

BOOK REVIEW

Title: Brain development - Milestones and learning

Author: Melodie de Jager

Book information:

Publisher: Mind Moves Institute

Publication date: 2011

ISBN number: 978-0-620-50338-9

Paperback: 233 pages

Price: R240 (including postage)

This book is aimed at new parents or caregivers and it provides general information on various aspects such as pregnancy, birth, childhood development and milestones. It is written in an easy-to-understand-language and there are interesting snippets of information throughout the book. These relate to specific questions parents might have, relevant facts, research, advice for parents or explanations of specific medical terminology. The focus of the book is on the 'reflex brain', the 'thinking brain' and the 'feeling brain' and on how stimulation helps with the 'wiring' of the baby's brain as well as the role parents can play in this process. The book is divided into 3 parts: part one focuses on the development of the baby's

