

Review article

Herbal extracts and organic acids as natural feed additives in pig diets

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Abstract

This article summarizes experimental knowledge of the efficacy, modes of action and applications of herbal extracts and organic acids as feed additives for pigs. Herbal extracts comprise a wide variety of herbs, spices and, most importantly, essential oils. Organic acids, characterized as short-chain weak acids, are widely distributed in nature as normal constituents of herbal or animal tissues. Herbal extracts and organic acids can stimulate feed intake and the production of endogenous secretions and nutrient absorption, protect against the colonization of pathogenic microorganisms in the animal gut, reduce the fermentation process and production of toxic metabolites, and present a beneficial effect on the intestinal microbiota. Therefore, these compounds could replace antibiotics as growth promoters for pig production. However, a systematic approach to the efficacy and safety of herbal extracts and organic acids as feed additives for swine is still non-existent.

Keywords: Antimicrobial, botanicals, organic acids, swine

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1. Introduction

Antimicrobial properties of medicinal and aromatic herbals and their extracts have been observed since ancient times, but it was only in the early 1900s that these activities were first characterized in a laboratory. The benefits of herbal extracts to animals may be related to the increase in digestive secretions, improvement of digestibility and absorption of nutrients, modification of intestinal microbiota, stimulation of the immune system and antibacterial activities, coccidiostatic, anthelmintic, anti-viral or anti-inflammatory and antioxidant properties (Costa *et al.*, 2007; 2011a).

Organic acids, which are characterized as weak and short-chain acids, are widely distributed in nature as constituents of herbal and animal tissues. However, these compounds are also obtained through the fermentation of carbohydrates, which is a common occurrence in the large intestine of pigs. Organic acids and their salts have the ability to lower the gastric pH, resulting in an increased gastric retention time and improved activity of proteolytic enzymes. They can also reduce the diet's buffering capacity, inhibit the proliferation and colonization of undesirable microorganisms in raw materials, feed and gastrointestinal tract of animals, act on the physiology of the gastrointestinal mucosa, and ease the availability of nutrients in the diet, improving their digestion, absorption and retention (Costa *et al.*, 2011a).

Herbal extracts and organic acids have been tested in the diets of pig as potential alternatives to antibiotics on growth promotion. However, many questions about the effectiveness of this substitution still need to be clarified. Therefore, the aim of this review is to research and evaluate recent information on the use of these additives, with the emphasis on their modes of action to improve pig performance.

2. Herbal extracts

Herbal extracts are defined as herbal-derived compounds that are incorporated into animal diets in order to promote growth performance and the quality of products. They are classified according to their origins and processes: extracts, spices, essential oils (lipophilic compounds extracted by steam distillation of the ground herbals) and oleoresins (compounds extracted by non-aqueous solvents) (Windisch *et al.*, 2007).

Modern laboratory techniques enable the isolation and characterization of bioactive substances from herbal sources. Bioactive substances are chemical compounds that are present in all parts of an herbal or are found in specific locations, which give the herbal material a therapeutic activity. Moreover, these molecules usually have a low molecular weight and are derived from the secondary metabolism of herbals.

The bioactive principles vary widely in concentration and antibacterial activity from one botanical species to another, but few have presented similar growth-promoting activity in comparison with the classic antibiotics. These compounds, for example capsaicin (pepper), cinnamaldehyde (cinnamon), eugenol (clove) and carvacrol (oregano), are produced in the plant as defence mechanisms against external factors such as physiological stress (that is, lack of water or nutrients), environmental factors (climate changes) and protection from predators and pathogens (Oetting *et al.*, 2006a).

The content of these active substances in herbal extracts varies greatly, depending on the herbal part (seeds, leaves, stems, roots or bark), geographic origin, herbal maturity stage, preservation methods and period, storage and extraction methods (Windisch *et al.*, 2007). Usually, these substances are not present in a pure state within the herbal cells, but in the form of complexes, which in some instances have better antimicrobial activity in the animal body.

Recent research has demonstrated the existence of a synergistic effect between the primary and secondary active principles of herbals. For example, in oregano, the carvacrol is present in a high concentration (primary active principle) and the thymol in a lower concentration (secondary active principle). The secondary components, which are active principles that are found in small concentrations, act as enhancers of the primary compounds (Kamel, 2000). However, antagonistic effects have also been observed between the active principles present in phytochemical compounds, as well as between the various additives used as promoters of animal growth (Costa *et al.*, 2011b). Different combinations or different levels of herbal extracts must be considered in order to have control of the balance between synergism and antagonism, as well as animal health and growth versus possible toxicity of the additives, which might reflect directly in reduced or improved animal performance (Mellor, 2000).

The elucidation of the mode of action will provide the scientific basis to establish the efficacy and safety of these additives, thus allowing the development of long-term strategies in formulating specific and improved diets. Only then, would the industry and consumers benefit from the use of these products and utilize them as standard practice, similar to the antibiotics used as growth promoters.

2.1. Modes of action of herbal extracts

The possible mechanisms of action of herbal extracts in the animal organism for growth promotion include changes in the intestinal microbiota (Dorman & Deans, 2000); increased digestibility and nutrient absorption (Oetting *et al.*, 2006a); enhanced nitrogen absorption (Alçiçek *et al.*, 2004); improvement of the immune response (Namkung *et al.*, 2004); morphological and histological modifications of the gastrointestinal tract (Utiyama *et al.*, 2006); and antioxidant activity (Botsoglou *et al.*, 2002b; 2004). However, most of these studies were performed in controlled laboratorial conditions, and in practice most herbal extracts should be included in higher doses to the animal diet than those used *in vitro* to present the same bactericidal or bacteriostatic effect. Therefore, in the animal, the mode of action and place of action of the active components in herbal extracts (phyto-components or phyto-molecules) depend on their structure, metabolism and level of inclusion (Costa *et al.*, 2011a).

2.2. Antimicrobial activity

Herbal extracts and metabolites are known to exert an *in vitro* antimicrobial effect against many zoonotic and foodborne pathogens (Essawi & Srouf, 2000; Nascimento *et al.*, 2000; Araújo & Leon, 2001; Harris *et al.*, 2001; Karanika *et al.*, 2001; Salvat *et al.*, 2001; Srinivasan *et al.*, 2001; Vieira *et al.*, 2001; Si *et al.*, 2006; Ozer *et al.*, 2007).

Studies based on minimum inhibitory concentration (MIC) methods have demonstrated that herbal extracts present similar effects to most commercial antibiotics (Kamel, 2000); but need to be added in greater concentrations to demonstrate their effects (Burt, 2004). Many studies have shown that herbal extracts and isolated bioactive compounds have a wide spectrum of *in vitro* bactericidal activity. The mechanism by which the majority of herbal extracts exert their antibacterial effect is by acting in the bacterial cell wall structure, denaturing and coagulating proteins. More specifically, the essential oils act by altering the permeability of the cytoplasmic membrane to hydrogen ions (H⁺) and potassium (K⁺). This change leads to the disruption of essential cellular processes such as electron transport, protein translocation, oxidative phosphorylation and other enzyme-dependent reactions, resulting in the loss of chemiosmotic control and, consequently, in bacterial death (Dorman & Deans, 2000). According to these authors, the disruption of the bacterial cytoplasmic membrane is owing to the lipophilic nature of essential oils that accumulate in the membranes. Gram-negative bacteria have an outer membrane that contains lipopolysaccharides, which form a hydrophilic surface that creates a barrier to the permeability of hydrophobic substances such as essential oils. This could explain the higher resistance of gram-negative bacteria to the antimicrobial effect of some essential oils, compared with gram-positive bacteria (Oetting *et al.*, 2006b). Other mechanisms of action may be related to the inhibition of nutrient absorption, enzymatic inhibition, synthesis of DNA, RNA and synthesis of proteins by the bacterial cells (Lambert *et al.*, 2001; Luciano & Holley, 2009).

The effects of herbal extracts on microorganisms have been demonstrated *in vitro*. Some *in vivo* studies with pigs (Jug-Chizzola *et al.*, 2005; Hagemüller *et al.*, 2006; Li *et al.*, 2012; Yan *et al.*, 2012) have demonstrated the antimicrobial potential of herbal extracts to replace antibiotics in feeds. However, the data are too limited to allow reliable conclusions on the efficacy of phytochemical feed additives.

2.3. Influence on diet palatability and gut functions

Herbal extracts are often used in animal diets to improve palatability and productive performance in particular. However, studies testing the palatability of the diets with the addition of phytochemicals are limited. Most studies have observed only the effect of phytochemicals on feed intake and weight gain through performance tests (Biagi *et al.*, 2006; 2007; Oetting, *et al.*, 2006a; Costa *et al.*, 2011). Schöne *et al.* (2006) and Yan *et al.* (2012) reported reduced palatability of the diet in weaned piglets as a result of the inclusion of essential oils. The authors related the lower feed intake to the high level of essential oils in this study and to the organoleptic properties of the herbal extract mixture. Essential oils may have strong odours or sharp flavours if used in high concentrations. On the other hand, essential oils in lower doses may contribute to feed intake (Costa *et al.*, 2007), improving flavour and palatability, and resulting in higher feed consumption by pigs. The initial effect of adding herbals to feed for pigs is the stimulation of appetite. The aroma of these additives can excite the olfactory nerves and taste buds, resulting in a positive effect on feed intake.

Herbal extracts have shown significant benefits in the digestive tract of rats, producing laxative effects and preventing flatulence, stimulating digestive secretions (bile and mucus), and increasing enzymatic activity (Platel & Srinivasan, 2004). Many herbal-derived additives have active ingredients that increase salivary gland secretion and gastric and pancreatic juices (Mellor, 2000). Capsaicin, the active component of *Capsicum annum* (cayenne pepper), has been shown to be effective in stimulating salivation (producing amylase) (Platel & Srinivasan, 1996) and increasing the secretion of pancreatic and intestinal enzymes in non-ruminants (Costa *et al.*, 2011a). Another active ingredient, cinnamaldehyde, the main component of *Cinnamomum* spp. (cinnamon), showed a stimulating effect on pancreatic enzymes and increased feed retention time in the stomach owing to the promotion of reduced gastric motility in pigs (Manzanilla *et al.*, 2004). As a result, the increased activity of digestive enzymes promoted improvement in the digestibility and availability of nutrients (Costa *et al.*, 2011a)

Herbal extracts promote gastric secretion, which activates pepsin. In addition, they increase the production of pancreatic juice, which leads to increased activity of digestive enzymes (for example trypsin, chymotrypsin, carboxypeptidase and lipase). Although those mechanisms that help to explain the improvement in feed digestibility generated by the phytoactive compounds have been studied most, other mechanisms might be involved. Modulation of the gut microbiota and maintenance of intestinal epithelium integrity may be important effects that are exerted by herbal extracts, as happens with other growth promoters.

During the digestion process, oxygen radicals (superoxide radicals) can be produced by an event known as autoxidation. Such reactive oxygen radicals can attack the surface of the intestinal mucosa, impairing the absorption of nutrients. Enzymes such as superoxide dismutase, glutathione S-transferase and catalase are responsible for converting superoxide radicals into water and molecular oxygen, thus maintaining intestinal health and allowing greater absorption of nutrients by the microvilli (Costa *et al.*, 2007).

Herbal extracts seem to stimulate mucus secretion in the stomach and intestine. This effect prevents the adhesion of pathogens and contributes to the stabilization of favourable microbiota, protecting the intestinal villi and, therefore, improving the digestion and absorption of nutrients (Jamroz *et al.*, 2005; 2006).

2.4. Antioxidant activity

Lipid oxidation of meat and meat products leads to the formation of unpleasant flavours, decreasing product acceptance by consumers (Lee & Shibamoto, 2002). In recent years, the potent antioxidant activity of herbal extracts has attracted interest from the food industry (Racanicci *et al.*, 2004). These can be added to meat and meat products and replace synthetic products such as BHT (butylated hydroxytoluene) and BHA (butylated hydroxyanisole), two antioxidants that are widely used in animal feed.

Oxygen is essential to the metabolism and growth of animals and herbals. However, it is also responsible for uncontrolled oxidation reactions, known as autoxidation. These reactions cause the destruction of essential molecules in animal diet and damage to cellular tissues in living organisms. Autoxidation is responsible for the formation of reactive oxygen species (ROS), which cause a wide variety of diseases (Kamel, 2000).

The antioxidant activity of essential oils is related mainly to the presence of phenolic compounds. However, other compounds such as flavonoids (found in oregano and thyme) and terpenoids (such as thymol, carvacrol and eugenol, the active principles of thyme, oregano and cloves, respectively) protect food, tissues and cells against the deleterious effect of autoxidation reactions. These compounds can scavenge and neutralize free radicals. Moreover, they can chelate iron and copper ions, preventing the spread of the oxidation process (Kamel, 2000; Oetting *et al.*, 2006a). Essential oils, after they have been absorbed systemically, are distributed and subsequently retained in animal tissues in small concentrations that already exert significant antioxidant activity (Botsoglou *et al.*, 2004).

Although they possess strong antioxidant activity, some herbal extracts are made up of compounds with extremely sharp aromas, such as eugenol, thymol and carvacrol. Thus, their addition to animal feed in large quantities must be avoided, especially for pigs because of their sensitive palates (Madsen *et al.*, 1997). This may limit their use as antioxidants in certain products.

Several *in vitro* studies have investigated the antioxidant action of herbals and satisfactory results have been observed (Racanicci *et al.*, 2004; 2008; Juntachote *et al.*, 2006; Rødtjer *et al.*, 2006; Marianne *et al.*, 2007). Thus, a new line of research has emerged to assess whether the antioxidant effect in meat can be increased by supplementing animal diets with herbal extracts and essential oils in. Feed supplementation with rosemary and sage extracts has shown positive effects against lipid oxidation (Kamel, 2000). Studies with oregano essential oil have also shown this effect (Botsoglou *et al.*, 2002a; b; 2003a; b; 2004; Papageorgiou *et al.*, 2003; Young *et al.*, 2003), contributing to a longer shelf life of meat products.

Lopez-Bote *et al.* (1998) studied the addition of sage and rosemary extracts to the diet of broilers. The authors found that supplementation with the extracts altered the composition of body fatty acids in these animals. Sage and rosemary extract increase the percentage of polyunsaturated fatty acids (PUFAs). Higher levels of PUFAs may predispose the animal's organism to oxidative reactions. However, phenols,

carotenoids and flavonoids, which are present in high concentrations in these herbals, can protect cells and tissues against the deleterious effects of ROS at the same level as vitamin E (Kamel, 2000), compensating for the increase of PUFAs in the animal organism.

Some studies have shown that herbal extracts added to the animal diet can introduce natural antioxidants within the phospholipids of the plasmatic membrane, where they may effectively inhibit oxidative reactions, thus preserving meat products for longer periods (Lauridsen *et al.*, 1997; Botsoglou *et al.*, 2004). However, more studies should be carried out to confirm this activity, which may greatly benefit the meat-processing industry.

2.5. Other effects of herbal extracts

Some reports showed improvements in pig growth performance when they received a mixture of oregano, cinnamon and Mexican pepper (Matysiak *et al.*, 2012) in their feed as replacements for antibiotics. This may be partially derived from the effect of these additives on controlling pathogenic microorganisms, which increases resistance to digestive disorders, especially in newly weaned piglets. With better intestinal health, the animals are less exposed to microbial toxins and other undesirable microbial metabolites such as ammonia and biogenic amines. In addition, these growth-promoting additives may help the immune response in critical situations and improve the availability of essential nutrients for absorption, enabling better use of the animal genetic potential for growth (Windisch *et al.*, 2007).

A possible improvement in the digestive capacity of the small intestine is considered an indirect effect of herbal extracts through the stabilization of the intestinal microbiota. An increase in pre-caecal digestibility reduces the flow of fermentable material in the intestine and reduces post-ileal microbial growth and excretion of bacterial mass in the faeces. Owing to the representative participation of bacterial protein in faecal total protein, increased pre-caecal digestive capacity should result in improved digestibility of protein in the diet. This observation supports the hypothesis that herbal extracts should stabilize digestive functions (Windisch *et al.*, 2007; Li *et al.*, 2012).

Phytogenic compounds were found to modulate the intestinal microbiota of pigs (Manzanilla *et al.*, 2004). A mixture of essential oils and formic acid was fed to early weaned pigs that were challenged by social and diet stressors. The natural compounds were able to decrease the total volatile fatty acid (VFA) content in the colon. VFAs are the main end-products of the bacterial metabolism in the large intestine of pigs, and the phytogenics acted on the gut microbiota, promoting their death or growth stabilization, reducing microbial fermentation and consequent production of VFAs. Interestingly, the experimental additives increased the lactobacilli : enterobacteria ratio in the gut, which may enhance the health status of the animals, since many pathogens belong to the second group of bacteria. The main actions of herbal extracts are shown in Table 1.

Currently in certain studies herbal extracts are tested as possible growth promoters for pigs. These studies, however, are not conclusive and do not effectively demonstrate their modes of action. Therefore, more studies should be carried out so that, in practice, herbal extracts can effectively replace antimicrobial growth promoters.

3. Organic acids

The organic acids, characterized as weak short-chain acids, are widely distributed in nature as natural constituents of herbals and animal tissues. Some may be formed by the fermentation of carbohydrates, predominantly in the large intestine, and others in the intermediary metabolism of pigs (Partanen & Mroz, 1999). Many are found commercially in the form of salts, with fewer undesirable odours and greater ease of use in feed manufacturing because they are solid, less volatile and less corrosive.

Organic acids were first used as effective preservatives. Their primary bacteriostatic action against many microbial species occurs by reducing the pH of the diet. In addition, when the acid is not dissociated, it can diffuse freely through the microbial plasmic membrane and reach the cytoplasm. Once inside the cell, where the pH is kept near to 7, the acid will dissociate into ions and protons, reducing the cytoplasmic pH, causing cell death by inhibiting enzymatic reactions, and denaturing proteins and DNA (Cherrington *et al.*, 1991). The antimicrobial effect of the acids can also be the result of the accumulation of anions in the cell. The efficiency of the acid in the inhibition of microorganisms depends on its pKa

value, which is the pH where 50% of the acid is dissociated. Organic acids with high pKa values are more effective preservatives, and their antimicrobial activity is generally improved with the increase of the carbon chain length and level of unsaturation (Foegeding & Busta, 1991).

The absorption of the acid depends on its pKa and the environmental pH. When the lumen pH is lower than the pKa of the acids, they are quickly absorbed. As the intestinal pH is normally higher than the pKa of these acids, they remain predominantly in the dissociated form that is poorly absorbed. In the digestive tract, non-dissociated organic acids are absorbed by the intestinal epithelium by passive diffusion through the favourable electrochemical gradient between the lumen and epithelial cells (Partanen & Mroz, 1999).

The efficiency of organic acids on pathogenic bacteria depends on their time of exposure, concentration, the type of acid, the composition of the basal diet, and the age of the animal. Gram-negative bacteria are sensitive to acids with carbon chains with fewer than eight carbon atoms, while gram-positive bacteria are more sensitive to acids with longer carbon chains (Partanen & Mroz, 1999). The use of organic acids varies among countries, depending on differences in legislation and other factors. In some countries, acids are used to decontaminate microorganisms in feed ingredients prior to heat treatment, while in others acids are added primarily to finished feed or drinking water (Koyuncu *et al.*, 2013).

3.1. Modes of action of organic acids

The successful use of organic acids in the diets of pigs requires understanding of their mechanisms of action. Although some hypotheses have been proposed, their modes of action have not been clarified. First, it is considered that organic acids and their salts reduce gastric pH, which is essential to limit pathogen survival in the stomach, thus preventing access to the intestine (Partanen & Mroz, 1999). However, the factor that limits the efficacy of these acids that they must reach the intestine to exert their antibacterial activity, without being absorbed too rapidly on leaving the stomach (Grilli *et al.*, 2010).

This reduction in gastric pH results in shortened intestinal transit by increasing gastric retention and enhances the activity of proteolytic enzymes. Owing to the lower rate of gastric depuration, protein molecules can be hydrolyzed more efficiently, which results in a beneficial effect on digestion, absorption and retention of amino acids (Gabert & Sauer, 1994). Some authors (Thomlinson & Lawrence, 1981; Bolduan *et al.*, 1988a; b; Risley *et al.*, 1992) found a lower gastric pH in piglets when these animals received organic acids in their diet, leading to increased activity of pepsin and consequently higher protein digestion. However, it is hard to compare studies that aim to determine the reduction in gastric pH of animals that receive organic acids as feed additives, because of the wide variation in methods and the difficulty in measuring pH in the stomach.

Studies have produced strong evidence that organic acids *per se* stimulate endocrine and exocrine pancreatic secretion. Intestinal acidification increases the contents of serum secretion, which stimulates exocrine pancreatic secretion and bile secretion (Partanen & Mroz, 1999). Thaela *et al.* (1998) showed that supplementation of 2.5% lactic acid in the diets of weaning pigs increased the volume and protein content of pancreatic juice, as well as the secretion of trypsin and chymotrypsin. However, the amount of bicarbonate produced in the animal intestine was not affected by the supplementation with lactic acid. For this reason it is unlikely that the stimulation of pancreatic secretion was caused by decreased dietary and gastric pH, and probably by the direct action of the acid.

In addition to lowering gastric pH and stimulating pancreatic secretion, supplementation with organic acids and their salts reduces the buffering capacity of the diet, which may lead to inhibition proliferation and colonization of undesirable microorganisms in raw materials, feeds and in the gastrointestinal tract of animals. However, diets may be resistant to changes in pH because of their high level of protein and minerals, which reduces the effect of acidifiers on animal growth promotion (Partanen & Mroz, 1999).

Organic acids may act on the intestinal microbiota and reduce the incidence of diarrhoea in weanling pigs, but not all acids are effective, and studies have found contradictory results. Knarreborg *et al.* (2002) studied the antimicrobial activity of six organic acids on the population of coliforms in the proximal part of the gastrointestinal tract of piglets and found significant differences among them, where the activity was benzoic acid > fumaric acid > lactic acid > butyric acid > formic acid > propionic acid.

Table 1 Main actions of herbal extracts as feed additives for pigs

Activity	Herbal extracts - dietary dose (g/kg)	Comparison to control diet ¹	Reference
Production performance	<i>Houttuynia cordata</i> and <i>Taraxacum officinale</i> - 1.0 g/kg	positive	Yan <i>et al.</i> , 2011
	<i>Taraxacum platycarpum</i> H. Dahlstedt, <i>Coptis chinensis</i> , <i>Forsythia viridissima</i> Lindley and <i>Glycyrrhiza uralensis</i> Fisch - 1.0 g/kg	positive	Wang & Kim, 2010
	Clove, Thyme and Oregano - 0.7, 1.4 and 2.1 g/kg	equal	Oetting <i>et al.</i> , 2006a
	Garlic, Pepper, Cinnamon, Clove and Thyme - 0.5 g/kg	equal	Utiyama <i>et al.</i> , 2006
	<i>Thymus vulgaris</i> , <i>Cinnamomum zeylanicum</i> , <i>Eucalyptus urophylla</i> , <i>Melaleuca alternifolia</i> , <i>Echinaceae angustifolia</i> , <i>Zingiber officinale</i> and <i>Capsicum frutescens</i> - 0.5 g/kg	equal	Costa <i>et al.</i> , 2011a
Intestinal microbiota modulation	<i>Taraxacum platycarpum</i> H. Dahlstedt, <i>Coptis chinensis</i> , <i>Forsythia viridissima</i> Lindley and <i>Glycyrrhiza uralensis</i> Fisch - 0.5 and 1.0 g/kg	positive	Wang & Kim, 2010
	Clove, Thyme and Oregano - 0.7, 1.4 and 2.1 g/kg	equal	Oetting <i>et al.</i> , 2006b
	Garlic, Pepper, Cinnamon, Clove and Thyme - 0.5 g/kg	equal	Utiyama <i>et al.</i> , 2006
Feed digestibility	<i>Houttuynia cordata</i> - 1.0 g/kg	positive	Yan <i>et al.</i> , 2011
	<i>Taraxacum officinale</i> - 1.0 g/kg	equal	Yan <i>et al.</i> , 2011
	<i>Taraxacum platycarpum</i> H. Dahlstedt, <i>Coptis chinensis</i> , <i>Forsythia viridissima</i> Lindley and <i>Glycyrrhiza uralensis</i> Fisch - 1.0 g/kg	positive	Wang & Kim, 2010
	Clove, Thyme and Oregano - 2.1 g/kg	positive	Oetting <i>et al.</i> , 2006a
	<i>Thymus vulgaris</i> , <i>Cinnamomum zeylanicum</i> , <i>Eucalyptus urophylla</i> , <i>Melaleuca alternifolia</i> , <i>Echinaceae angustifolia</i> , <i>Zingiber officinale</i> and <i>Capsicum frutescens</i> - 0.5 g/kg	equal	Costa <i>et al.</i> , 2011a
Immune response	<i>Houttuynia cordata</i> and <i>Taraxacum officinale</i> - 1.0 g/kg	equal	Yan <i>et al.</i> , 2011
	<i>Taraxacum platycarpum</i> , H. Dahlstedt, <i>Coptis chinensis</i> , <i>Forsythia viridissima</i> Lindley and <i>Glycyrrhiza uralensis</i> Fisch - 0.5 and 1.0 g/kg	positive	Wang & Kim, 2010
Histological modification	Clove, Thyme and Oregano - 0.7, 1.4 and 2.1 g/kg	negative	Oetting <i>et al.</i> , 2006a
	<i>Thymus vulgaris</i> , <i>Cinnamomum zeylanicum</i> , <i>Eucalyptus urophylla</i> , <i>Melaleuca alternifolia</i> , <i>Echinaceae angustifolia</i> , <i>Zingiber officinale</i> and <i>Capsicum frutescens</i> - 0.5 g/kg	positive	Costa <i>et al.</i> , 2011a
	<i>Origanum</i> spp., <i>Cinnamomum</i> spp. and <i>Capsicum annum</i>	equal	Nofrarías <i>et al.</i> , 2006
Antioxidant activity	<i>Houttuynia cordata</i> and <i>Taraxacum officinale</i> - 1.0 g/kg	positive	Yan <i>et al.</i> , 2011
	<i>Murraya koenigii</i> L. and <i>Mentha spicata</i> - 5 mL of extract	positive	Biswas <i>et al.</i> , 2012

¹Positive and negative results represent significant difference between the control and treated groups ($P < 0.05$).

Table 2 Main actions of growth promotion derived from the use of organic acids as feed additives for pigs

Activity	Organic acids	Comparison to control diet ¹	Reference
Production performance	Formic	positive	Manzanilla <i>et al.</i> , 2004
	Fumaric and citric	positive	Falkowski & Aherne, 1984
	Formic, propionic, potassium sorbate and sodium benzoate	positive	Partanen <i>et al.</i> , 2007
	Formic and lactic	positive	Jongbloed <i>et al.</i> , 2000
	Butyric	equal	Costa <i>et al.</i> , 2011a
	Formic, benzoic, sorbic and ca-butyrate	equal	Overland <i>et al.</i> , 2007
	Gluconic	positive	Biagi <i>et al.</i> , 2006
	Propionic, acetic and benzoic	equal	Walsh <i>et al.</i> , 2012
Intestinal microbiota modulation	Citric and sorbic	positive	Grilli <i>et al.</i> , 2010
	Formic	equal	Manzanilla <i>et al.</i> , 2004
	Butyric	equal	Castillo <i>et al.</i> , 2006
	Formic, propionic, potassium sorbate and sodium benzoate	equal	Partanen <i>et al.</i> , 2007
	Benzoic	equal	Guggenbuhl <i>et al.</i> , 2007
	Citric and sorbic	positive	Grilli <i>et al.</i> , 2010
	Formic, benzoic, sorbic, ca-butyrate	positive	Overland <i>et al.</i> , 2007
Feed digestibility	Propionic, acetic and benzoic	equal	Walsh <i>et al.</i> , 2012
	Formic	equal	Manzanilla <i>et al.</i> , 2004
	Fumaric and citric	equal	Falkowski & Aherne, 1984
	Formic and lactic	positive	Jongbloed <i>et al.</i> , 2000
	Butyric	equal	Costa <i>et al.</i> , 2011a
Estomach pH	Benzoic	equal	Guggenbuhl <i>et al.</i> , 2007
	Formic	equal	Manzanilla <i>et al.</i> , 2004
	Butyric	equal	Costa <i>et al.</i> , 2011a
	Butyric	equal	Biagi <i>et al.</i> , 2007
Histological modification	Butyric	equal	Manzanilla <i>et al.</i> , 2006
	Formic	equal	Manzanilla <i>et al.</i> , 2004
	Benzoic	equal	Guggenbuhl <i>et al.</i> , 2007
VFA production ²	Butyric	equal	Manzanilla <i>et al.</i> , 2006
	Formic	equal	Manzanilla <i>et al.</i> , 2004
	Citric and sorbic	positive	Grilli <i>et al.</i> , 2010
	Sorbic	positive	Overland <i>et al.</i> , 2007
	Formic, benzoic and ca-butyrate	equal	Overland <i>et al.</i> , 2007
	Gluconic	equal	Biagi <i>et al.</i> , 2006
	Butyric	equal	Manzanilla <i>et al.</i> , 2006
	Citric and sorbic	positive	Grilli <i>et al.</i> , 2010

¹ Positive and negative results represent significant difference between the control and treated groups ($P < 0.05$).

² VFA: Volatile fatty acids.

These acids acted against the population of pathogenic and beneficial bacteria, reducing microbial fermentation and the consequent production of VFAs. On the other hand, Partanen & Mroz (1999) showed that acidic conditions favour the growth of *Lactobacilli* in the stomach, which inhibits the proliferation of *E.*

coli by blocking adhesion sites or by producing lactic acid and other metabolites that decrease pH and affect the growth of this bacterium. In other experiments investigating the population of microorganisms in the intestine of weanling pigs fed with organic acids, Partanen & Mroz (1999), Piva *et al.* (2002) and Namkung *et al.* (2004) observed a modulation of the microbiota, in which beneficial microorganisms grew at a much faster pace than pathogenic ones.

Organic acids have been shown to improve the diet digestibility and nutrient retention in pigs. In general, the acids exert a small but significant effect on the apparent digestibility in the whole digestive tract and retention of protein (amino acids) and energy. However, when the buffering capacity of the diet is high, the efficiency of organic acids in improving the digestibility of amino acids is reduced, requiring high levels to express its effect. The level of dietary fibre influences the apparent ileal digestibility of amino acids, masking the effect of organic acids, reducing their effects on digestibility (Mroz *et al.*, 1998).

The increase in energy digestibility is the result of a rise in the apparent digestibility of crude protein, fat and nitrogen. The acids act on the microorganisms by reducing their metabolic activities, which results in increased fat digestibility by the animal, and consequently influences the energy digestibility positively. These acids also reduce bacterial growth, decreasing the use of amino acids for bacterial protein formation, therefore promoting greater nitrogen absorption by the animal (Partanen & Mroz, 1999).

Supplementing the diet with minerals, calcium and phosphorus in particular can increase the buffering capacity of the digesta in the stomach, allowing pathogen growth and reducing the digestibility of the diet. Organic acids can lower the buffering capacity of the digesta and improve the absorption of calcium and phosphorus (Partanen & Mroz, 1999). Another factor that influences the absorption of minerals, particularly phosphorus, is the amount of intrinsic or microbial phytase present in the diet (Rutherford *et al.*, 2012). This enzyme is able to degrade phytic acid, which releases inorganic phosphorus, and consequently enhances its bioavailability. Organic acids have been shown to improve the performance of phytase, promoting better absorption of phosphorus, thus providing lower excretion and lower environmental pollution (Partanen & Mroz, 1999).

Organic acids may influence the physiology of the intestinal mucosa. They act on the villi, maintaining their integrity, promoting an increase in the number of cells and preventing its flattening, as well as serving as a substrate in the intermediary metabolism of the citric acid-cycle (Partanen & Mroz, 1999).

Several studies reported the performance of piglets that received organic acids in their diet (Omogbenigun *et al.*, 2003; Namkung *et al.*, 2004; Biagi *et al.*, 2006; 2007; Manzanilla *et al.*, 2006), but the results are inconsistent and contradictory. Organic acids are not equal in their efficacy to combat infection and enhance growth when administered to pigs via feed or water (Walsh *et al.*, 2012). The main actions of growth promotion derived from the use of organic acids as feed additives are summarized on Table 2.

Organic acid supplementation appears to be more effective during the first two to four weeks after weaning, when the animal's immune and digestive systems are still immature, whereas its effect on pigs was shown to decline in the growing and finishing phases (Giesting *et al.*, 1991). The type and concentration of acid determine their efficacy. Ravindran & Kornegay (1993) reported that a better response in performance can be obtained in conditions that are less favourable to the growth of piglets, such as in high-challenge and less complex diets.

4. Conclusion

Animal welfare and growth performance are the main reasons for the widespread use of animal feed additives. Antibiotics, chemotherapeutic agents and, more recently, organic acids, herbals and their extracts are the main additives that have been used to stabilize the digestive function in pig breeding worldwide.

Many traditional antibiotics have been banned from animal feed owing to the trend of incorporating more "natural" animal production systems. Therefore, the livestock industry is searching for environmentally friendly supplements with higher acceptance by the consumer. Herbal extracts and organic acids are claimed to exert antioxidative and antimicrobial activities, reduce the production of fermentation products, which may reflect in improved overall gut health, and stimulate nutrient absorption.

The current experience in using these natural compounds as additives in pig feed seems to justify the assumption that they would improve growth performance and animal productivity, and thus could be added to the set of non-antibiotic/chemotherapeutic growth promoters. However, studies do not show consistent results and this may be explained by the differences in the quality of plant materials, selection of particular herbs, extraction and concentration methods, and forms of administration.

Similar to herbal extracts, not all organic acids have shown constant results in the literature, and the methodology used in these studies varies widely. The concentration of acid, its type and combinations are important in improving animal performance. To date, formic, citric and sorbic acids have shown the best results in pig performance and production of the organic acids that are used as feed additives.

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