

## IN MEMORIAM

**Frederik Jacobus  
Rademan  
(25 September  
1955 - 6 March  
2010)**

Frik Rademan drowned on 6 March 2010 while canoeing near the weir at his farm, Sunnyside, on the Vaal River in the Vredefort Dome. He was 54 years old and riding the crest of the wave of his full and wonderful life.



Frik went to school in Kroonstad (where his father Piet was a revered and well-respected general practitioner). Frik had a special bond with his father, who taught him about people and about being a doctor, and how to hunt and to fly. Frik could fly before he was allowed to drive. He was a leader at school and played scrum half for the first team for 3 years. He studied medicine at Stellenbosch University where he was the top student, specialised in general surgery (awarded the Douglas Medal for exceptional achievement by the Colleges of Medicine of South Africa), and obtained the FRCS (Edinburgh) in 1988.

Surgery was Frik's passion. His knowledge of medicine was expansive, practical and always at his fingertips. He managed his own cases in intensive care and was decisive. It was a pleasure to watch him operate – he was equally comfortable in the abdomen and in the neck and in doing vascular surgery. From 1989 he ran a large practice, primarily at Garden City Clinic, the peak of the violence at that time. He later moved his practice to Wilgeheuwel Hospital, Johannesburg. His patients loved his forthright and often dogmatic manner. He leaves a massive gap in the medical fraternity. His sudden and unexpected passing leaves us in stunned disbelief. He was a trusted friend and doctor to most of his colleagues and their children and friends. He will be especially missed in the doctors' theatre tea room. His curiosity, jokes and stories entertained us all. His open directness was refreshing. He was always the first to meet young colleagues and to make them feel at home and give advice. He never complained and always had a plan and negotiated for all. His knowledge and integrity made him a popular medico-legal expert witness.

Frik was an accomplished pilot and regularly flew his beloved Baron to his farm, to Zambia on hunting trips, to Cape Town to do the Argus, and to Henties Bay for the summer holidays. He was a knowledgeable farmer and developed Sunnyside into a fine game and recreational paradise. He was a gracious and attentive host and had endless friends from all walks of life. He was hardworking and a shrewd businessman. He leaves his children educated and his family financially secure.

Frik met and married Santie during military training. She was a nurse and out-ranked him. They kept jostling for

position but there was love, respect and appreciation as well as a large dose of fun and joy as they achieved goal after goal. Frik was a hands-on father and his children spent a great deal of time with him. He had high expectations for his children and he was very proud of all of them. To his children, Frik was a legend.

Frik will be sorely missed by his wife Santie, his children Jurgen, Jeanette, Olga and Pieter, his brother Pieter and sister Nerena, his mother Olga and all of us – his friends, colleagues and patients.

**Mauritz van den Heever**

**Arthur Charles  
Keast (30 May  
1927 - 12 February  
2010)**

I first met Charles in Ward E1, Groote Schuur Hospital, in 1951, when he taught me to do a lumbar puncture.

Sadly he passed away on 12 February 2010.

Charles was born on 30 May 1927. He matriculated at Kingswood College in 1944 and graduated MB ChB at UCT in 1950. He did his internship training at Groote Schuur Hospital, and subsequently worked at Grey's Hospital, Pietermaritzburg, and King Edward VIII Hospital, Durban. He married Rosemary Slater in 1953. He then moved to London where he specialised in obstetrics and gynaecology, obtaining his MRCOG in 1959.

He started private practice in East London in 1960 and continued there until he retired in 1991. During this period he acted as a part-time consultant at Frere Hospital.

In 1992 he filled in locums in England and Canada.

The Border Branch Council of SAMA benefited from his membership. He was President in 1990 and Honorary Secretary in 1992/1993.

Charles and Rosemary had 4 children and 12 grandchildren, one of whom is a medical doctor.

He was a keen tennis player, played squash for Border, and travelled many hiking trails.

A staunch member of Rotary International, in 1973 he went to Canada as a group study exchange leader. He became a district governor in the 1990s and was presented with the Paul Harris Award.

Charles will be sadly missed by many sections of the community.

**Dennis Smyth**

