

The marginal gap and internal fit of monolithic crowns milled with different luting spaces

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ABSTRACT

Introduction

Three of the more promising materials for CAD/CAM restorations are Zirconia (VITA Zahnfabrik, Germany), Enamic (VITA Zahnfabrik, Germany), and the composite material Brilliant Crios (Coltene, Switzerland). Zirconia has been tested for the marginal gap and internal fit; Enamic and Crios have not been tested for marginal gap and internal fit and no studies have tested the effect of different luting spaces.

Method

A standardised crown preparation on a typodont mandibular first molar tooth was scanned and imaged (CEREC CAD/CAM, Germany). The marginal gap was measured using a Reflex microscope in both two- and three-dimensions. The internal fit was calculated using the properties of the luting agent and the surface area of the preparation.

Results

The 3D measurements were significantly higher, but only on average 10 μ m higher. The marginal gaps of the crowns milled with a 200 μ m luting space were significantly smaller than for those milled with a 100 μ m luting space. The smallest mean gap was recorded by Enamic at 31.7 μ m followed by Crios at 32.5 μ m, and Zirconia at 33.1 μ m. All of these measurements are well within acceptable clinical limits.

Conclusions

All crowns milled, regardless of the luting space used, provided excellent marginal and internal fit, well within clinically acceptable parameters. The 3D measurements are more clinically relevant than 2D measurements. The smallest marginal gaps were found in the crowns milled with a 200 μ m luting space. However, this can present problems with non-axial seating and so it may be advisable to use the 100 μ m luting space parameter.

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Keywords

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INTRODUCTION

If the fit of a full crown is not accurate, there will be a marginal discrepancy which can lead to cement dissolution and microlleakage,¹ pulpal involvement,² retention of plaque,³ changes in the composition of the subgingival microflora⁴ promoting the onset of periodontal disease.⁵

A marginal gap has been defined as "the vertical dimension from the finish line of the preparation to the cervical margin of the restoration".⁶ The internal fit is the internal gap that is the misfit of the crown at the occlusal / incisal and axial surfaces.⁶ The luting space which represent the internal fit should be uniform in thickness to facilitate cementation without defects in retention and resistance.^{7,8}

Acceptable marginal gaps have been reported as between 7 to 65 μ m⁹ and between 50 μ m and 180 μ m.^{10,11} Most researchers agree that marginal gaps below 120 μ m are clinically acceptable.¹²⁻¹⁶ The creation of a space between the dental crown and the abutment which represent the internal fit, is clinically important to ensure the proper cementation of crowns and to permit the interposition of an equal thickness layer of dental cement.

Many studies have been measured the marginal gap and internal fit of all ceramic restorations. The mean marginal gap of Nobel Procera zirconia crowns was reported to be between 52 μ m and 74 μ m,¹⁷ and of those from a commercial laboratory, 44.2 μ m.¹⁸ In a study of lithium disilicate based glass ceramic material using both CAD/CAM and heat pressed methods, the mean marginal gap was 132.2 μ m for CAD/CAM and 130.2 μ m for the heat-pressed group.¹⁹ Anadioti (2014) reported that the marginal gap of lithium disilicate crowns was below 90 μ m.²⁰ In a study in which crowns were fabricated using Cerec3 CAD/CAM, the marginal gap ranged from 53 to 67 μ m and the internal fit was within a range of 116 to 162 μ m.²¹

The following techniques for the measurement of the marginal gap of either copings or crowns have been reported in the literature:

- Use of an optical microscope with image processing software at magnification of 240 times and measurements selected randomly at a varying number of points.²²⁻²⁷
- Measured at four points (buccocentral, linguocentral, mesiocentral, and distocentral) using a profile projector and the distance between the two points measured by the computer²¹ or non-destructively using profilometry.²⁸
- Use of a microscope at varying magnifications and usually



Figure 1. Tooth preparation.

four landmarks mesial, distal, buccal, and palatal.^{19,29,30}

- Use of a silicone replica technique by luting the crown with a low-viscosity impression material which is subsequently stabilised with a high viscosity material in order to make sections (this method is also used to measure internal fit).^{18,21,31,32-37}
- By luting the crown with dental cement such as zinc phosphate cement³⁸ or chemically cured composite³⁹ or glass-ionomer.²⁹ The crown and die are embedded in epoxy resin and sectioned and the cement layer thickness measured with a three-dimensional microscope.^{29,32,38,40,41} and image analysis⁴² and/or scanning electron microscopy.^{29,39,43} Measurement has also recently been carried out by microCT.^{34,44,45}
- By digitising the intaglio surface of the crowns and master preparation and merging these images in best-fitting alignment, and then measuring the difference at specific points;²⁰ or by laser videography to digitise the surfaces.¹⁷

Gassino *et al.*, (2004),⁴⁶ determined that in order to accurately assess the marginal gap,²⁰ measurements spread evenly around the circumference of the preparation were required.

The internal fit of dental crowns has been measured by similar methods, for example:

- As stated above, combined high and low viscosity silicone is sectioned and the thickness of the low viscosity material measured either directly or by the use of photographs
- Similarly, the cementation techniques mentioned above can be used to measure the internal fit
- A measurement of the total internal fit, rather than at specific points, has been made by luting the crown with a low viscosity silicone, and then using the weight and density of that silicone to relate this to the surface area of the preparation.⁴⁷

The advent of CAD/CAM restorations over the last few decades has resulted in the development of a variety of new materials for the use of full coverage crowns, and whilst many materials have been tested for internal fit and marginal gap, some of the more recent materials do not appear to have been tested. Different manufacturers have recommended different luting gaps and there appears to be no consistency in this.⁴⁸

Whilst zirconia has been tested for marginal gap and internal fit, the only study to determine the overall fit using a luting agent, was not carried out using zirconia. Enamic, an interpenetrating network ceramic, Brilliant Crios, a composite, have not been tested for marginal gap and internal fit. Therefore, the purpose of this study was to



Figure 2. Milled crowns with flat occlusal surface.

compare the marginal gap and total internal fit of single CAD/CAM created crowns using Enamic (Vita, Austria), Zirconia (Vita, Austria), and Brilliant Crios (Coltene, Switzerland).

METHODS AND MATERIALS

Tooth Preparation

An acrylic resin typodont mandibular first molar resin tooth was prepared to produce a standardised crown preparation with a total convergence angle of 12 degrees, (as measured digitally from the scanned image) internally rounded shoulder margins of 1.5mm circumferentially, and an occlusal reduction of 1.5mm. All line angles were rounded (Fig 1).

Scanning and milling

The preparation was scanned and imaged with the Omnicam intra-oral scanner (Dentsply Sirona, Germany). The scanned file was used to determine the total surface area of the preparation using FEA software (Solidworks® Dassault Systèmes Solidworks Corp. Massachusetts, USA). A crown with a flat occlusal surface was designed (Fig. 2) and the same design was used for all crowns. This was so that a constant load could be placed on the crown with a 3kg weight in an axial direction. The crowns were milled with either a luting space of 100µm or 200µm. The MC X5 milling machine (Dentsply/Sirona, Germany) was used to mill all crowns. The materials used were Enamic (Vita, Austria), Zirconia (Vita, Austria), and Brilliant Crios (Coltene, Switzerland).

Statistical Analysis and Sample Size

Marginal gaps of greater than 120µm would be considered the limit of clinical acceptability. Given an expected mean marginal gap of 110µm for any group, and aiming to detect a difference of more than 20% from this, given a within-group relative standard deviation of 22% (which corresponds to an effect size of $d = 0.83$), 80% power and the 5% significance level, a total sample size of 24, i.e. 4 per group, would be required.⁴⁹ It was decided, however, to use 5 per group as the expected mean gap may differ from the above. In addition,

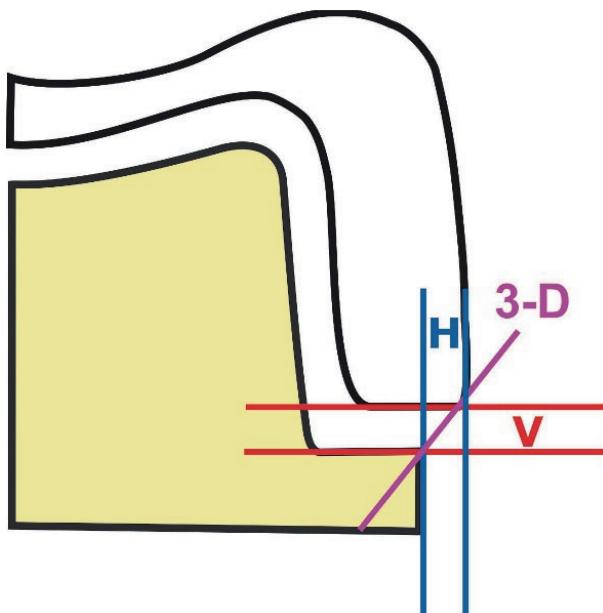


Figure 3 Two-dimensional measurement only records the vertical height (V) but does not take into account any overlap (either positive or negative), hence the 3-dimensional measurement (3-D) is a more realistic representation of the marginal gap.

the milling of 5 crowns would not affect the wear of the burs and therefore this would not be a confounding factor.

Categorical variables were summarised and illustrated by means of bar charts. Continuous variables were summarised by the mean, standard deviation, median and interquartile range, and their distribution illustrated by means of histograms. The effect of material and internal space on the marginal gap required a two-way Analysis of Variance (ANOVA) with the mean marginal gap measured at 20 points around the circumference of the preparation as the dependent variable,⁴⁶ and material (Zirconia/ Brilliant Crios/ Enamic) and internal space difference (200µm and 100µm), and their interaction, as the independent variables. Outliers were removed, or data transformations were applied as necessary. Post-hoc tests were carried out to determine the material-luting space combinations which had the smallest values for the outcomes. The Tukey-Kramer adjustment for unequal group sizes (to allow for the deletion of outliers) was used, and effect sizes were expressed using Cohen's kappa. Comparison of the marginal gap between matching 2D and 3D measurements (for without-silicone and with-silicone measurements) was done using the paired samples t-test. The proportion of crowns which failed to meet the marginal gap limit of 120µm were to be compared between groups using Fisher's exact test. Test-retest reliability for the continuous outcomes was determined using the Intra-class Correlation Coefficient (ICC). Test-retest reliability for whether or not the marginal gap exceeded 120µm was determined by Cohen's kappa. Data analysis was carried out using SAS version 9.4 for Windows. The 5% significance level was used.

Marginal Gap Measurement

The crowns were first seated onto the master preparation without cementation and the marginal gap (if any) was measured using a Reflex Microscope (Reflex Measurement Ltd., Cambridge, UK), which measures in three dimensions to an accuracy of 4µm. The marginal gap was measured at 20 equi-distant points around the circumference of the crown. Each point was marked 1mm below the margin of the preparation with a bur.

Each crown in turn was filled with light-body polyvinyl siloxane impression material (Express, 3MESPE, Germany), and seated onto the prepared tooth under a constant load for 10 minutes, using a 3kg weight placed on the flat occlusal surface of the crown. After setting, the excess material was removed from the circumference of the crown using a scalpel blade. The marginal gap was then measured using the same 20 measuring points, with the reflex microscope. Because the reflex microscope measures in 3 dimensions, the data points are manipulated in the software to provide measurements in both 2 and 3 dimensions (Fig 3).

Total Internal Fit Measurement

The silicone film was removed and weighed using an electronic scale to calculate its weight. The overall thickness of the silicone represented the total internal gap, calculated using the following equation after Grey et al (1993):⁴⁷

$$\text{Thickness (internal gap)} = \frac{\text{weight}}{(\text{surface area} \times \text{density})}$$

The surface area of the preparation was 183.84mm² using a stereolithography generated mesh. The density of the 3M light-body polyvinyl siloxane impression material is 1.29g/ml.

MILLED SPACE		CRIOS		ENAMIC		ZIRCONIA	
100µm	NS	S	NS	S	NS	S	
	Mean	0.0245	0.0277	0.0250	0.0273	0.0246	0.0277
200µm	Std Dev	0.0007	0.0006	0.0005	0.0011	0.0011	0.0015
	Mean	0.0200	0.0239	0.0222	0.0288	0.0200	0.0259
	Std Dev	0.0012	0.0009	0.0011	0.0013	0.0011	0.0012

Table 1: Mean and the Standard deviations of the 2D marginal gaps (in mm) between Crios, Enamic and Zirconia measured at the 100 and 200 µm milled spaces with (S) and without (NS) silicone.

RESULTS

Measurement consistency

During initial training in the use of the reflex microscope, it was observed that the researcher had some difficulty with locating the virtual point of light, especially on the z-axis, and so the entire experiment was repeated 3 times on 3 different occasions, in order to assess measurement consistency.

The averaged marginal gap measurements from two of the occasions that had the highest reliability across all the outcomes were used for further analysis. The average within-group relative standard deviation for the marginal gap outcomes (4.0%) was considerably lower (5.5 times) than the relative standard deviation of 22% used in the sample size calculations, confirming the validity of the sample size and the power of the analyses. There was excellent agreement between the three internal fit measurements on all occasions.

Two-dimensional measurements of the marginal gap

Table 1 shows the 2D measurements of the three different materials with and without silicone.

Statistically significantly differences were found between the materials both without ($p < 0.0031$) and with ($p = 0.0008$) silicone. The marginal gaps when no silicone was applied between the three materials were statistically significantly different ($p < 0.0031$), as it was with the silicone ($p = 0.0008$). In addition, the marginal gap between the three materials was significantly smaller ($p < 0.0001$ with no silicone, $p = 0.0028$ with silicone) when the luting space of 200µm was used, compared with 100µm. With the silicone, Crios 200µm and Zirconia 200µm had the smallest marginal gaps compared with all the other experimental combinations.

Three-dimensional measurements of the marginal gap

Table 2 shows the 3D measurements of the three different materials with and without silicone.

There were no statistically significant differences in the marginal gaps between the three materials with and without silicone ($p = 0.43$ without silicon, $p = 0.55$ with silicone). The marginal gaps both with and without silicone were significantly smaller ($P < 0.0001$) when the luting space of 200µm was compared with 100µm. There were no significant interactions ($p = 0.60$ without silicone, $p = 0.83$ with silicone) between the materials and the luting space. All three materials at 20µm had the smallest marginal gap compared with the other experimental combinations.

Internal Fit

Table 3 shows the internal fit measurements of the three different materials at the 100 and 200µm milled spaces.

Post-hoc tests revealed that the mean internal fit was significantly higher for the 200µm luting space than for the 100µm luting space for each material. For the 100µm experiments, the mean fit for Zirconia was significantly higher than that for Crios and Enamic. Crios 100µm and Enamic 100µm had the smallest internal fit compared to all the other experimental combinations.

Comparison of matching 2D and 3D measurements

When measuring the marginal gap with no silicone, the 3D measurements were an average of 10.9µm higher than the corresponding 2D measurements (95% confidence interval: 0.0103-0.0114mm; $p < 0.0001$). With silicone, the 3D measurements were an average of 10µm higher than the corresponding 2D measurements (95% confidence interval: 0.0093-0.0107 mm; $p < 0.0001$).

MILLED SPACE		CRIOS		ENAMIC		ZIRCONIA	
100µm	NS	S	NS	S	NS	S	
	Mean	0.0355	0.0376	0.0357	0.0377	0.0359	0.0385
200µm	Std Dev	0.0009	0.0015	0.0017	0.0009	0.0011	0.0012
	Mean	0.0325	0.0349	0.0317	0.0363	0.0331	0.0363
	Std Dev	0.0018	0.0023	0.0011	0.0006	0.0013	0.0019

Table 2: Mean and Standard deviations of the 3D marginal gaps between Crios, Enamic and Zirconia measured at the 100 and 200 µm milled spaces with (S) and without (NS) silicone.

MILLED SPACE		CRiOS	ENAMIC	ZIRCONIA
100µm	Mean	0.0012	0.0013	0.0016
	Std Dev	0.0001	0.0001	0.0001
200µm	Mean	0.0021	0.0021	0.0021
	Std Dev	0.0000	0.0001	0.0001

Table 10: Mean and Standard deviations of the internal fit for Crios, Enamic and Zirconia measured at the 100 and 200 µm milled spaces.

DISCUSSION

This is the first study to compare the marginal gap and internal fit of CAD/CAM full coverage crowns measured in two and three dimensions, and using different luting spaces (100µm and 200µm).

Marginal Gap

It is generally accepted that a marginal gap of less than 120µm is clinically acceptable but a large variety of values for marginal gaps has been reported. The present study used a three-dimensional measurement method, and the differences between the 2D and 3D measurements were statistically significant, being on average 10µm higher for the 3D measurements. This is therefore a more accurate indication of the amount of luting material to be found at the margin after cementation.

Measuring the marginal gap of cemented or un-cemented crowns can influence the results of the measurement. 50-53 Marginal gap measurements generally increase following cementation;^{54,55} and the medium for cementing the crown might not facilitate complete seating, resulting in an inadequately closed margin.⁵⁶ In the current study, all the measurements that were conducted on the specimens cemented with silicone were higher than those cemented without silicone.

The average 2D marginal gap without silicone was 24.7µm for the 100µm luting space, and 20µm for the 200µm luting space. After luting with silicone the average was 27.5µm for the 100µm luting space (a difference of 2.8µm), and 26.2µm for the 200µm luting space (a difference of 6.2µm).

The average 3D marginal gap without silicone was 37.5µm for the 100µm luting space, and 32.5µm for the 200µm luting space. The averages after luting with silicone were 37.9µm for the 100µm luting space (a difference of 0.4µm), and 36.2µm for the 200µm luting space (a difference of 3.7µm).

Although there were differences between the materials in these measurements, all the marginal gaps were well within the clinically acceptable limits.

Internal Fit

An acceptable practical guide for cement films has been suggested as being between 50 and 100µm.⁵⁷ Many previous studies have not been carried out on milled crowns, and the luting space used has been somewhat arbitrary, using methods such as painting die-spacer on dies to be used for cast restorations. In CAD/CAM, however, the luting space can be defined and is dependent on the milling parameters set in the software. Therefore, this study set out to determine any relationship between the luting space and the marginal gap.

Although internal fit is thought not to be as clinically relevant as the marginal fit, 5,53 it is of importance as it affects the resilience of the crown.³⁴ The proper internal fit of the crown is also critical as it enables the seating of the crown while allowing for both retention and resistance.²⁴ In addition, cementation techniques such as uncontrolled finger pressure or overfilling of the crown with cement, might lead to an uneven flow of cement with one axial wall having a thick film and the opposite wall having a thin film.⁵⁸ It has also recently been shown that with a larger internal luting space it is possible to seat the crown off-axis, resulting in a wider marginal gap on one side of the crown.⁵⁹

For the 100µm luting space the smallest internal fit was recorded by Crios at 1.2µm followed by Enamic 1.3µm, and Zirconia at 1.6µm. For the 200µm luting space the internal fit of the three materials was at the same value of 2.1µm. All of these measurements are well within acceptable clinical limits.

The results in this study showed that all marginal gaps were clinically acceptable, and in light of the danger of incorrect seating of the crown at the 200µm luting space,⁵⁹ it may be advisable to mill at a 100µm luting space for full crowns.

5.3. Limitations

This study used only three materials, but these were considered representative of crowns with different hardness, as this might affect the milling precision. The use of the reflex microscope held some challenges for the researcher, as it requires precise binocular vision. However, by repeating the measurements three times, sufficient reliability was obtained, and this should become a standard procedure when using measuring instruments of this precision. Finally, the cementing medium was a proxy for actual luting cements, and therefore the results may not apply to different luting cements, which should be the subject of further study. In addition, the milling parameters of different CAD/CAM systems may influence the marginal gap as one study did find a difference between the two systems tested. 60

CONCLUSION

Within the limitations of this study, all crowns milled, regardless of the luting space used, provided excellent marginal and internal fit, well within clinically acceptable parameters. The 3D measurements are more clinically relevant than 2D measurements and were always significantly larger, but on average only by an additional 10 µm. The smallest marginal gaps were found in the crowns milled with a 200 µm luting space, however this can present problems with non-axial seating and so it may be advisable to use the 100 µm luting space parameter.

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