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# Microbiological quality assessment of milk and its fermented derivatives produced in the Sfax region, Tunisia

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# Abstract

The aim of this study was to evaluate the microbial guality and safety of milk and its derivatives in the Sfax area, Tunisia. Two hundred and forty samples of ultra-high temperature sterilized milk (UHT) and pasteurized milk, and its derivatives (yoghurt, fermented milk, cheese, and butter), collected from industrial sale sites and traditional small-scale dairy processing units, were microbiologically analysed and the results compared to the European commission (EC, 2004) maximum limits. All the UHT sterilized milks analysed were free of microbial contamination and packaging-stable. However, pasteurized milk by thermal treatment at 63 °C for 30 min showed that 41 and 13% of samples were contaminated with total microbial count (TMC) and Escherichia coli. In the analysed samples, total and faecal coliform bacteria (TC and FC) counts exceeded the EU limits in 17 and 9% of industrial yoghurts; 85 and 54% of traditional yoghurts, and 57 and 29% of traditional butters, respectively. Furthermore, all studied fermented milks (Lben and Raieb) exceeded the EU coliform limits. Considering the traditional soft cheese made with pasteurized milk, 61% of the analysed samples respected EU limits in TC except one sample contaminated with both of E. coli and Staphylococcus aureus. Salmonella spp. and Listeria monocytogenes detection showed that only one pasteurized milk sample was contaminated by L. monocytogenes, without any Salmonella detection. Traditional producers must implement good manufacturing practices and hazard analysis critical control points (HACCP) to ensure integral safety and quality of dairy products.

**Keywords:** fermented milk products, pasteurized milk, microbiological quality, UHT milk #Corresponding author: <u>rajajarboui2000@yahoo.fr</u> Milk has a complex biochemical composition and its high water activity and nutritional value contribute to its function as an excellent growth medium for many microorganisms (Chawla, 2018; Franceschi *et al.*, 2021). Consequently, it may vehicle and transmit foodborne pathogens to humans (Anonymous, 2004; Ahmed *et al.*, 2014). Some bacteria are useful and necessary for the transformation of milk to other products; lactic acid bacteria and moulds are needed for cheese ripening and as yeasts to transform sugars to alcohol (Ben Hassine *et al.*, 2015; Franceschi *et al.*, 2021). Other bacteria may interfere, such as mesophilic bacteria and psychrophilic microorganism species, which are mainly the members of the genus, *Pseudomonas*, and include other germs infecting milk during its collection and/or storage (Ben Hassine *et al.*, 2015). However, other contaminating bacteria are pathogenic agents such as *Bacillus cereus* (Keshtkar *et al.*, 2016), *Staphylococcus aureus* (Debbabi *et al.*, 2018; Karzis *et al.*, 2018), *Escherichia coli*, *Salmonella enterica* (Lama *et al.*, 2018), *S. enteritidis* (Yu *et al.*, 2021), *S. typhimurium* (Tadielo *et al.*, 2022), and *Listeria monocytogenes* (Deshapriya *et al.*, 2006).

The most common thermal treatment processes widely used to extend milk shelf life are pasteurization and ultra-high temperature sterilized milk (UHT). Two pasteurization processes are used, the high temperature, short time (HTST) achieved by milk heat-treatment at 70–75 °C for 15–40 s, and longtime low temperature (LTLT), called the Holder method, by heating milk at 63 °C for 30 min. After pasteurization, milk is stored and distributed at +4 °C. The UHT involves the rapid heating of milk to at least 135 °C, for a few seconds. It is then packaged, stored, and distributed under room temperature, giving a shelf life of six months (*Codex Alimentarius*, 2004; Zhang *et al.*, 2022). The heat treatment improves the safety and authentic good flavour of milk for a long time.

However, milk and its products could be contaminated by several pathogens that cause milk spoilage during and/or after heat treatment. The growth of spore-forming bacteria after heat treatment and microbiological quality of raw milk is a critical factor influencing milk shelf life and its products. Raw milk with a high microbial count could cause a serious coagulation problem (Melini *et al.*, 2017). Indeed, the long-time refrigeration of raw milk before heating treatment can increase the growth of psychrotrophic microorganisms that produce thermostable enzymes such as proteinases and lipases (Fitouhi *et al.*, 2018).

The first milk microbial contamination source is the infected or sick lactating animal. Secondly, microbial pollution occurs along the milk value chain including dairymen, milk handlers, unsanitary utensils and/or milking equipment, and water supplies used in sanitary activities. Other milk microbial contamination sources happen during its handling, transportation, and storage (Anonymous, 2004; Debbabi *et al.*, 2018; Franceschi *et al.*, 2021).

The common method used to extend milk shelf life in Tunisia is Holder pasteurization, which is especially practical in traditional small-scale processing units. The main factors influencing the quality of products in these traditional units include the lack of knowledge of good hygiene practices by unqualified workers and poor preservation conditions. Industrial processing plants use UHT thermal treatment at 140 °C for 4 s (Fitouhi *et al.*, 2018) and Holder pasteurization for some milk products, based on HACCP guidelines to manage food safety and the quality of products (Samet-Bali *et al.*, 2016; Debbabi *et al.*, 2018; Fitouhi *et al.*, 2018). Fermented milk products are a very popular food in the daily diet of humans, which plays an important nutritional role in modern style-life (Ahmed *et al.*, 2014). In Tunisia, a great diversity of dairy products is available, including raw and pasteurized milk, as well as fermented milk such as yoghurt, Lben, Raieb, cheese, cream, and butter (Debbabi *et al.*, 2018; Fitouhi *et al.*, 2018). These perishable foods could be contaminated by antibiotics, pesticides (Klibi *et al.*, 2018), detergents, disinfectants, and brominated compounds (Ben Hassine *et al.*, 2015).

Several studies have investigated the microbial quality of milk and its products through the world; in Egypt (Ahmed *et al.*, 2014; Abbas *et al.*, 2016), in Saudi Arabia (Al-Otaibi, 2009), in Sri Lanka (Deshapriya *et al.*, 2006), in Iran (Koushki *et al.*, 2015); in South Africa (Karzis *et al.*, 2018), in Korea (Ryu *et al.*, 2021), in India (Mallappa *et al.*, 2021), and in Tunisia (Dabbabi *et al.*, 2018; Fitouhi *et al.*, 2018; Klibi *et al.*, 2018). However, in Sfax region, Tunisia, a limited number of investigated samples in few studies have considered the microbial contamination of UHT (tetra-pack packaging) and pasteurized milk, as well as its fermented products (Samet-Bali *et al.*, 2016). The present study aimed to investigate the microbial quality assessment of cow's milk and its derivatives collected from industrial processing plants and traditional small-scale units in Sfax city (Tunisia), and to evaluate the hygiene and safety states of these agro-food products.

#### Materials and methods

Sampling was undertaken between January 2018 and April 2018 to assess the bacteriological quality of milk products. Two hundred and forty samples of UHT and pasteurized milk and their fermented products (yoghurt, Raieb, Lben, cheese, and butter) were collected from different industrial and traditional sales sites located in Sfax city (34° 44' N, 10° 45' E) in Tunisia (Table 1). Raieb and the Lben are the two main traditional dairy products consumed by Tunisian people. The first one is a milk product prepared by spontaneous fermentation at room temperature ( $25 \pm 2$  °C); its coagulation requires up to 18 h. After acidification and coagulation, the product is called "Raieb". Lben is prepared by spontaneous acidification of untreated raw milk until coagulation, followed by churning to recover the traditional butter. The preparation of the Lben involves warm water addition during the churning to enhance fatty phase separation by coalescence.

The samples were collected aseptically in sterile bags, kept in ice-cool box, and then immediately transported within 6 h to the Laboratory of Hygiene of Sfax, belonging to the Ministry of Health in Tunisia, where they were microbiologically analysed. The microbial concentration values were interpreted according to the European Commission (EC) limits for UHT sterilized milk, pasteurized milk, and its products (EC, 2004).

Process	Dairy product	Milk treatment	Sample number	Sample percentage (%)
	Milk	Pasteurization	43	17.9
	Yoghurt	Raw	13	5.4
Traditional	Cheese	Pasteurized	18	7.5
	Fermented:			
	* Raieb	Raw	15	6.3
	* Lben	Raw	16	6.7
	Butter		7	2.9
Industrial	Milk	UHT	50	20.8
	Yoghurt	Pasteurized	78	32.5
Total			240	100

Table 1 Dairy products randomly sampled from local market in Sfax, Tunisia

UHT, ultra-high temperature sterilized milk

The detection of food-borne pathogens in the sampled milk and its fermented products was qualitatively determined after enrichment. An amount of 25 g of each sample was enriched at a 1:10 ratio in buffered peptone water (BPW; VWR International) for 18 h at 37 °C. One millilitre of the stock solution or of its decimal dilutions was placed in a plate, to which ~15 mL of Plate Count Agar (PCA) medium (BioMérieux, Marcy l'Etoile, France) were added. These plates were incubated at 30  $\pm$  1 °C for 72  $\pm$  3 h. The plates with the number of colonies between 15 and 300 were counted (ISO, 2007).

The detection of  $\beta$ -glucuronidase-positive *E. coli* was carried out in industrial and traditional pasteurized milk and in traditional soft cheese according to ISO (2019) on tryptone bile x-glucuronide (TBX) medium (BioMérieux, Marcy l'Etoile, France). The result was obtained directly by counting the characteristic colonies after incubation at 44 ± 1 °C for 24 ± 1 h. Furthermore, the enumeration and isolation of total faecal coliforms were performed on Violet Red Bile Lactose (VRBL) medium (BioMérieux, Marcy l'Etoile, France) according to ISO (2007) after incubation at 30 °C and 44 °C for 18 to 24 h for total and faecal coliforms, respectively. The plates with a number of colonies between 10 and 150 were counted (ISO, 2007). The number (N) of colony-forming units per ml or per gram of sample (cfu/mL; cfu/g) was calculated considering the number of colonies obtained in the Petri dishes, according to the standard NF/ISO (2017):

$$N = \frac{\sum Ci}{(N1 + 0.1 N2)d \, x \, V}$$

Σ Ci: Sum of characteristic colonies counted on all retained Petri dishes;

N1: Number of Petri dishes retained at the first dilution;

N2: Number of Petri dishes retained at the second dilution;

d: Dilution rate corresponding to the first dilution;

V: Inoculated volume (mL);

N: Number of microorganisms (cfu/mL).

## Isolation and enumeration of S. aureus

From the stock suspension, 0.1 mL was spread on Baird Parker (BP) medium plates (Merck KGaA, Darmstadt, Germany). The Petri dishes were incubated at 37  $\pm$  1 °C for 24  $\pm$  1 h. Two colony types

were detected: typical, black-coloured, bright, converse colonies surrounded by a clear area and often an opalescent ring and atypical black-coloured colonies with no transparent edges. These two types of colonies underwent confirmatory tests (ISO, 2000). Five typical and atypical colonies were then taken from the Petri dish. For the same colony, a streak on Chapman medium (Merck KGaA, Germany) and another 2 cm steak on DNA agar (Merck KGaA, Germany) were performed. The Petri dishes were incubated at 37  $\pm$  1 °C for 24  $\pm$  1 h. In Chapman medium, *S. aureus* is positive when surrounded by a bright yellow zone.

In DNA agar, the polymerized DNA are precipitated in the presence of 1N HCl and the medium becomes opaque. If the bacteria produce sufficient deoxyribonucleases, a clear halo resulting from DNA hydrolysis appears around the colonies. Coagulase is an enzyme that occurs during the exponential growth phase and allows the clotting of rabbit plasma oxalate citrate. Weckman & Catlin (1957) showed a good correlation between deoxyribonuclease production and coagulase activity in *S. aureus* strains. A colony was inoculated in 0.5 mL of brain–heart infusion (BHI) broth medium (Merck KGaA, Germany) and incubated for 18–24 h at 37  $\pm$  1 °C. After incubation, 0.1 mL of the culture was mixed in a sterile haemolysis tube with 0.3 mL of rabbit plasma. The tube was incubated at 37  $\pm$  1 °C for 24  $\pm$  1 h. *Staphylococcus aureus* strains induced plasma coagulation most often after 30 min to 3 h of incubation (ISO, 2000).

ISO 6579-2017 (2017) is the horizontal reference method used for the detection of *Salmonella* spp. For *Salmonella* detection, 25 mL of each type of milk and its products were enriched in 225 mL of buffered peptone water (Alpha Bioscience, Maryland, USA), then incubated at  $37 \pm 1$  °C for  $18 \pm 1$  h. Then, 0.1 mL of the pre-enrichment was inoculated in 10 mL of Rappaport–Vassiliadis soya (RVS) broth (Merck KGaA, Germany) and incubated at  $42 \pm 1$  °C for  $24 \pm 1$  h. Suspected *Salmonella* colonies were subcultured on xylose lysine deoxycholate agar (XLD) medium (Merck KGaA, Germany, 24 h, 37 °C).

Biochemical tests were subsequently performed on one or more characteristic colonies to confirm the identification of *Salmonella*. The API 10S gallery (BioMérieux, France) was used for the biochemical identification.

Three steps were carried out for the detection of *L. monocytogenes* in milk products (ISO, 2017). Firstly, 25 g of the product were added to 225 mL of Fraser broth (Merck, France). The mixture was incubated at  $30 \pm 1$  °C for 25 h  $\pm 1$  h. Secondly, a transplant was carried out on polymyxin acriflavine lithium chloride ceftazidime aesculin mannitol agar (known as PALCAM medium; Alpha Bioscience, Maryland, USA) from the enrichment primary culture and then incubated at  $37 \pm 1$  °C for  $48 \pm 2$  h. The lack of growth on the PALCAM medium proves the absence of *Listeria* in the first enrichment. When suspicious colonies were detected, 0.1 ml of the first enrichment culture was added to 10 mL of Fraser broth and then incubated at  $37 \pm 1$  °C for 24 to 48 h, where *Listeria* sp. were presented as an olive green colony, with a central depression surrounded by a black halo.

For the *Listeria* biochemical identification, five typical colonies were inoculated on tryptone soy yeast extract agar (TSYEA) medium (Alpha Bioscience, Maryland, USA) and then incubated at  $37 \pm 1$  °C for  $24 \pm 1$  h. *Listeria* appeared as small, glossy, and transparent colonies in translucent chains with regular edges. These colonies were subjected to biochemical identification based on Gram stain, catalase test, and mobility followed by an API 10 *Listeria* gallery identification (Bio-Mérieux, France).

All the analyses were conducted in triplicate. The results were expressed as mean  $\pm$  standard deviation. Comparisons between the groups were performed using SPSS with one-way ANOVA tests, followed by a Student *t*-test; differences were considered significant at *P* ≤0.05.

## **Results and discussion**

A total of 43 samples of pasteurized milk and 50 samples of sterile UHT milk were microbiologically analysed (Table 2). All the sterile UHT milk samples were free of microbial contamination, regardless of the sterilization process used. A stability test was performed on these samples following incubation at 25 and 30 °C for 21 days. The results showed no change in the packaging, odour, appearance, and pH (pH =  $6.74 \pm 0.04$ ) of UHT milk. The results revealed an increment of total microbial count (TMC) in pasteurized milk, with 41 samples (98%) exhibiting high growth of TMC with a mean ( $\pm$  SD) of 2 × 10<sup>8</sup> cfu/mL (± 25%) and 13 samples (30%) showed E. coli growth with a mean (± SD) of 4.52 × 10<sup>6</sup> cfu/mL ( $\pm$  10%). There is a difference between TMC and *E. coli* in all tested samples (*P* < 0.05), but there was no difference (P > 0.05) in microbial count in the pasteurized milk samples. These results exceeded the European Commission (EC) maximum limit of total microbial count (5 ×10<sup>5</sup> cfu/mL) and of E. coli (10<sup>3</sup> cfu/mL), which confirmed the unsatisfactory safety of pasteurized milk samples destined for consumers. The UHT heating process (140 °C for 4 sec) should eliminate pathogenic microorganisms and increase the shelf life of unopened packages, which can then be stored for six months at ambient temperature (Machado et al., 2017). Fitouhi et al. (2018) mentioned that UHT sterilization of milk inactivated vegetative bacteria and most spore-forming bacteria. While testing 254 samples of pasteurized milk, Koushki et al. (2015) reported that the total microbial count and E. coli contamination exceeded the standard limits in 61.1 and 8.7% of the samples, respectively. Other studies have shown a substantial contamination of pasteurized milk by total mesophilic flora and E. coli that exceeds the standard limits, indicating an insufficient efficiency of the thermal treatment applied by dairy producers (Belli et al., 2013; Woldemariam & Asres, 2017; Osman et al., 2020).

Milk	Sample		TM	C	E. coli	
		Analysis	Concentration,	Concentration, Satisfaction		Satisfaction
	number		(cfu/mL)	(%)	(cfu/mL)	(%)
		Min	3.0 × 10⁵		2.0 × 10 <sup>2</sup>	
Pasteurized	43	Max	2.3 × 10 <sup>8</sup>	2	1.7 × 10 <sup>8</sup>	70
		Mean	2.0 × 10 <sup>8</sup>		4.5 × 10 <sup>6</sup>	
		(SD)	(0.05 × 10 <sup>8</sup> )		$(0.45 \times 10^6)$	
UHT	50		< 15	100	ND	ND

Fable 2 Microbial analysis o	f traditional pasteurized ar	nd ultra-high temperature (	(UHT) sterilized milk
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TMC: Total Microbial Count, *E. coli*: *Escherichia coli*, ND: Not determined, SD: Standard deviation, Satisfactory for TMC  $\leq 5 \times 10^5$  cfu/mL and for *E. coli*  $\leq 10^3$  cfu/mL

Samet-Bali *et al.* (2016) reported that pasteurization treatment may destroy many microorganisms in milk, but its improper handling could re-contaminate the milk after thermal treatment. The high concentration of total microbial count in pasteurized milk could be related to a high microbial contamination of

the raw milk used. Several studies reported that a higher microbial load of raw milk resulted in higher total microbial count of pasteurized milk (Salman & Hagar, 2013; Osman *et al.*, 2020).

Moreover, the presence of *E. coli* in pasteurized milk is a faecal contamination indicator, which may be attributed to an inappropriate sanitary environment in the post-pasteurization process (Samet-Bali *et al.*, 2016; Ryu *et al.*, 2021). This contamination could be associated with foodborne poisoning.

In pasteurized milk samples, *Listeria* was detected in only one sample that was contaminated by *L. monocytogenes*. The work performed by Bogdanovičová *et al.* (2016) detected the presence of *L. monocytogenes* in three samples of different raw milks (cow, goat, and sheep milk) studied in the Czech Republic. This bacterium is responsible for listeriosis, manifested mainly in pregnant women and immune-compromised people (Davis *et al.*, 2014; Lee *et al.*, 2019).

The present study of the commercial sampled yoghurts showed relatively low contamination by total and faecal coliforms (TC and FC), with 83% and 91% of samples following EC limits for TC and FC, respectively. However, 54% and 85% of traditional dairy yoghurts exceeded the standard limits in TC and FC, respectively (Table 3). In traditional yoghurts, the coliform counts at 37 and 44 °C showed no marked difference between all the studied samples, which can be explained by the lack of pasteurization or by the failure in the process, especially in the inadequacy of the temperature and time needed. According to the microbiological criteria for yoghurts recommended by the European Commission, counts of TC and FC should not exceed 10 cfu/g and 0.1 cfu/g, respectively. Pal *et al.* (2016) mentioned that the exposure of yoghurt to microbial contamination during processing, storage, and transport without basic sanitary practices and temperature control, could rapidly lead to the product spoilage, making it unacceptable for human consumption. In all analysed samples, *Salmonella* and *Listeria* were not detected, and consequently all the investigated products were safe from these pathogenic bacteria.

Process	Comple		TC		FC		
	Sample	Analysis	Concentration	Satisfaction	Concentration	Satisfaction	
	number		(ufc/mL)	(%)	(ufc/mL)	(%)	
		Min	<10		<10		
Traditional	13	Ma×	4.2 × 10 <sup>3</sup>	46	2.3 × 10 <sup>2</sup>	15	
		Mean	16.2 × 10 <sup>2</sup>		15.4 × 10 <sup>2</sup>		
		(SD)	$(0.05 \times 10^2)$		$(0.4 \times 10^2)$		
		Min	<10		<10		
Industrial	78	Ma×	50	83	18	91	
		Mean	16.55		7.5		
		(SD)	(0.23)		(0.3)		

 Table 3 Microbial analysis of artisanal and commercial yoghurts

TC: Total Coliforms, FC: faecal Coliforms, SD: Standard deviation, Satisfactory for TC: <10 cfu/g and for FC: ≤0.1 cfu/g

The microbiological analysis of the 31 Lben and Raieb samples is presented in Table 4. According to the EC standard limits, the analysis involved the counts of total and faecal coliforms, *Salmonella* sp., and *L. monocytogenes*. The results revealed the absence of *Salmonella* sp. and *L. monocytogenes* in

all the analysed samples. However, all of these exceeded the European Commission limits of total and faecal coliforms (10 cfu/g and 0.1 cfu/g, respectively), confirming the high microbial contamination and the doubtful safety of the traditional fermented milks (Lben and Raeib). There was no marked difference between TC and FC in the Lben and Raeib samples (P > 0.05).

Abbas *et al.* (2016), when studying the chemical characterization and microbial quality of "Laban Rayeb," as it is called in Egypt, found the same results. Furthermore, Samet-Balti *et al.* (2016) reported that 66.66 % of traditional Raieb sampled were contaminated by coliforms in Tunisia. Al-Otaibi (2009) recorded low concentrations of coliforms because of acidic pH values (pH <4.5) in the fermented milk; these results were confirmed by Samet-Balti *et al.* (2016), who mentioned a fermented milk of pH 3.8 - 4.7.

Coliforms can cause rapid spoilage of milk because they ferment lactose, producing acid and gas and are able to degrade milk proteins. Coliforms are associated with poor hygiene, and their occurrence in the product may indicate a potential health risk (Ryu *et al.*, 2021). The dairy product's original contamination is linked to the lack of hygiene along the production chain, starting with its management to the preservation of the final product, from milking and processing (including lack of hand hygiene, potable water unavailability, equipment cleaning, and lack of disinfection) (Samet-Balti *et al.*, 2016; Ryu *et al.*, 2021).

Fermented	Sample		ТС		FC		
		Analysis	Concentration	Satisfaction	Concentration	Satisfaction	
product	number		(cfu/g)	(%)	(cfu/g)	(%)	
Lben		Min	3.2 × 10 <sup>2</sup>		2.5 × 10 <sup>3</sup>		
	15	Ma×	4.5 × 10 <sup>6</sup>	0	5.2 × 10 <sup>6</sup>	0	
		Mean	2.9 × 10⁵	0	1.50 × 10⁵		
		(SD)	(0.08 × 10 <sup>5</sup> )		(0.06 × 10 <sup>5</sup> )		
	16	Min	10 <sup>2</sup>		1.5 × 10 <sup>3</sup>		
Raieb		Ma×	5.6 × 10⁵	0	3.8 × 10 <sup>6</sup>	0	
		Mean	2.1 × 10⁵	0	2.1 × 10⁵		
		(SD)	(0.02 × 10 <sup>5</sup> )		(0.01 × 10 <sup>5</sup> )		

Table 4 Microbial analysis of traditional fermented milk (Lben, Raieb)

TC: Total coliforms, FC: faecal coliforms, SD: Standard deviation. TC <10 cfu/g and FC ≤0.1 cfu/g is acceptable

The microbiological analysis of 18 traditional soft cheeses was concerned with the total coliform (TC), *E. coli, S. aureus, Salmonella* spp., and *L. monocytogenes* counts (Table 5), in accordance with EC standard limits. The results showed that 61% of these samples were acceptable in accordance with EC standard limits of total coliforms, and 94% were acceptable in terms of *E. coli* and *S. aureus*. Only one sample of traditional cheese was contaminated with *E. coli* and *S. aureus*, while *Salmonella* and *Listeria* were not detected in all the studied samples. No difference (P > 0.05) was revealed between growth germs in all the traditional soft cheese samples.

Soft cheeses made from pasteurized milk are frequently contaminated during the manufacturing process, especially during the ripening process; or cold storage may pose a hygienic hazard. This is particularly the case of the microorganisms belonging to the coliform groups, which are very often found in soft cheeses. This includes *E. coli* species, which are considered responsible for food poisoning.

	,		`	,		
	TC		E. coli		S. aureus	
Analysis	Concentration	Satisfaction	Concentration	Satisfaction	Concentration	Satisfaction
	(cfu/g)	(%)	(cfu/g)	(%)	(cfu/g)	(%)
Min	< 10		< 10		< 10	
Max	4.2 × 10 <sup>4</sup>	61	5.0 × 10 <sup>3</sup>	04	6.5 × 10 <sup>3</sup>	04
Mean	2.4 × 10 <sup>3</sup>	01	9.3 × 10 <sup>2</sup>	94	4.2 × 10 <sup>2</sup>	94
(SD)	(0.03 × 10 <sup>3</sup> )		(0.01 × 10 <sup>2</sup> )		(0.05 × 10 <sup>2</sup> )	

Table 5 Microbial analysis of tra	ditional soft cheese $(N = 18)$
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TC: Total coliforms, *E. coli*: *Escherichia coli*, *S. aureus*: *Staphylococcus aureus*, SD: Standard deviation. TC  $\leq 10^2$ /g, *E. coli*  $\leq 10^2$ /g, *S. aureus*  $\leq 10^2$ /g considered acceptable

The presence of coliform and *E. coli* generally indicates exogenous contamination of faecal origin, which demonstrates poor hygiene conditions during or after product processing. In addition, the presence of non-faecal coliforms indicates the risk of prevalence of other pathogenic bacteria (Ben Hassine *et al.*, 2015). Ryu *et al.* (2021) detected coliform concentrations exceeding the standard in cheese produced in one of six Korean farms, suggesting that hygiene management is the main prevention method for faecal coliform contamination. Raw milk cooling temperature affects the cheese microbial quality. In this case, Franceschi *et al.* (2021) mentioned that cooling temperatures of 9 °C reduced the number of spoilage bacteria (total count bacteria and psychrophilic bacteria) of Parmigiano Reggiano cheese compared to 20 °C.

Microbiological analysis of traditional butter indicated high percentages of TC and FC contamination of 57% and 29%, respectively. One butter sample (14%) showed contamination with *S. aureus* (Table 6). In the traditional butter samples, detection of *Salmonella* spp. and *L. monocytogenes* was negative. Ahmed *et al.* (2014) reported high coliform counts in all the studied butter samples in Egypt, with a mean value of 10<sup>7</sup>–10<sup>8</sup> cfu/g. *Staphylococcus aureus* is mastitic bacteria which may contaminate bulk milk and is a public health concern because it is a zoonotic pathogen (Karzis *et al.*, 2018). In Tunisia, traditional butter is obtained after spontaneous fermentation of milk, followed by churning, which concentrates the fat ~20 times. According to Samet-Bali *et al.* (2009), the traditional Tunisian butter shelf life is 12 days at 4 °C and 2 days when stored at 10 °C. Prolonged storage time and improper plant sanitation are the major sources of traditional butter spoilage by microorganisms (Samet-Bali *et al.*, 2009; Mehdizadeh *et al.*, 2019).

	Total coliforms		Faecal coliforms		S. aureus	
Analysis	Concentration	Satisfaction	Concentra-	Satisfac-	Concentra-	Satisfaction
	(cfu/g)	(%)	tion (cfu/g)	tion (%)	tion (cfu/g)	(%)
Min	< 10		< 10		< 10	
Ma×	<b>1</b> 0 <sup>10</sup>	43	4.2 × 10 <sup>3</sup>	71	4.0 × 10 <sup>4</sup>	86
Mean	3.7 × 10 <sup>8</sup>		6.1 × 10 <sup>2</sup>		8.0 × 10 <sup>2</sup>	
(SD)	$(2.4 \times 10^7)$		(1.2 × 10 <sup>1</sup> )		(0.8 × 10 <sup>1</sup> )	

Table 6 Microbial analysis of traditional butter (N = 7)

SD: Standard deviation. Total coliforms: <25 cfu/g, faecal coliforms: Absence/g S. aureus: Absence/0.01 g is considered acceptable

#### Conclusion

In the present study, the majority of the investigated commercial dairy products showed compliance of greater than 80% in accordance with the EC limits. Traditionally manufactured products were contaminated by several pathogenic organisms affecting human health, with the majority of the investigated samples being out of the acceptable standards. The lack of hygiene and deficiency of awareness among the employees working at the farm (i.e., hygiene, milking practice) and those implicated during the milk processing could be responsible for the initial raw milk contamination and spoilage of the derivatives. Traditional producers must implement good manufacturing practices and HACCP management systems to ensure safety and quality of dairy products. Furthermore, the Government is responsible for protecting consumers and ensuring food safety by strengthening food control systems and working to implementing laws and inciting the application of appropriate preventive methods, such as HACCP, to hold industries more accountable and regulate food hazards.

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