV/HIV co-infected mothers will result in a residual pool of HBV-infected children who will be a source of ongoing transmission to others, and this may impede current vaccination efforts.

Our failure to investigate occult HBV infections may have meant that we underestimated HBV prevalence. The rate of occult HBV infection in HIV-infected individuals is estimated to be 33%.^[17] Testing for occult HBV infection could not be performed in our retrospective analysis owing to inadequate specimen volume for hepatitis B core antibody testing and confirmatory molecular testing. However, the unknown clinical significance of occult HBV infection, particularly its role in HBV transmission, together with the high cost of HBV molecular screening for an accurate diagnosis, means that it is unlikely to be included in a public health policy.^[18]

Routine antenatal HBV screening in pregnant women in SA will allow for the timely initiation of infant immunoprophylaxis and identification of HBV-exposed neonates who require post-immunisation serological testing to confirm HBV status. Active and passive immunisation given to the neonate within 12 - 24 hours of birth (before the development of HBV surface antigenaemia) was shown to prevent more than 95% of perinatal transmissions.^[5,14] However, in a developing country where many women may not access antenatal care, initiating the HBV vaccination schedule in all infants at birth rather than at 6 weeks could aid in preventing perinatal HBV transmission.

Conclusion

We report an estimated 5.3% prevalence of HBV infection and a 3.1% prevalence of HBV/HIV co-infection in pregnant women in this HIV-endemic region. It is highly likely that most women of reproductive age who are also HIV-infected have not received

childhood HBV immunisation. While the current HIV PMTCT guidelines provide potent antenatal ARVs with the potential to suppress HBV DNA load and decrease vertical HBV transmission in high-risk HBV/HIV co-infected women, approximately 4.8% of neonates born to HIV-uninfected women are at risk of perinatal HBV infection. Routine antenatal serological screening for HBV will identify all HBV-exposed neonates and allow active-passive HBV immunoprophylaxis to be initiated at birth, thereby reducing the risk of vaccine failure. There are no formal guidelines for PMTCT of HBV, but antenatal antiviral therapy in combination with immunoprophylaxis initiated at birth will decrease the risk of MTCT of HBV, as shown in many studies. This strategy may, in turn, reduce infant morbidity and mortality related to HBV infection as well as decrease the reservoir for ongoing horizontal HBV transmission. Our study confirms other SA reports and highlights the need for SA childhood immunisation policies to be revisited. Prospective studies assessing the impact of the current PMTCT guidelines on MTCT of HBV are needed in the future.

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