Supporting teachers to develop formative assessment knowledge and skills in no-fee schools

Background: Formative assessment has been reported to improve learners’ learning in affluent contexts. However, very few studies have reported the impact of formative assessment on teachers’ knowledge and understanding in no-fee public schools located in a low socio-economic context.

Aim: This article investigates the impact of the Assessment for Learning Capacity Development Programme (AFL CDP) on teachers’ formative assessment knowledge and understanding pertaining to the five formative assessment strategies: learning intentions and success criteria, questioning, feedback, peer and self-assessment.

Setting: This study was conducted as part of the Assessment for Learning (AFL) in Africa project in one Gauteng district involving 20 Grade 3 teachers from six no-fee public schools.

Methods: Teachers in this study participated in the AFL CDP, implemented using the reflect, mediate, acquire and adapt, plan, prepare, present, support (ReMAPS) intervention framework. Baseline and endline data were collected using the formative assessment reflection exercises (FARE) before and after the AFL CDP, while t-tests were used to determine differences in performance.

Results: The results revealed significant improvements in teacher formative assessment knowledge and understanding across all five strategies.

Conclusion: The ReMAPS intervention framework, applied in the AFL CDP, proved successful in supporting teachers to improve their formative assessment knowledge and understanding, even when implemented in challenging contexts, and provides a viable, practical model for implementing AFL pedagogical strategy by the Department of Education.

Contribution: This study adds to the body of knowledge by providing research-based findings about how an AFL capacity development programme implemented in a challenging context in South Africa, benefited teachers’ pedagogical knowledge and understanding.

Keywords: Formative assessment; professional development programmes; ReMAPS intervention framework; no-fee school; learning intentions and success criteria, questioning, feedback, peer and self-assessment.

Introduction

For effective learning to take place, research indicates that teachers must be able to effectively engage with learners and apply relevant pedagogical practices to determine what learners have learned and to identify and address their learning gaps (Franklin & Harrington 2019:2; Pedler, Hudson & Yeigh 2020:51; Wiliam & Thompson 2007:4). In South African schools, however, two key challenges must first be addressed. Firstly, most teachers do not possess the requisite knowledge and skills to address the learning needs of their learners, nor are they able to effectively use assessment data to identify learning gaps. Secondly, guidance and assistance for teachers are limited, especially as most district officials are not able to provide the specific support that teachers require to improve learning and teaching in schools. Moreover, there is a dearth of information regarding challenges in capacity, cost and time for implementing large-scale intervention programmes in South Africa that focus on improving teachers’ pedagogical practice.

In addressing this challenge, researchers from several institutions (Tshwane University of Technology, Cape Peninsula University of Technology, Aga Khan University in Tanzania and the University of Oxford) were awarded funding from the Education Sciences Research Council (ESRC) to implement the Assessment for Learning in Africa (AFLA) project in three sites: Cape
Winelands (South Africa), Dar es Salaam (Tanzania) and Tshwane (South Africa). The primary objective of the project was to understand the conditions under which the Assessment for Learning (AfL) approach can be applied and sustained in challenging contexts to enhance learning for all, especially for the poor and marginalised. Titled ‘Assessment for learning in Africa: Improving pedagogy and assessment for numeracy in foundation years’, the key research question addressed in the project was: How can teaching quality be improved in challenging contexts in South Africa and Tanzania as measured by an increase in Foundation Phase numeracy learning outcomes? In this article, we focus on findings emanating from the project implemented in Tshwane.

The rationale for the AFLA project emanated from the researcher’s experiences and findings from previous projects implemented within the AfL Niche Area.1 Since the establishment of the Niche Area in 2012, a number of projects and studies were undertaken to review assessment policies impacting the education system; to explore pre- and in-service teachers’, school leaders’ and education officials’ knowledge and understanding of assessment; to determine the assessment practices of key role-players across the different levels of the education system (classroom, school, district and provincial or national); and to identify relevant professional development models or approaches for supporting students and practising teachers to enhance their use of formative assessment to improve their pedagogical practices (Kanjee 2018; Kanjee & Mthembu 2015; Kanjee & Sayed 2013; Molele 2015). Several findings from these studies indicated that the provision of relevant capacity development programmes can lead to improved teacher knowledge and effective use of formative assessment practices during lessons; that these practices impact on how teachers plan, prepare and present their lessons; and that the effective use of formative assessment enhances learner engagement (Kanjee 2018, 2020; Kanjee & Mthembu 2015; Kanjee & White 2014). While these findings also corroborated findings from a similar project conducted in other countries regarding the complexity of implementing formative assessment in schools (Andersson & Palm 2018; Fangxi et al. 2014; Van der Nest, Long & Engelbrecht 2018), a specific challenge identified in the South African context was the large disparities in implementation between teachers in the lower quintile schools2 and teachers in the higher quintile schools3 (Kanjee 2020).

In order to better understand the challenges faced by teachers in the lower quintile schools, the AFLA research consortium was established with the Oxford University Centre for Educational Assessment (OUCEA); the Centre for International Teacher Education (CITE) at the Cape Peninsula University of Technology; and the Aga Khan University in Tanzania. This consortium was successful in obtaining a 3-year ESRC grant that was awarded in May 2016.

Conceptual framework

Literature agrees that formative assessment is advanced as a pedagogical strategy that improves learning (Andersson & Palm 2018; Bennet 2011; Black & Wiliam 1998). Bennet (2011) posits that there are contrasting views on what formative assessment is, and the contradictions could cause tension in the implementation of formative assessment. For clarity purposes, this article will conform to Black and Wiliam’s (2009) definition of formative assessment:

[I]s formative to the extent that evidence about student achievement is elicited, interpreted, and used by teachers, learners, or their peers, to make decisions about the next steps in instruction that are likely to be better, or better founded, than the decisions they would have taken in the absence of the evidence that was elicited. (p. 9)

This definition highlights the need for learners to take charge of their learning and not rely on teachers to be the sole knowledge providers. Moreover, the definition aligns with Wiliam and Thompson’s (2007) formative assessment framework, on which the workshop content was based. According to Wiliam and Thompson (2007), teachers should help learners respond to the following questions: (1) ‘Where am I going?’, (2) ‘How am I right now?’ and (3) ‘How to get there?’

‘Where am I going?’

To respond to the first question, teachers should share and clarify the learning intentions (LI) and success criteria (SC) with learners. Formative assessment strategy 1 (FAS1) informs learners what to expect during the lesson (Fisher, Frey & Hattie 2016; Popham 2008). Hattie (2009) describes LIs as what learners should know, understand and do in the teaching and learning activity. On the other hand, the SC are viewed as mechanisms or steps that help learners to observe their progress towards attaining the intended learning (Fisher et al. 2016; Popham 2008). Therefore, sharing LIs and SC is a pedagogical practice that improves learner engagement and learning in the teaching and learning activity. Thus, Moss, Brookhart and Long (2011:66) posit that learners who do not know, identify and see what they are going to learn are ‘flying blind’ and following only what the teacher directs them to do and not on the learning. Formative assessment knowledge and understanding are the object of this study.

The AFLA professional development programme was intended to mediate teachers’ knowledge and understanding and utilised different mediating tools and artefacts in this regard. Swaffield (2009:4) cautioned that the limited training could lead to the implementation of LI and SC in a ‘procedural and ritualistic manner’ and not improve learners’ learning. For this reason, this study investigated

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1. The Assessment for Learning Niche Area was established to undertake relevant research and contribute to national and international debates on developing effective and enabling systems and practices for supporting learners, teachers, parents, school leaders and education officials in addressing the key challenge of equity and quality in education.

2. That is, schools that are characterised by limited resources, poor facilities and teachers with low qualification levels and that comprise mainly learners who come from poor and marginalised backgrounds.

3. That is, schools that are well resourced, have good facilities, have highly qualified teachers and comprise mainly learners who come from middle and high socio-economic backgrounds.
how the AFLA project enhanced teachers’ knowledge and skills to develop and integrate the LI and SC in their everyday teaching practices.

‘How am I right now?’

To address the second question, eliciting evidence of learning (FAS2), teachers use questioning strategies and techniques, as well as classroom discussions, to equitably engage all learners in the teaching and learning activity. For example, in this study, various techniques were introduced, such as: wait time; miniboards; traffic lights or robot cards; no hands up, except to ask a question; name sticks; basketball discussion; thumbs up or thumbs down; entrance and exit tickets; pair and share; and phone a friend to improve learner engagement (Harris & Brown 2013; Ingram & Elliott 2016; Wiliam 2011; Wylie & Lyon 2015).

The use of wait time as a formative assessment technique enhances teachers’ pedagogical practices and improves the substance of the questions and questioning techniques they utilise to improve teacher–learner engagement (Wiliam 2011; Wylie & Lyon 2015). Literature on wait time highlights that mathematics teaching and learning improves as learners are given time to think and process information based on the questions, thus enhancing the quality of responses provided and engagement within the learning community (Ingram & Elliott 2016; Jamil, Larsen & Hamre 2018; Wiliam 2011).

‘How to get there?’

The third question focused on feedback that improves learning (FAS3) (Hattie & Timperley 2007). Feedback is an important aspect of assessment, as it mediates learning and is ingrained in the teaching and learning process (Black & Wiliam 2009; Hattie & Gan 2011; Hattie & Timperley 2007). Feedback is defined as ‘information on one’s performance or knowledge offered by an agent (e.g. a teacher, a peer, a book, a parent, oneself, or experience)’ (Hattie & Timperley 2007:81). More importantly, feedback should be linked to LIs and SC and tell learners where they are in their learning and how to move forward (Brookhart 2008; Clarke 2014; Hattie & Timperley 2007).

There are different modes to provide feedback, and they include oral and written feedback (Brookhart 2008; Keeley & Tobey 2011; Wiliam 2011). Various authors report that written feedback comprises scores, grades, written comments and grades (Black & Wiliam 1998; Brookhart 2011; Charteris & Smardon 2015; Wiliam 2011), while Mkhwanazi (2014) discovered that teachers lacked basic feedback knowledge. Teachers in her study utilised ticks and stickers for correct work and crosses for incorrect work, as well as markings and simple evaluative comments like ‘good’, ‘very good’ and ‘you are a star’. According to Tunstall and Gipps (1996), teachers in the early grades utilise stickers to motivate students in their learning activities. However, this type of feedback is reported not to enhance learners' learning. Hence, this study investigated Grade 3 teachers’ knowledge and understanding of the different types of feedback. For example, teachers had to distinguish responses that describe motivational and effective descriptive feedback.

Peer assessment

Other strategies involved peer assessment (FAS4) (Clarke 2014; Mundia 2012; Ndoye 2017; Wiliam 2011, 2014) and self-assessment (FAS5). According to Ratminingsih, Artini and Padmadevi (2017), peer assessments help learners collaborate and collectively develop acceptable meaning, explanations and strategies and motivate one another to demonstrate, defend and explore their thinking. Learning becomes a social activity and improves learner engagement in the teaching and learning activity (Wiliam 2011). Various studies investigated the use of peer assessment and found that learners learn better from their peers (Double, McGrane & Hopfenbeck 2019; Webb et al. 2017; Wiliam 2011). However, Gielen and her colleagues question the quality of peer assessment feedback. They highlight that learners’ ‘judgment or advice may be partially correct, fully incorrect or misleading’ (2010:305). Thus, professional development programmes should mediate teachers’ knowledge and understanding to use this strategy in the teaching and learning activity.

Self-assessment

Regarding self-assessment (FAS5), Ndoye (2017) suggests that learners should be activated to be owners of their learning. There is a clear need for learners to be active participants in their learning. Hence, Black and Wiliam (1998:21) highlight that it would be helpful for teachers to be viewed as passive recipients of information and that teachers should understand how learners learn. Furthermore, self-assessment should be linked to LIs and SC and expose to learners appropriately to improve learning (Harris & Brown 2013).

Intervention framework

The Assessment for Learning Capacity Development Programme (AFL CDP) was implemented using the reflect, mediate, acquire and adapt, plan, prepare, present, support (ReMAPS) framework to mediate and support Grade 3 teachers to enhance their formative assessment knowledge and understanding (Figure 1). The ReMAPS framework is grounded on Vygotsky’s (1978) sociocultural theory. Núñez (2009) and Vygotsky (1978) posit that knowledge and understanding are mediated through cultural artefacts, signs, symbols and tools in the environment, especially when knowledge is shared between and within the community, guided by a more knowledgeable member (Vygotsky 1978). Tadesse et al. (2021) and Vygotsky (1978) explained that human behaviour is transformed when mediated and connected to the individuals’ social-cultural environment. This notion suggests that the Capacity Development Programme (CDP) should consider participants’ cultural context and modify the programme accordingly. In this article, programme facilitators were the more knowledgeable
ones. During the workshops and professional learning communities, facilitators mediated and scaffolded teachers’ formative assessment knowledge and contextualised the CDP to cater to participants’ experiences and needs to effectively implement the programme.

The implementation of the ReMAPS framework is based on a cyclical approach that required participants to first engage with facilitators and colleagues as they develop their formative assessment knowledge and understanding in a series of workshops. In between workshops, participants are required to apply their new knowledge and understanding in practical school settings to develop their pedagogical skills, reflect and record these experiences. Thereafter, participants attend the next workshop, which begins with sharing and reviewing their experiences with colleagues and facilitators before new knowledge and skills are introduced by the facilitators. The next step of the cycle then begins and continues over the duration of the intervention. In practice, the ReMAPS framework is composed of the following stages: (1) reflect on prior and current knowledge and experience; (2) mediate new knowledge and skills introduced and facilitated by the programme facilitators; (3) acquire and adapt new knowledge and skills to participants’ context; (4a) plan and (4b) prepare for implementation; (4c) present and apply new knowledge and skills during participants’ daily teaching practice (where possible, participants were also required to make presentations during workshops); and (5) support through engagements with various stakeholders in professional learning communities, colleagues, programme facilitators, heads of departments (HoDs) and district officials to enhance the effective implementation of new FA knowledge and skills during the teaching and learning activity.

![ReMAPS framework](image)

**FIGURE 1:** ReMAPS framework used to implement the assessment for learning in Africa project.

**TABLE 1:** The Assessment for Learning in Africa professional development workshop dates and contents.

<table>
<thead>
<tr>
<th>Workshop number</th>
<th>Date</th>
<th>Content covered</th>
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<tbody>
<tr>
<td>1</td>
<td>18 February</td>
<td>• Overview of the programme</td>
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<tr>
<td></td>
<td></td>
<td>• Establishing teacher learning communities</td>
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<tr>
<td></td>
<td></td>
<td>• Reflection on assessment practices</td>
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<tr>
<td>2</td>
<td>18 March</td>
<td>• Reflection on the implementation of FA techniques</td>
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<td></td>
<td></td>
<td>• Introduction to FA techniques</td>
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<tr>
<td>3</td>
<td>22 April</td>
<td>• Reflection on implementation</td>
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<tr>
<td></td>
<td></td>
<td>• Clarifying and sharing learning intentions and criteria for success</td>
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<tr>
<td>4</td>
<td>20 May</td>
<td>• Reflection on implementation</td>
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<tr>
<td></td>
<td></td>
<td>• Engineering effective classroom discussions to elicit evidence of learning</td>
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<tr>
<td>5</td>
<td>05 August</td>
<td>• Reflection on implementation</td>
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<td></td>
<td></td>
<td>• Providing feedback that moves learners forward</td>
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<tr>
<td>6</td>
<td>09 September</td>
<td>• Reflection on implementation</td>
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<td></td>
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<td>• Assessment by learners of their peers and their work</td>
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Support workshops

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<thead>
<tr>
<th>Workshop number</th>
<th>Date</th>
<th>Content covered</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>08 June</td>
<td>• Reflection on implementation</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Clarifying and sharing learning intentions and criteria for success</td>
</tr>
<tr>
<td>2</td>
<td>12 June</td>
<td>• Reflection on implementation</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Engineering effective classroom discussions to elicit evidence of learning</td>
</tr>
<tr>
<td>3</td>
<td>20 October</td>
<td>• Reflection on implementation</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Providing feedback that moves learners forward</td>
</tr>
<tr>
<td>4</td>
<td>23 October</td>
<td>• Assessment by learners of their peers and their work</td>
</tr>
</tbody>
</table>


Source: Ramollo, J.K., 2022, ‘Enhancing grade 3 mathematics teachers’ formative assessment knowledge and skills in no-fee schools: Case studies from Gauteng Province’, PhD thesis, Tshwane University of Technology, Pretoria

FA, formative assessment.

The AfL CDP was facilitated over 6–7-h workshops conducted over 8 months on Saturdays. In addition, there were four 3-h ‘support’ sessions presented between workshops after
school hours. Table 1 shows the date and the content covered for the project. The workshop’s content was based on the formative assessment strategies and techniques proposed by Wiliam and Thompson (2007). Participants were provided with relevant materials aligned to formative assessment and practical activities that accounted for the specification of the national curriculum and assessment policy statements (for more details, see Kanjee & Bhana 2020). Participants completed the activities during or after workshops or during their professional learning community meetings and were required to complete reflection exercises regarding their experiences and challenges. All the workshops were interactive, and participants collaborated and played an active role in their learning (Darling-Hammond 2006; Desimone & Pak 2017). Andersson (2015) notes that participants’ collaboration improves learning. In this study, participants created professional learning communities and followed ReMAPS framework stages to incorporate formative assessment in their everyday teaching and learning activity.

During the workshops, programme facilitators modelled all formative assessment strategies and techniques introduced to link the theoretical and practical aspects of the developed knowledge and skills. Furthermore, participants watched and were provided with videos demonstrating the different formative strategies and techniques for support and use even after the professional development programme. After the programme facilitators’ presentations and discussions about the new FAS and techniques, participants had to plan for the next lesson for their class implementation. In so doing, participants collaborated, shared ideas and eased the pressure of planning for lessons as individuals. After implementing their newly acquired skills between workshops, that is, over a 3-week period, participants engaged and shared their experiences with the newly acquired skill in the next workshop. Also, programme facilitators collected the portfolios to monitor and record participants’ engagement with the material provided.

Research design and methods

The evaluation framework for this study was based on Pawson’s (2006) realist approach, which views evaluation as a process that identifies how the evaluated programme works and how it expects to achieve its objectives. Thus, the methodology for this study was underpinned by a predominantly interpretivist philosophy in which a mixed-methods approach was applied to obtain a blend of qualitative and quantitative data. This article is based primarily on data collected using the baseline and endline reflection exercises, which comprised both open- and closed-ended questions. The reflection exercise sourced information about participants’ background information and their views about assessment and formative assessment, including sharing LIs and SC, questioning, feedback, peer and self-assessment and techniques to improve learner engagement during the teaching and learning activity. Baseline reflection data were collected before the workshops began to understand participants’ formative assessment knowledge and understanding. The endline reflection was administered after the completion of workshops to record any transformation in participants’ formative assessment knowledge and understanding.

Sample

The district purposefully selected eight schools and 22 foundation phase teachers, including one HoD from each school. The schools were chosen because they were the only schools in the circuit that did not participate in any formative assessment professional development programmes. The schools were mainly quintile 1 schools located in a low socio-economic context. Two schools withdrew immediately after launching the capacity development programme, and only 20 teachers participated in the baseline reflection exercise. The schools cited various reasons for withdrawing, including conflicting interests and competing workshops. Moreover, the endline also included 10 participants who had completed the baseline reflection exercise. All participants were female, with the majority indicating their teaching experience ranging from 20 to 27 years, and six had at least 10 years of teaching experience.

Data collection instrument

Data used in this study were collected through baseline and endline formative assessment reflection exercises (FARE) that comprised open- and closed-ended questions. The reflection exercise had four sections and sourced teachers’ (1) background information, (2) views on how children learn, (3) formative assessment knowledge and (4) formative classroom assessment: classroom practices. The quantitative section of the FARE comprised 25 multiple-choice question (MCQ) items that sought participants’ knowledge and understanding of the five formative assessment strategies and techniques. For this study, only results from the quantitative section are reported.

Data analysis

Analysis was conducted using G*Power (Heinrich Heine University Düsseldorf, Düsseldorf, Germany) version 3.1.9.6 (Faul et al. 2009) to determine the minimum sample required for a significance criterion of α = 0.05, power = 0.80, for an effect size of 0.60. The power analysis results indicate the obtained sample size of N = 20 is more than adequate to test the study hypothesis using a t-test. Given the relatively small sample size, we also tested for the normality of results to identify the appropriate statistical test. The results of the Shapiro–Wilk test did not show evidence of non-normality (W = 0.965, p = 0.242), indicating the application of a parametric test. The responses to the MCQs were analysed using the JASP programme (2021) (University of Amsterdam, Amsterdam, Netherlands). We applied t-tests to compare differences in the mean scores between teachers’ baseline and endline formative assessment knowledge and understanding (Creswell & Plano-Clark 2017).
Findings

The primary purpose of these results was to determine the impact of AFL CDP on teachers’ knowledge and understanding. The findings are presented according to Wiliam and Thompson’s (2007) five formative assessment strategies, as well as formative assessment techniques.

The overall impact of assessment for learning capacity development programme

Table 2 presents the overall results to show the change in teachers’ formative assessment knowledge and understanding, and subsequently, the results of each strategy are presented. The overall mean scores from the baseline scores (M = 40.5) and endline scores (M = 55.2) indicate a significant improvement (M = 14.64, standard deviation [SD] = 3.32) on the subjects’ FA knowledge and understanding, t(38) = 4.43, p < 0.001. The Cohen d’s value of 1.397 indicates a large effect size (Cohen 1988:185) on the overall subjects’ knowledge and understanding.

Formative assessment strategy 1: Sharing learning intentions and success criteria

The FAS1 results show a significant improvement on teachers’ knowledge and understanding (M = 12.5), the endline scores (M = 64.2) as compared to the baseline scores (M = 51.7, SD = 5.56), t(38) = 2.25, p < 0.015. The Cohen d’s value of 0.71 indicates a medium effect size (Cohen 1988:185) on the teachers’ knowledge and understanding of introducing the lesson. Figure 2 reveals that 25% (% = 5) of the teachers scored above 70%, compared to 10% (% = 2) of the baseline scores. The findings further show that the endline scores, 40% (% = 8) of the teachers compared to 35% (% = 7) in the baseline, scored between 61% and 70%, followed by 30% (% = 6) endline and 20% (% = 2) baseline scores in the range between 41% and 50%. None of the teachers scored between 31% and 40% in the endline to 25% (% = 5) baseline scores. In both the baseline and endline scores, none of the teachers scored between 21% and 30%, while 5% (% = 1) of endline compared to 10% (% = 2) baseline scores were less than 20%. This improved knowledge suggests that the AFLA professional development programme achieved the object of the activity system. In this case, teachers scored high on FAS1 questions and suggested that at the end of the project, they understood that they should inform learners what they are expected to learn and do during the lesson (Clarke 2014; Crossouard & Pryor 2008; Snape 2011; Wiliam 2010). Informing learners what they are expected to learn during the lesson is a first step towards achieving the activity theory outcomes, namely improving learners’ learning.

Formative assessment strategy 2: Questioning

Formative assessment strategy 2 results show a significant improvement in the endline (M = 66.3) as compared to the baseline mean of (M = 51.3, SD = 6.48), t(38) = 2.32, p < 0.013. The Cohen d’s value of 0.732 indicates a medium effect size (Cohen 1988:185) on the subjects’ knowledge and understanding of introducing the lesson in the teaching and learning activity. Figure 3 indicates that most of the teachers, 65% (% = 13) in the endline, scored 71% and above, compared to 35% (% = 7) in the baseline. These findings suggest that the number of teachers who scored above 70% increased by 30% (% = 6) after the professional development programme. In addition, 25% (% = 5) of the teachers scored between 41% and 50% in the endline compared to 35% (% = 7) baseline. However, few teachers, 10% (% = 2) in the endline, scored between 21% and 30% compared to 30% (% = 6) in the baseline, indicating that the number of teachers with low scores decreased as most of the teachers’ scores improved in general. These results revealed that after the professional development programme, teachers’ knowledge and understanding were improved.
understanding of FAS2 improved. Thus, teachers could mediate FAS2 to elicit evidence of learning through classroom discussion and questioning techniques to improve thinking in the teaching and learning activity (Clarke 2014; Wiliam & Thompson 2007).

**Formative assessment strategy 3: Feedback**

The results for FAS3 also showed a significant increase in mean scores (\(M = 8.89\)) after the capacity development (\(M = 32.8\)) as compared to before (\(M = 23.9\), SD = 5.15), \(t(38) = 1.73, p < 0.046\). The Cohen \(d\)'s value of 0.546 indicates a medium effect size (Cohen 1988:185) on the subjects, feedback knowledge and understanding. However, it should be noted that the mean score for both the baseline and endline was relatively low. Figure 4 shows that only 5% (\(n = 1\)), that is, one teacher in the endline, scored above 71% in the endline compared to none in the baseline. None of the teachers scored between 61% and 70%. The endline scores further show that none of the teachers scored between 51% and 60% compared to 5% (\(n = 1\)) in the baseline. In addition, 20% (\(n = 4\)) of the teachers' scores ranged between 41% and 50% in the baseline and endline tests, while most of the teachers, 40% (\(n = 8\)), scored between 31% and 40% in endline compared to 5% (\(n = 1\)) in the baseline test. Even though this score category was low, there was an increase of 35%. Moreover, the number of teachers who scored below 20% decreased in the endline, 15% (\(n = 3\)) compared to 40% (\(n = 8\)) in the baseline test. While the overall results indicate an improvement, these findings are still concerning, given the limited number of teachers that demonstrated a higher level of knowledge and understanding of this strategy.

In practice, this finding indicates a minimal improvement in teachers’ knowledge to use feedback as a mediating tool. Feedback is an important mediating tool that provides learners with information on how to move forward in their learning. Hattie and Timperley (2007:85) suggest that teachers should respond to the following questions: ‘where am I going, how am I going? and where to next?’ They argue that teachers responding to these questions could provide learners with feedback that improves learning (Hattie & Timperley 2007:85).

Therefore, the lack of any significant improvement in knowledge of FAS3 suggests that they may struggle to mediate this specific artefact effectively. Consequently, they may be unable to attain the object of the activity theory system, namely to provide learners with descriptive feedback and enhanced learner engagement in the teaching and learning activity.

**Formative assessment strategies 4 and 5: Peer and self-assessment**

The FAS4 and FAS5 scores show the most significant knowledge increase (\(M = 20\%\)), after the capacity development programme (\(M = 51.3\)), as compared to before (\(M = 31.3\), SD = 4.92), \(t(38) = 4.07, p < 0.001\). The Cohen \(d\)'s value of 1.286 displays a large effect size (Cohen 1988:185) on the subjects’ knowledge and understanding of peer and self-assessment in the teaching and learning activity. Figure 5 shows that 20% (\(n = 4\)) of the teachers scored above 71% in the endline compared to none in the baseline test. Most of the teachers, 65% (\(n = 13\)), scored between 41% and 50% in the endline FARE compared to 35% (\(n = 7\)) baseline scores. Few teachers 15% (\(n = 3\)) scored between 21% and 30% in the endline as compared to 55% (\(n = 11\)) in the baseline test. None of the teachers scored below 20% in the endline compared to the baseline test’s 10% (\(n = 2\)). These results show that the AFLA professional development programme changed teachers’ knowledge and understanding to activate learners as instructional resources of one another (Willam 2014) and to self-assess (Ndoye 2017). These findings suggest that teachers were able to effectively mediate this specific artefact, namely FAS4 and FAS5, and thus were well placed towards attaining the object of the activity theory system, that is, improved learner engagement in the teaching and learning activity.

**Formative assessment techniques**

The results of formative assessment techniques as mediating tools and artefacts used to ensure equitable learner engagement showed significant improvement (\(M = 23\%\)), a difference between the endline scores (\(M = 79\)) as compared to the baseline scores (\(M = 56\), SD = 6.17), \(t(38) = 4.07, p < 0.001\). The Cohen \(d\)'s value of 1.179 indicates a large effect size (Cohen 1988:185) on the teachers’ knowledge and understanding of the different FA techniques utilised in this study. The score categories in Figure 6 indicate that most of
the teachers, 75% \((n = 15)\), scored above 70% in the endline test, contrasted to 30% \((n = 6)\) in the baseline test. Furthermore, 15% \((n = 3)\) scored between 51% and 60% in the endline compared to 30% \((n = 6)\) in the baseline test. The other 10% \((n = 2)\) scored the lowest, between 31% and 40% in the endline compared to 30% \((n = 6)\) in the baseline test, while 10% \((n = 2)\) of the teachers scored the lowest in the baseline FARE. These findings imply that teachers in this study acquired the necessary knowledge to use different FA techniques to improve learner engagement in the teaching and learning activity. With this knowledge, they could achieve the outcome of this activity system, namely to enhance equitable learner understanding. However, it remains unknown whether teachers in this study who demonstrated some improvement will translate their knowledge into practice and provide learners with descriptive (written) feedback that informs them on how to improve their learning (Brookhart 2011; Shrum 2016). In this study, Kanjee (2020) found a prevalence of evaluative and procedural feedback and limited descriptive feedback for high-performing and low-performing learners.

Concerning FAS3, the results also indicate that the AFL CDP positively impacted teachers’ knowledge and understanding. However, it remains unknown whether teachers in this study who demonstrated some improvement will translate their knowledge into practice and provide learners with descriptive (written) feedback that informs them on how to improve their learning (Brookhart 2011; Shrum 2016). In this study, Kanjee (2020) found a prevalence of evaluative and procedural feedback and limited descriptive feedback for high-performing and low-performing learners.

It should be noted that there were some limitations to the number of questions allotted to peer and self-assessment (FAS4 and FAS5). However, the results revealed that teachers made significant knowledge gains. With this limitation at hand, one is more curious whether the teachers will effectively implement the FAS4 and FAS5 successfully in practice. Based on the context in which peer and self-assessment were observed, Kanjee (2020) asked a similar question and reported that these strategies were implemented in a ritualistic manner, raising concerns about whether learners would benefit from the process.

It did not surprise us that a large positive effect size was observed in formative assessment techniques. The improvement in teachers’ knowledge and understanding of the techniques could have been influenced by the immediate and practical application to engage more learners in the lesson. For example, with the use of name sticks, the teacher writes learners’ names on the name sticks and places them in the container from which she or he randomly selects any name stick. When a name stick is selected, the teacher calls out the name, and the chosen learner is required to respond to a question or instruction (i.e. complete the exercise on the board) (William 2011). Andersson and Palm (2018) found similar results: teachers in their study used different techniques to assess learners, and teachers were able to change their instructional strategies to suit their learning.
Therefore, in practice, teachers in this study could use these techniques to engage more learners and amend their lessons to cater to all learners’ learning needs.

Conclusion

Formative assessment professional development highlights the relevance of formative assessment as a mediating tool and artefact and ensures that all learners are equitably engaged during the lesson. The AFL CDP implemented as part of the AFLA project followed all the critical processes to successfully support teachers in functioning in low-resource environments to enhance their formative assessment knowledge and understanding (Andersson 2015; Brookhart, Moss & Long 2010; Darling-Hammond 2006; Desimone & Pak 2017; Guskey 2002), particularly with the use of the ReMAPS framework (Kanjee 2018). A key benefit of the AFL CDP was that it was undertaken over a long period and it was not just a once-off workshop. In addition, programme facilitators modelled all the formative assessment strategies and techniques during the workshops, while the materials provided focused on both the theoretical and practical examples based on the South African context (Kanjee & Bhana 2020). Moreover, the videos provided were linked to each formative assessment practice and were also used to model and demonstrate how to implement the mediating tools and artefacts in class and enhance teachers’ knowledge and understanding. All the materials and resources in the professional development promoted self-directed learning. According to Sixel (2013:24), self-directed learning is critical, and professional development programmes should encourage teachers to explore, apply or change mediating tools according to their knowledge and experience for effective change to happen.

The ReMAPS framework used to implement the AFL CDP also required teachers to reflect and be observed and supported in class. Teachers engaged actively with all the formative assessment mediating tools and artefacts (strategies and techniques). The collaboration between programme facilitators and participants as community members contributed significantly to the expansive learning of the teachers’ formative assessment knowledge and understanding. More importantly, as Opfer, Pedder and Laviczka (2011:446) suggest, transformation is determined by individuals’ beliefs, interests, motivations and social and historical contexts. This study considered teachers’ history and allowed teachers to contextualise the mediating tools and artefacts to suit their context. Thus, participants were motivated to attend workshops and additional sessions, knowing that they received support from programme facilitators, peers and their professional communities. In this respect, a key contribution of this study is the use of the ReMAPS framework for supporting the Department of Education to implement their AFL pedagogical strategy in all schools, which foregrounds the effective use of formative assessment by teachers (DBE 2020a, 2020b). However, while the study demonstrated the potential impact of successfully implementing the AFL CDP, additional research is still required on the extent to which this new knowledge and these new skills are translated into practice, whether these practices will be sustained after the completion of the workshops, and most critical, the extent to which teachers are able to apply their new formative assessment knowledge and skills to identify and address specific learning needs of all learners, especially learners from poor and marginalised backgrounds.

Acknowledgements

Competing interests

The authors have declared that no competing interest exists.

Authors’ contributions

Both the authors contributed to the conceptualisation, data collection and writing of the manuscript.

Ethical considerations

Ethical clearance for the Assessment for Learning in Africa (AFLA) project was obtained from the Research and Ethics Committees at both the Tshwane University of Technology and the University of Oxford (ref. no. FCRE/PE/STF/2017/01). Participation was voluntary, and participants signed informed consent forms and were informed that they could leave the project at any time.

Funding information

This study was funded by a grant obtained from the Education Sciences Research Council (ESRC) (United Kingdom) and the Assessment for Learning Research Niche Area at the Tshwane University of Technology.

Data availability

The data that support the findings of this study are available on request from the corresponding author, J.R.

Disclaimer

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