

Gene expression at different cell stages of *in vitro*-fertilized bovine embryos

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Abstract

The birth rate of embryos produced *in vitro* (IVF) is still lower than that of embryos produced *in vivo*. Three major steps for the success of the IVF technique are maturation of immature oocytes, fertilization of matured oocytes, and culture of the resulting embryos. Studying mRNA expression in early embryonic development stages is important and can help to assess embryo quality and optimize production protocols *in vitro*. The current study aimed to determine the expression levels of developmentally important genes in different stages of bovine embryos produced *in vitro*. Cumulus-oocyte complexes (COCs) were collected from bovine ovaries and cultured in synthetic oviduct fluid (SOF) medium for 7 - 9 days. Embryos were collected at the time-points listed above, and mRNA expression of genes involved in pluripotency (*OCT4*), DNA methylation (*DNMT1*), apoptosis (*BAX*), and metabolism (*GLUT1*) and a heat shock protein (*HSP70*) was estimated from the 2-cell stage to the blastocyst stage of embryos. The results showed statistically significant differences in the relative abundance (RA) of *OCT4*, *DNMT1*, *BAX*, and *GLUT1* gene transcripts among the different stages, whereas there were non-significant differences in the RA of *HSP70* between these stages. In conclusion, gene expression levels differ among the developmental stages of embryos produced *in vitro*, possibly because of the timing of embryonic genome activation (EGA).

Keywords: bovine *in vitro* maturation, embryo production, gene expression, *in vitro* fertilization

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Introduction

In vitro embryo production is an important biotechnology in cattle husbandry and breeding, and the use of this technique has increased greatly. Bovine embryos are produced around the world by commercial companies (Camargo *et al.*, 2006; Abd El-Aziz *et al.*, 2016; Stoecklein *et al.*, 2021; Blaschka *et al.*, 2021).

Certain steps are performed in *in vitro* production of embryos to mimic the *in vivo* conditions in different types of animals. These steps begin with the maturation of oocytes *in vitro*, which takes place within 20 - 24 hours in bovines (Wrenzycki, 2018; Damayanti *et al.*, 2020), and the extrusion of the first polar body, which are prerequisites to fertilization and the initiation of embryonic development (Mehlmann, 2005; Sirard, 2016; Turhan *et al.*, 2021). Therefore, the maturation of the oocyte is important for fertilization and preimplantation development (Barakat *et al.*, 2018).

In vitro fertilization is the second step in *in vitro* production, which is characterized by the extrusion of the second polar body and the formation of the male and female pronuclei (Parrish, 2014). The *in vitro* culture of bovine embryos is the last step of *in vitro* production, which requires approximately 7 - 9 days of culture from the zygote stage. The events that occur in the embryo during this step include the first cleavage division, embryonic genome activation, morula compaction, and blastocyst formation (Wrenzycki, 2018; Ramos-Deus *et al.*, 2020; Nogueira *et al.*, 2021). Maternal transcripts stored within the oocyte during oogenesis regulate early embryonic development. Maternally derived transcripts are degraded as development progresses, whereas embryonic genome activation begins from the time of maternal to zygotic transition (MZT) (Graf *et al.*, 2014).

Embryo quality can be assessed using genes that serve as genetic markers and play roles in the pre- and post-implantation development of embryos, where the expression of these genes correlates with the timing of embryonic genomic activation (Sadeesh *et al.*, 2014a). These genes are involved in biological processes such as DNA methylation, which is accomplished by adding a methyl group to the fifth carbon atom of cytosine with the help of a group of enzymes known as DNA methyltransferases. This mechanism is

critical in maintaining genome stability in preimplantation embryos (Sagirkaya *et al.*, 2006; Urbanek-Olejnik *et al.*, 2014; Uysal *et al.*, 2015; Chen & Zhang, 2020). Pluripotent cell populations are maintained by the gene *OCT4*, which belongs to the POU (Pit-Oct-Unc) transcription factor family. This transcription factor is required for maintaining inner cell mass pluripotency, which is present in all cells at the morula stage, and is downregulated in the trophectoderm of the bovine blastocyst (Kurosaka *et al.*, 2004; Hess *et al.*, 2019). Glucose transport across the cell plasma membrane as a primary source of energy is mediated by the transporter *GLUT1* gene. After entering embryonic cells, glucose is metabolized via glycolysis, which generates ATP. This metabolism increases with glucose uptake, which is correlated with the timing of compaction and blastulation (Lopes *et al.*, 2007; Ostrowska *et al.*, 2015).

During preimplantation, genomic stability is necessary in the embryo, which is achieved by the maintenance of normal methylation patterns (Urbanek-Olejnik *et al.*, 2014; Uysal *et al.*, 2015; Chen & Zhang, 2020), homeostasis via apoptosis initiation (Korsmeyer, 1999; Li *et al.*, 2009), and stress protection (Luft & Dix, 1999; Chen *et al.*, 2018), all of which are critical in embryo development. This study aimed to determine the gene expression levels of developmentally important genes in different stages of bovine embryos produced in vitro during the preimplantation period.

Materials and methods

In vitro-fertilized bovine embryos were studied in different cleavage stages during the 7 - 9 days of culture. Three replicates of each embryonic stage (2-cell stage (18 embryos for each replicate), 4-cell stage (14 embryos), 8-16-cell stage (12 embryos), morula (8 embryos), and blastocyst (6 blastocysts) were collected and washed at least twice in 0.1% PVA-PBS, then frozen in 5 μ L of the same solution and held at -80 °C until RNA was extracted. (De Oliveira *et al.*, 2005). The following genes were selected for the measurement of gene expression during the in vitro development of bovine embryos: *OCT4* (pluripotency gene), *DNMT1* (DNA methyltransferase), *BAX* (apoptosis gene), *GLUT1* (glucose transporter), and *HSP70* (heat shock protein).

Cumulus oocyte complexes (COCs) were obtained by aspirating follicles from bovine ovaries collected after slaughter (Im *et al.*, 1995; Galli *et al.*, 2003; Saadeldin & Jang, 2018; Lira *et al.*, 2020). After the COCs were washed in TCM-199 Earle's salt medium (Sigma M4530; Merck KGaA, Darmstadt, Germany) supplemented with 0.5 mM sodium pyruvate, 25 μ g/ml gentamycin sulfate, 1 μ g/ml estradiol-17 β (Sigma E2758), 0.02 AU/mL FSH (Sigma F8174), 0.023 IU/mL LH (Sigma L5269), and 10% FBS, groups of 10 - 15 COCs were placed in 50 μ L drops of maturation medium under mineral oil and cultured for 21 - 24 hours at 39 °C in an atmosphere of 5% CO₂ in air with maximum humidity (Plourde *et al.*, 2012; Cánepa *et al.*, 2014a; Sprícigo *et al.*, 2016; Ferré *et al.*, 2020) (Figure 1). TCM-199 was used as the maturation medium. Photomicrographs of the oocytes and embryos were produced with a cell phone camera and an inverted microscope at 200x and 400x magnifications.

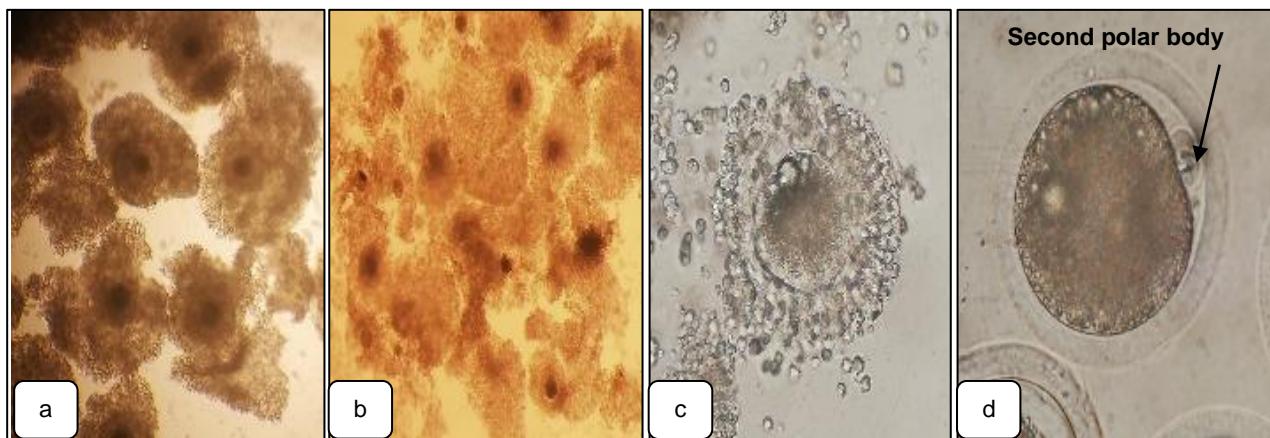


Figure 1 In vitro maturation of oocytes: a) immature oocytes after collection, b) mature oocytes after 21–24 hours of maturation, c) mature oocytes, d) fertilized oocytes.

Frozen bull semen was thawed in 37 °C water and transferred to a discontinuous Percoll gradient (2 mL of 45% Percoll over 2 mL of 90% Percoll) (Machado *et al.*, 2009; Saadeldin & Jang, 2018; Vega *et al.*, 2018; Aguiar *et al.*, 2019; Sá *et al.*, 2020; Maziero *et al.*, 2020; Nogueira *et al.*, 2021). Then, the samples

were centrifuged at 700 g for 30 min at room temperature (Daniels *et al.*, 2000). The supernatant was discarded, and the spermatozoon pellet was resuspended in in vitro fertilization media (IVF-B.O) and kept in an incubator for three hours in a humidified atmosphere of 5% CO₂ at 39 °C to increase capacitation. After 3 hours, sperm were counted using a hemocytometer and prepared at a final concentration of 2x10⁶ cells/ml (Plourde *et al.*, 2012; Cánepa *et al.*, 2014a; Sprícigo *et al.*, 2016; Sá *et al.*, 2020).

Matured COCs were washed and transferred to 60 mm Petri dishes in 10 drops of 50 µl each per dish, which were then covered with embryo-tested mineral oil. Ten to 15 oocytes were cultured in each droplet of in vitro fertilization medium (IVF-BO) supplemented with 1.25 mM pyruvate, 25 µg/ml gentamycin, 11.12 µg/mL heparin (Sigma H3149), and 3 mg/ml bovine serum albumin (Sigma A6003). Finally, motile sperm were prepared before being added to the COCs at a final concentration of 2x10⁶ cells/mL, with 24 hours co-incubation in a humidified atmosphere of 5% CO₂ at 39 °C (Cánepa *et al.*, 2014a).

Fertilized and unfertilized COCs were mechanically denuded by repeated pipetting with a glass Pasteur pipette in a hyaluronidase enzyme solution to completely remove cumulus cells and were washed in the in vitro culture medium (IVC-SOF) (Caisson IVL05). Then, 20 - 25 zygotes were cultured in a droplet of the IVC-SOF supplemented with 0.34 mM sodium pyruvate, 1 mM L-glutamine, 50X MEM-essential amino acids (Sigma B6766), 100X MEM nonessential amino acids (Sigma M7145), 3 mg/mL BSA (Sigma A6003), 25 µg/ml gentamycin, 1.5 mM glucose, and 1 µg/ml EDTA in a 35 mm Petri dish, and the drops were covered with embryo-tested mineral oil. Embryos were cultured in an incubator for 7 - 9 days at 39 °C in 5% CO₂, 5% O₂, and 90% N₂ atmosphere with high humidity inside the incubation chamber (Rodríguez-Alvarez *et al.*, 2010; Cánepa *et al.*, 2014a).

The RNA was isolated from the embryos with the PureLinkTM RNA mini kit (Cat. no. 12183-018A, Thermo Fisher Scientific, Waltham, Massachusetts, USA). Then 0.4 ml lysis buffer was added to each sample, followed by vortexing, and RNA was purified according to the manufacturer's instructions. Complementary DNA (cDNA) was synthesized with a high-capacity cDNA reverse transcription kit (Cat. no. 4368814, Thermo Fisher Scientific), with 10 µl RNA, 2 µl of 10X RT buffer, 2 µl random primers, 0.8 µl dNTP mix (100 mM), 1 µl multiscribe reverse transcriptase and 4.2 µl nuclease-free H₂O were mixed in a 200 µl polymerase chain reaction (PCR) tube. Then, the samples were placed in a thermocycler according to the following program: 25 °C for 10 min, 37 °C for 120 min, and 85 °C for 5 min. The synthesized cDNA was stored at -20 °C prior to real-time PCR.

Amplification with SYBR green master mix (Thermo Fisher Scientific) was performed on an Applied Biosystems ViiA 7 real-time PCR system (Thermo Fisher Scientific) in a 12.5 µl reaction to assess the gene expression of *OCT4*, *DNMT1*, *BAX*, *GLUT1*, and *HSP70* relative to that of the housekeeping gene glyceraldehyde-3-phosphate dehydrogenase (*GAPDH*). Forward and reverse primers used in these assays are shown in Table 1. All genes of interest were analysed in duplicate in clear 96-well plates containing multiple samples. Amplification was carried out in a 12.5 µl reaction mixture containing 6.25 µl of SYBR Green, 0.25 µl of each forward and reverse primer, 2 µl of cDNA template, and 3.75 µl of nuclease-free water. The RT-PCR program was as follows: 50 °C for 2 min; 95 °C for 10 min; 40 cycles of denaturation at 95 °C for 15 seconds, annealing at 60 °C for 1 min and extension at 95 °C for 15 seconds; and a final extension at 60 °C for 1 min.

Table 1 Primers that were used to amplify the selected genes by real-time polymerase chain reaction

Gene	Forward (F) and Reverse (R) Primer Sequences (5-3)	Accession Number	Function	References
GAPDH	F: GGTTGTCTCCTGCGACTTCAA R: AATGCCAGCCCCAGCAT	NM 001034034.1	Reference gene	(Cánepa <i>et al.</i> , 2014a)
OCT4	F: GTTCTCTTGGAAAGGTGTT R: ACACCTGGACCACGTCTTC	NM174580	Pluripotency	(Rodríguez-Alvarez <i>et al.</i> , 2010)
DNMT1	F: TTGGAACTTCGTCTCCTCA R: GCCAAAGGTGCACTGGTACC	AY173048	DNA methylation	(Amarnath <i>et al.</i> , 2007)
BAX	F: GCGCATCGGAGATGAATTG R: CCAGGTGAAGTTGCCGTACGA	U92569	Apoptosis	(Amarnath <i>et al.</i> , 2007)
GLUT1	F: CTGATCCTGGTCGCTTCA R: GGATACCTCCCCACGTACA	M60448	Glucose transporter	(Amarnath <i>et al.</i> , 2007)
HSP70	F: AGCAAAGAACCAAGTCGCAATG R: AAGGTAGGCTTCTGCGATTCC	BC105182	Stress	(Rodríguez-Alvarez <i>et al.</i> , 2010)

The comparative CT method (Schmittgen & Livak, 2008) was used for the relative quantification of target gene expression levels, which were normalized to the reference *GAPDH* gene. The ΔCT value was obtained by subtracting the *GAPDH* CT value for each sample from the target gene CT value. The $\Delta\Delta CT$ value was calculated by using the highest sample method ΔCT as an arbitrary constant, which was subtracted from all other ΔCT sample values. The changes in the gene expression of the target genes were determined by using the 2- $\Delta\Delta CT$ formula (Amarnath *et al.*, 2007; EM *et al.*, 2014).

Statistical analysis was performed with SPSS 20 software. For the analysis of relative differential gene expression (IVP) in bovine embryos, differences among means were analysed by one-way ANOVA, followed by multiple pairwise comparisons using Duncan's test. Data were presented as the mean \pm standard error). *P*-values of less than 0.05 were considered significant (EM *et al.*, 2014).

Results and Discussion

Representative photomicrographs of the IVF bovine embryos at different stages from the 2-cell stage to the blastula stage are shown in Figure 2.

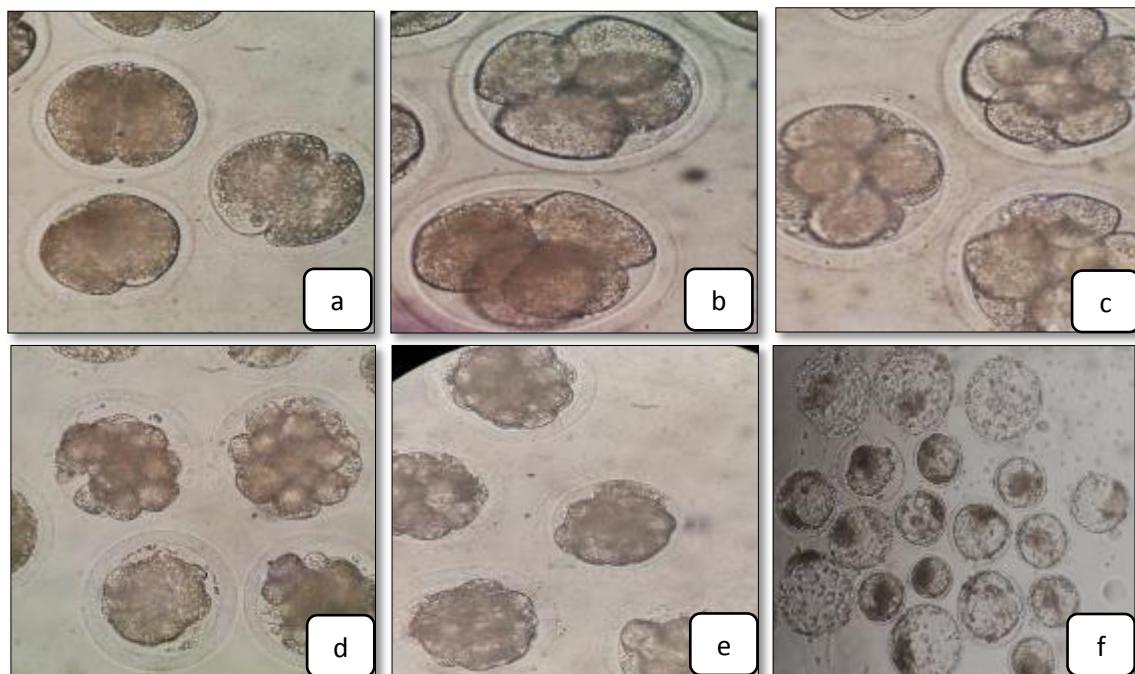


Figure 2 Photographs of bovine in vitro embryo development at different cell stages: a) 2-cell stage, b) 4-cell stage, c) 8-cell stage, d) 16-cell stage, e) morula, f, g) blastocyst.

The *OCT4*, *DNMT1*, *BAX*, *GLUT1*, and *HSP70* transcripts were detected in several cleavage stages of bovine embryos collected on different days of culture, including the 2-cell, 4-cell, 8 - 16 cell, morula, and blastocyst stages (Figure 2). The expression of the *OCT4* gene was significantly higher in the morula stage than in the other stages according to the findings. Furthermore, relative to the earlier stages, the expression of the *DNMT1* gene increased significantly in the 4-cell stage. *BAX* gene expression was significantly higher in the 4-cell stage than in the morula and blastocyst stages, but its level was nonsignificant in the 2- and 8-16-cell stages. The *GLUT1* gene showed much higher expression in the morula stage than in the other stages. There were no significant differences in the expression of the *HSP70* gene at any stage (Figure 3).

Embryonic genome activation occurs in waves with the timing varying by species; it occurs at the 2-cell stage in mouse embryos, the 4 - 8-cell stage in pig embryos, the 8 - 16-cell stage in bovine embryos (Sirard, 2012), and the 4 - 8-cell stage in humans (Braude *et al.*, 1988).

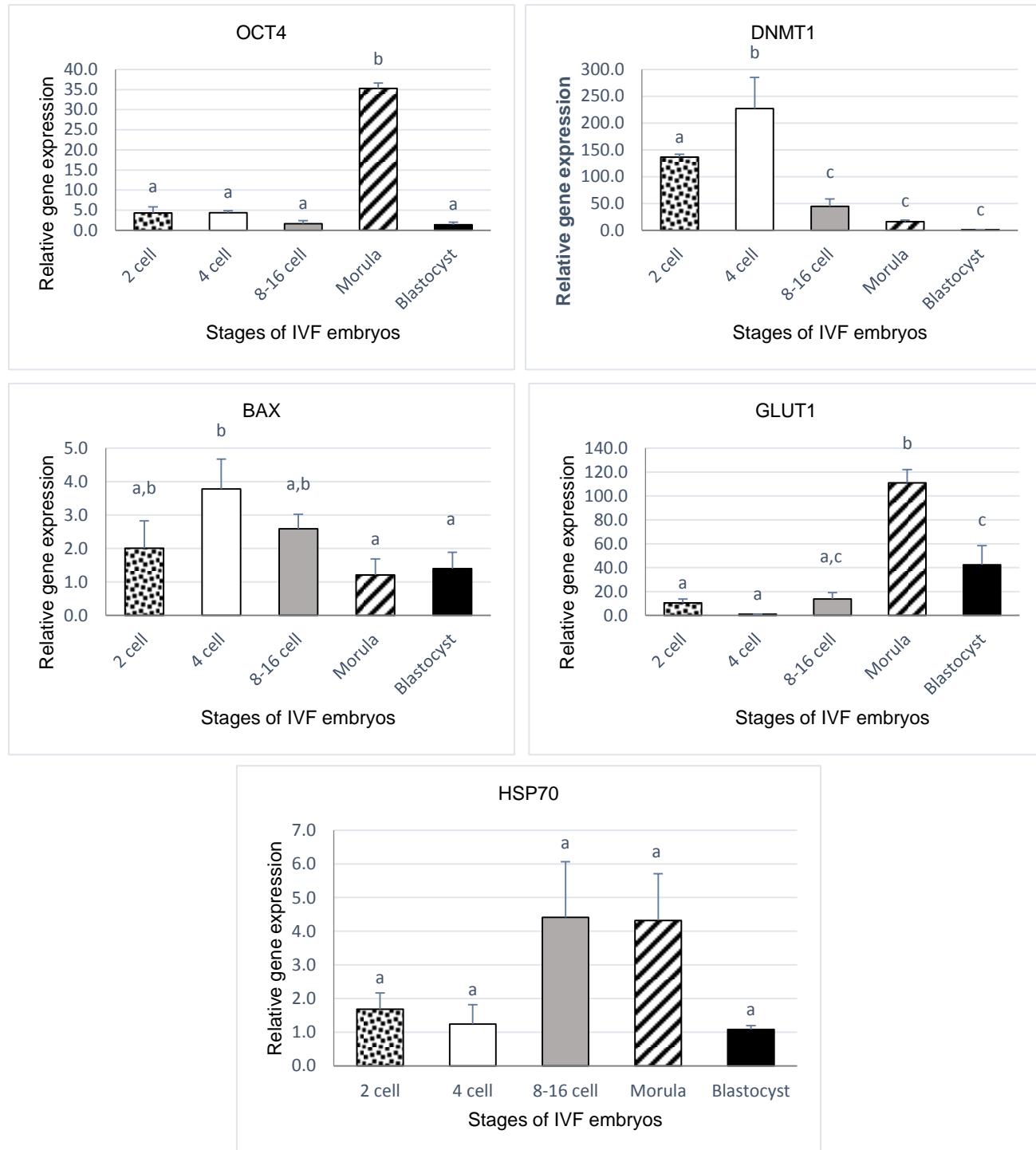


Figure 3 Comparison of *OCT4*, *DNMT1*, *BAX*, *GLUT1*, and *HSP70* gene expression in different embryonic stages

The genes studied in this work play a crucial role in early embryonic development, and the current findings revealed changes in gene expression levels at different stages of embryonic development before and after embryonic genome activation. Some of these genes were down-regulated or up-regulated at distinct cell stages, which could be because of oxidative stress under the culture conditions, high maternal genome storage, or the expression of other genes that could alter the expression of these genes (Graf *et al.*, 2014; Sadeesh *et al.*, 2014a).

The *OCT4* gene is important for the maintenance of a pluripotent cell population in preimplantation embryos (Kurosaka *et al.*, 2004; Hess *et al.*, 2019), and the expression of this gene was significantly higher in the morula stage than in the other examined stages. This result agrees with those of Kurosaka *et al.* (2004), who showed that the *OCT4* transcript level starts to increase after embryonic genome activation and presents a sharp increase after compaction. Therefore, this gene is present in all cells of the morula stage and is downregulated in the trophectoderm (TE) of bovine blastocysts. These differences may explain the decrease in the expression of this gene in the blastocyst. The *DNMT1* protein is responsible for DNA methylation, which is essential to normal embryonic development and cellular differentiation by silencing differentiation-associated genes and activating the critical genes for embryo development (Sagirkaya *et al.*, 2006; Uysal *et al.*, 2018). The expression of this gene in the 2- and 4-cell stages was significantly higher than in the other stages (8 - 16-cell, morula, and blastocyst), which showed gradual decreases in expression relative to the 2- and 4-cell stages. This result was consistent with those of Duan *et al.* (2019), who reported that although large amounts of *DNMT1* mRNA were stored in oocytes, the *DNMT1* mRNA level remained very low after embryonic genome activation in bovine embryos (Graf *et al.*, 2014). This result was similar to the findings of Hou *et al.* (2007), who showed that the methylation level decreased after the 8-cell stage and that this decrease continued through the morula stage. Furthermore, expression was higher in the 4-cell stage than in the 2-cell stage, indicating that *DNMT1* expression may have increased to suppress the expression of genes whose expression was not needed at this stage and to maintain the stability of gene expression states (Dor & Cedar, 2018).

Apoptosis induced by the expression of the *BAX* gene occurs in response to environmental stressors as a normal feature of pre-implantation development (Matwee *et al.*, 2000; Fahrudin *et al.*, 2002). The current study revealed that although the expression of the *BAX* gene was greatest at the 4-cell stage it was not significantly higher than that in the 2-cell, 8-cell, and 16-cell stages, but was significantly higher than that at the morula and blastocyst stages. These results are not in accord with those of EM *et al.* (2014), who reported that apoptosis was first observed in bovine in vitro-fertilized embryos at the 8- to 16-cell stages. However, these results do agree with the findings of other researchers (Byrne *et al.*, 1999; Fahrudin *et al.*, 2002) that suboptimal conditions in the culture system can induce apoptosis in bovine embryos produced in vitro and with the observation of cell death resistance gene expression reported by Hardy (1997). These findings may be explained by the observation of Cánepa *et al.* (2014b) that there is an interaction between *HSP70* and *BAX* gene expression, possibly as a result of stress conditions, causing apoptosis to occur in embryos and thus increasing the expression of *HSP70* while *BAX* expression is down-regulated to protect the embryos.

The cyto-protective factor *HSP70* helps embryos recover from stress-induced damage (Cánepa *et al.*, 2014b). This study revealed non-significant increased expression of *HSP70* in the 8 to 16-cell and morula stages relative to the 2- and 4-cell and blastocyst stages. These results are consistent with those of Luft and Dix (1999), who reported that *HSP70* was expressed beginning in the embryonic period for gene activation in cleavage-stage embryos. Thus, embryos at different developmental stages are exposed to a wide range of environmental stressors leading to the expression of *HSP70*.

The *GLUT1* gene plays an important role in the diffusion of glucose across the cell plasma membrane, and glucose is an important energy substrate for the development of embryos (Lopes *et al.*, 2007; Ostrowska *et al.*, 2015; Arhin *et al.*, 2018). A significant sharp increase in *GLUT1* gene expression was observed in the morula stage relative to the other stages. This result was corroborated by previous findings (Lequarre *et al.*, 1997), which showed that glucose metabolism in bovine embryos is low during the first cleavages and increases sharply after the resumption genomic activity (8 - 16 cells). Other authors (Lopes *et al.*, 2007) reported that during compaction and blastocyst formation glucose uptake by the embryo increases and causes increased expression of *GLUT1*. The expression of *GLUT1* also increased in the blastocyst stage but was not significantly higher than in the morula stage of development. There was a non-significant difference relative to the 8-16-cell stage, which may be in accord with the return to higher levels of Glut-1 in trophectoderm cells compared with the inner cell mass cells reported in (Wrenzycki *et al.*, 2003) and agrees with the findings of Wrenzycki *et al.* (2003) and Lopes *et al.* (2007).

Conclusions

The results of this work indicated that the levels of gene expression differ between different cell stages in embryos produced in vitro due either to the timing of embryonic genome activation or to in vitro conditions that alter the expression level of genes. This gene expression is important in early development to assess the normality of bovine embryos produced in vitro. The longer-term application is development of biomarkers for success of in vitro production of embryos (i.e., embryo quality). These biomarkers could be applied to research studies testing different in vitro embryo production strategies on reproductive success.

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Authors' Contributions

All of the authors contributed to the conceptualization of this study, ANA-M and MQA-G collected the samples and conducted the laboratory analyses, ANA-M performed the statistical analysis, interpreted the results and drafted the manuscript; MHD and ARA reviewed and edited the article, and ARA administered the project.

Conflicts of Interest Declaration

The authors of this manuscript have declared that there is no conflict of interest pertaining to this work.

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