



## Cercariae developing in *Lymnaea natalensis* Krauss, 1848 collected in the vicinity of Pretoria, Gauteng Province, South Africa

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### ABSTRACT

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Freshwater snails are known to serve as first intermediate hosts for various parasitic diseases such as schistosomiasis and fasciolosis. Snails were collected on several occasions in the proximity of Pretoria, South Africa and their cercarial sheddings were studied. This article describes three different types of cercariae shed by the freshwater snail, *Lymnaea natalensis*, viz. a fork-tailed cercaria of a *Trichobilharzia* sp., an avian parasite belonging to the family Schistosomatidae, an echinostomatid cercaria of the family Echinostomatidae, also avian parasites and a xiphidiocercaria of the family Plagiorchiidae which parasitise avians and amphibians. The morphology of these cercariae was studied by light and scanning electron microscopy.

**Keywords:** Cercariae, *Lymnaea natalensis*, parasites, *Schistosoma*, snails, *Trichobilharzia*, sp.

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### INTRODUCTION

Molluscs, usually snails, serve as first intermediate hosts for a large number of trematode parasites, e.g. *Schistosoma* spp. in humans and animals (Appleton 1996). Brown (1994) mentioned that approximately 400 species of freshwater snails (including limpets) occur in Africa, some of which form an important part of freshwater ecosystems for inland fisheries where they provide a valuable source of food.

Lymnaeid snails are the first intermediate hosts for several *Fasciola* spp. The main snail host for the

liver fluke, *Fasciola gigantica*, is *Lymnaea natalensis* which is widely distributed in Africa (Brown 1994). Another study by Van Eeden, Brown & Oberholzer (1965) indicated that this species also has a wide distribution range in South Africa that extends into the Western Cape (as far as the Knysna district), Kwa-Zulu Natal and the eastern Mpumalanga provinces. Surveys executed over the past 2 years in farm dams and other waterbodies around Pretoria showed *L. natalensis* to be the most abundant freshwater snail in this area.

The aim of this study was to examine different cercariae shed by *L. natalensis* in dams surrounding Pretoria, Gauteng Province, as well as to gather information on other life stages within the life cycles of these parasites.

### MATERIALS AND METHODS

*Lymnaea natalensis* specimens were collected over a period of 2 years using metal scoops as described

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by Van Eeden (1960). Snails found under water lily leaves were also collected manually. In the laboratory they were kept in plastic containers and fed fish flakes. They were exposed individually to daylight (but not direct sunlight) to stimulate the natural shedding of cercariae. The cercariae were stained with Nile blue sulphate or neutral red vital stains and studied by light microscopy while alive. Drawings were made with a drawing tube and measurements were derived from these drawings. In all cases 20 specimens were measured and all measurements given in the descriptions are in micrometres ( $\mu\text{m}$ ). Minimum and maximum values are indicated with the mean value and standard deviation in brackets. No other intra-molluscan stages were collected.

For scanning electron microscopy (SEM), specimens were fixed overnight in 2.5% glutaraldehyde, washed in Millonig's phosphate buffer (pH = 7.2) and dehydrated through a graded ethanol series for 30 s to 1 min in each concentration. Thereafter, they were critical point dried (Polaron, UK) overnight, mounted on stubs, sputter coated with gold (Em-scope, UK) and examined using a Leica Stereoscan 420 scanning electron microscope (Leica Electron Optics, UK) at the Electron Microscope Unit of the University of Limpopo (Medunsa Campus).

In a preliminary life cycle study, two Mallard ducks and two Wisstar rats were exposed to the fork-tailed cercariae. A small number of cercariae were placed with the experimental animals and left for 1 h. Dissection of the animals took place 3 weeks later.

## RESULTS

Three types of cercariae were identified, namely the fork-tailed type, and two single-tailed types, one of which is an echinostome and the other a xiphidocercaria.

### Fork-tailed cercaria (Fig. 1A–B and 2A–H)

The cercaria (Fig. 1A–B and 2A) comprises an oval body and long tail stem terminating in two furcal rami. The body measures 233–257 ( $243 \pm 9$ ) long x 59–79 ( $63 \pm 7$ ) wide. The oral sucker is protrusible, measures 61–73 ( $68 \pm 4$ ) x 40–46 ( $44 \pm 1$ ), and a few ciliated sensory receptors surround it (Fig. 2C). Prominent openings of the penetration gland ducts (Fig. 2D) are also visible by SEM. The oesophagus, 12–28 ( $21 \pm 4$ ) x 2.9–4.5 ( $3.7 \pm 1$ ), bifurcates anteriorly to the acetabulum into two intestinal caeca, 12–21 ( $15 \pm 2$ ) x 3–6 ( $5 \pm 1$ ), that end blindly at the mid-level of the first penetration glands. One of the

most characteristic features of this cercaria is the two dark pigmented eyespots, measuring 5–6 ( $5.5 \pm 1$ ) x 5–6 ( $5.5 \pm 1$ ) (Fig. 2B), that are situated in the mid-body bilateral to the blind-ending caeca.

The acetabulum (Fig. 2E), 13–18 ( $16 \pm 1$ ) x 12–19 ( $16 \pm 2$ ) is very protrusible and is situated 78–97 ( $86 \pm 8$ ) from the oral sucker and 67–92 ( $73 \pm 8$ ) from the posterior end of the body. Five pairs of penetration glands (Fig. 1A) were observed between the eyespots and excretory bladder. The first pair is coarsely granulated, situated anteriorly to the acetabulum and measures 43–45 ( $44 \pm 1$ ) x 22–24 ( $23 \pm 1$ ). The remaining pairs are finely granulated and situated posteriorly to the acetabulum, measuring 19–25 ( $22 \pm 4$ ) x 4–16 ( $10 \pm 8$ ). The penetration ducts extend anteriorly to the oral sucker where they open exteriorly (Fig. 1A).

The excretory bladder is Y-shaped measuring 6–13 ( $9 \pm 3$ ) x 7–16 ( $10 \pm 3$ ) (Fig. 1A). From the bladder an excretory duct extends posteriorly into the tail that terminates in an opening on the tip of each caudal ramus (Fig. 2H). The main excretory duct on either side of the bladder extends anteriorly and divides opposite to the acetabulum to form anterior and posterior collecting ducts. Six pairs of flame cells were observed in the body, three occurring posteriorly and three anteriorly to the acetabulum. The flame cell formula is 2 (3 + 3) = 12.

The body tegument displays many backwardly directed spines (Fig. 2F and G), which decrease in number towards the posterior end of the body. The tail stem (Fig. 1A) is narrower than the body and measures 341–371 ( $353 \pm 13$ ) x 30–50 ( $39 \pm 7$ ). The furcal rami, measuring 178–199 ( $154 \pm 7$ ) x 15–36 ( $25 \pm 7$ ) (Fig. 2H), is shorter than the tail stem. Both the tail stem and furcal rami are covered by less and shorter backwardly directed spines (Fig. 2G and H). No sensory receptors were observed on the tail tegument.

### Remarks

The cercaria is classified as a brevifurcate-apharyngeate distome cercaria according to the taxonomic key of Frandsen & Christensen (1984). It is placed in the family Schistosomatidae and is commonly known as an avian cercaria as the adult parasites are mostly found in ducks and geese (Appleton 1986). This cercaria with its characteristic schistosome morphology has one unique feature, i.e. a pair of dark pigmented eyespots, which differentiates it from human schistosome cercariae.

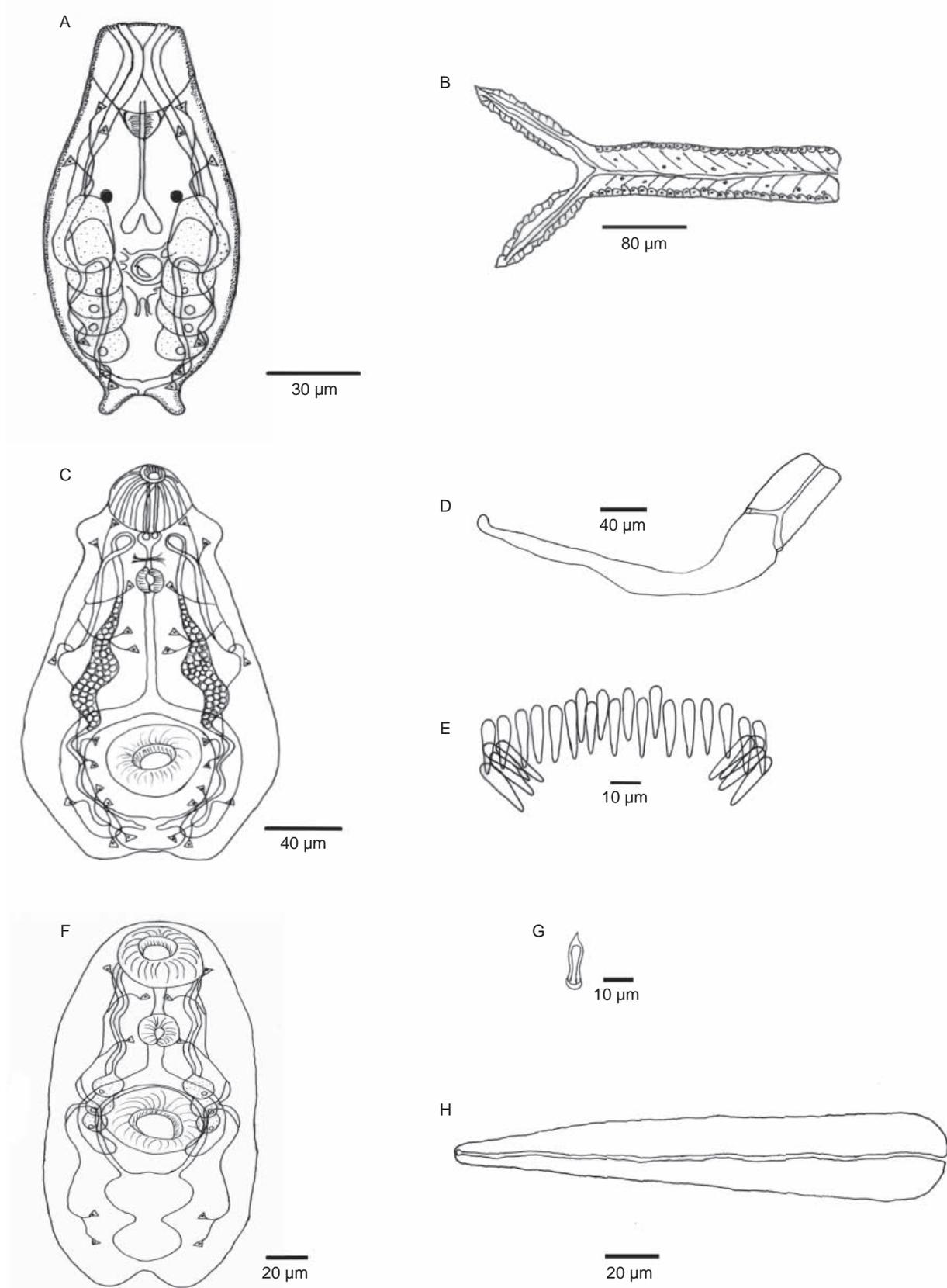


FIG. 1 Light microscope projection drawings of three types of cercariae shed by *Lymnaea natalensis*: an apharyngeal-brevifurcate distome cercaria (A) head and (B) forked tail; an echinostomatid cercaria (C) head, (D) single tail and (E) collar spines; and a xiphidio cercaria (F) head, (G) stylet and (H) single tail

Three weeks after infection only two spindle-shaped eggs were recovered from the faeces of one of the Mallard ducks. The other duck and the rats remained uninfected. The eggs were identified as those belonging to the genus *Trichobilharzia* according to the descriptions of avian schistosome eggs (type 3) by Appleton (1982, 1986). This avian cercaria was thus identified as a *Trichobilharzia* sp. It has been recorded that this type of cercaria is able to penetrate human skin, and in so doing causes cercarial dermatitis, as a result of an allergic response (Picard & Jousson 2001). Since humans are not suitable hosts the cercariae do not enter the blood stream to mature but perish after penetrating the skin (Cheng 1986).

### Echinostome cercaria (Fig. 1C–E and 3A–H)

The cercaria (Fig. 1C–E and 3A) has a large oval head and a long single tail. The body (Fig. 1C and 3B) measures 232–292 ( $262 \pm 21$ ) x 52–99 ( $82 \pm 15$ ). The most distinctive feature of this cercaria is the horseshoe-shaped collar (Fig. 1E and 3F), consisting of 27 individual spines. They are grouped into four corner spines measuring 10.5–14.9 ( $12.1 \pm 1.6$ ) x 2.9–4.5 ( $3.6 \pm 0.7$ ) (Fig. 3E), five lateral spines, 8.5–14.9 ( $12.4 \pm 1.9$ ) x 2.9–4.5 ( $3.9 \pm 0.7$ ) and nine dorsal spines arranged into two alternating rows of four oral spines measuring 10.5–11.9 ( $11.2 \pm 0.8$ ) x 2.9–4.5 ( $3.6 \pm 0.8$ ) alternating with five aboral spines, 11.9–14.9 ( $13.6 \pm 1.3$ ) x 2.9–4.5 ( $3.3 \pm 0.6$ ) (Fig. 3F).

An oval-shaped and very protrusible oral sucker measures 36–60 ( $47 \pm 10$ ) x 26–67 ( $45 \pm 12$ ) at the anterior end of the body. This sucker is surrounded by many long-ciliated receptors (Fig. 3C, E and G) as well as multi-ciliated (cluster) receptors (Fig. 3E and G) consisting of groups with 6 to 12 short cilia. These receptors are situated mostly dorsal and dorso-laterally to the oral sucker (Fig. 3G).

The oral sucker extends into a small pre-pharyngeal sac measuring 16–24 ( $19 \pm 2.5$ ) x 14–25 ( $21 \pm 2.8$ ), filled with two large granules of 8.9–14.9 ( $10.8 \pm 1.9$ ) in diameter (Fig. 1C). It continues into a pre-pharynx measuring 9–15 ( $12 \pm 2$ ) x 4–7 ( $6 \pm 1$ ) that extends into a prominent pharynx, 11–37 ( $18 \pm 7$ ) x 10–15 ( $13 \pm 2$ ). This leads to an oesophagus measuring 45–82 ( $74 \pm 11$ ) x 7–16 ( $10 \pm 3$ ) that bifurcates to form two intestinal caeca measuring 75–135 ( $106 \pm 23$ ) x 9–16 ( $12 \pm 3$ ) that terminate at the posterior end of the body. The acetabulum (Fig. 3D) is oval, well-developed and measures 37–63 ( $50 \pm 9$ ) x 40–70 ( $55 \pm 9$ ), and is further also situated at a position

49–127 ( $82 \pm 23$ ) posterior to the oral sucker and 45–93 ( $62 \pm 13$ ) from the end of the body.

The excretory bladder is bipartite with the most posterior part larger and oval, measuring 18–45 ( $32 \pm 9$ ) x 15–33 ( $26 \pm 6$ ), and preceded by a smaller oval part measuring 7–10 ( $9 \pm 1$ ) x 19–22 ( $21 \pm 1$ ) (Fig. 1C). The main excretory ducts on either side of the bladder extend anteriorly towards the pharyngeal region where they fold back posteriorly thus forming anterior and posterior collecting ducts in the mid-body. These collecting ducts branch to form capillaries ending in flame cells. Eight flame cells were observed anteriorly and six posterior to the acetabulum. The flame cell formula is as follows:  $2 [(2 + 1 + 2 + 2) + (1 + 1 + 2 + 1 + 2)] = 28$ . A caudal excretory duct was also observed to extend into the anterior part of the tail stem where it branches at a quarter of the tail length into two ducts that open to the outside through two excretory openings (Fig. 1C).

Locomotion is provided by a single muscular tail (Fig. 1D) that is slightly longer than the head, measuring 297–306 ( $300 \pm 4$ ) x 30–59 ( $37 \pm 9$ ). It displays various long ciliated papillae arranged bilaterally on the tail stem (Fig. 3H). Finfolds are absent. The tegument of both the body and tail is aspinous and unevenly ridged (Fig. 3F and H).

### Remarks

The cercaria is classified as an echinostome cercaria according to the keys provided by Frandsen & Christensen (1984). Porter (1938) described an echinostomatid cercaria with a collar of 26 spines, *Cercaria middelburgensis* that was shed by *L. natalensis* collected from a lake in Middleburg, Mpumalanga Province. This cercaria differs from the description of the present cercaria in respect of size, most body structures and the number and arrangement of the collar spines. Fain (1953) described *Cercaria bruynoghei* and *Cercaria decora* with 27 spines in the collar. These cercariae differ from the present specimen in the species of the snail host, general sizes of all structures, position of the acetabulum and flame cell formula.

Similarly, Jansen van Rensburg (2001) described a 27-spined echinostomatid cercaria from *L. natalensis* from the Okavango Delta, Botswana. Most body structures are similar to those of the present material but the prepharyngeal sac is absent. In contrast to Porter (1938), King & Van As (1997) described a 27-spined echinostomatid cercaria that was shed by *Bulinus tropicus* from the Free State Province. Most of the cercarial features also appear similar to

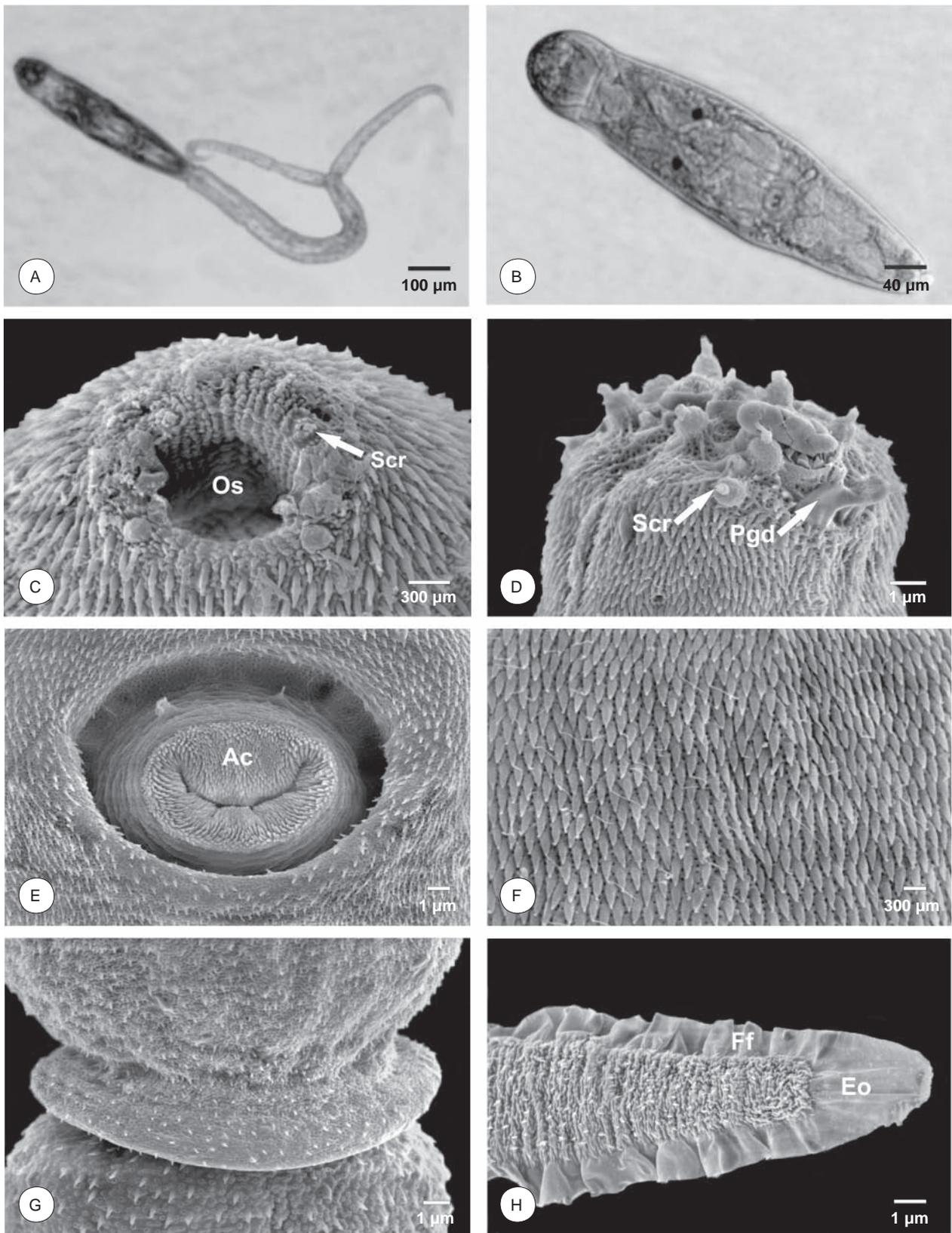


FIG. 2 Apharyngeal-brevifurcate distome cercaria. Light micrographs of (A) whole mount; (B) head of cercaria; (C–H) scanning electron micrographs of cercaria: (C) oral sucker (Os) surrounded by sensory receptors (Scr); (D) sensory receptors (Scr) and penetration gland ducts (Pgd); (E) acetabulum (Ac); (F) tegumental features of body; (G) tegument features of body posteriorly and tail; (H) tail with finfold (Ff) and excretory opening (Eo)

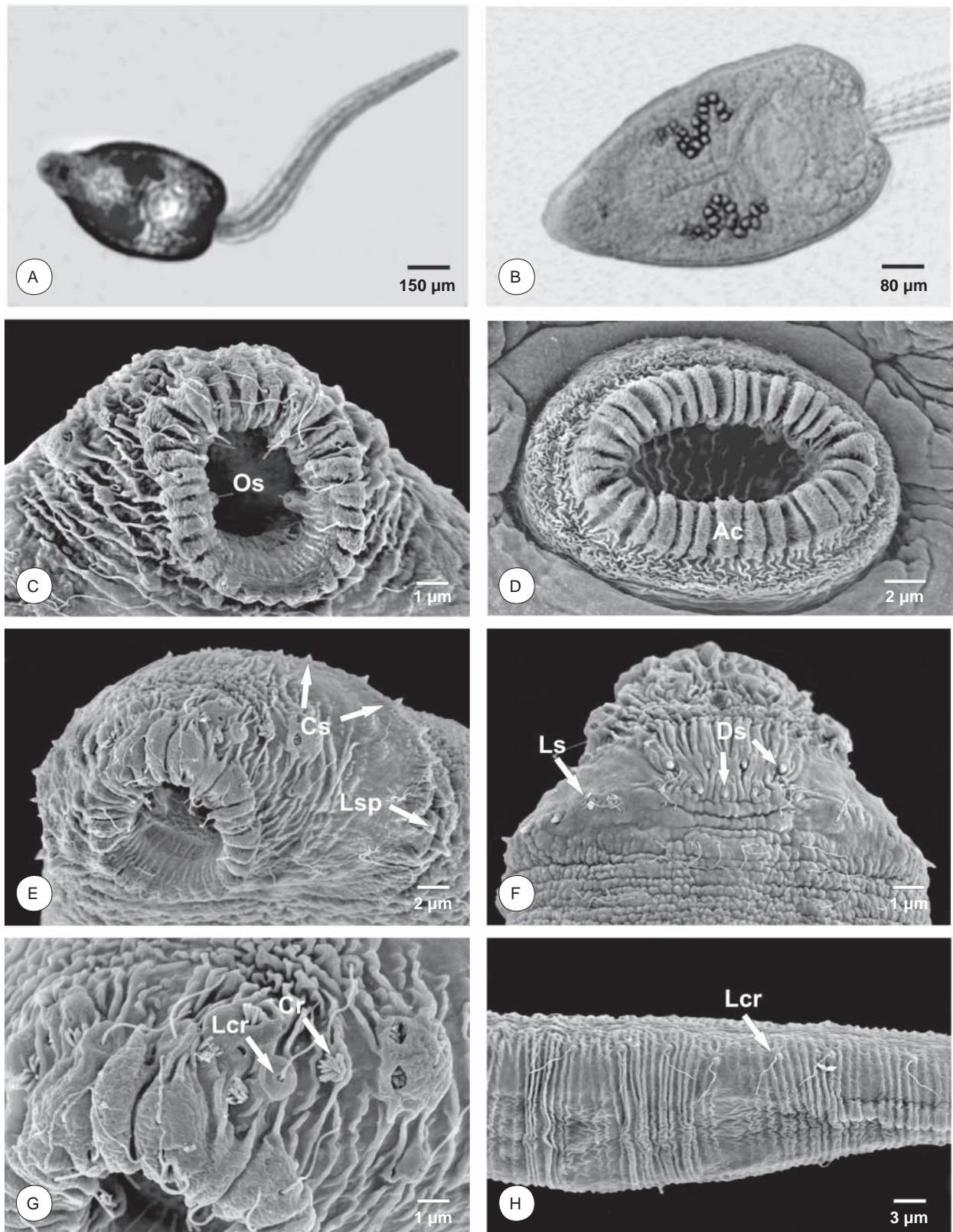


FIG. 3 Echinostomatid cercaria. Light micrographs of (A) whole mount; (B) head of cercaria; (C–H) scanning electron micrographs of cercaria: (C) oral sucker (Os) surrounded by long ciliated sensory receptors; (D) acetabulum (Ac); (E) sensory receptors along the oral sucker and collar showing corner (Cs) and lateral spines (Lsp); (F) tegumental features and collar spines, lateral spines (Ls) and dorsal spines (Ds); (G) long ciliated (Lcr) sensory and cluster receptors (Cr); (H) tail features with long ciliated receptors (Lcr)

those of this study, with the exception of the content of the prepharyngeal sac and the species of the first intermediate host.

### Xiphidiocercaria (Fig. 1F–H and 4A–H)

The cercaria has a stout oval body and a very short single tail (Fig. 1F, H and 4A). The body is flattened dorso-ventrally, measuring 172–187 ( $176 \pm 5$ ) x 43–55 ( $49 \pm 3$ ). A well-developed oral sucker (Fig. 4C), measuring 36–43 ( $38 \pm 2$ ) x 30–37 ( $33 \pm 3$ ) is situated at the anterior end of the body. The most characteristic feature of this cercaria, however, is a simple stylet (Fig. 1G and 4B), measuring 18–21 ( $19 \pm 1$ ) x 3–5 ( $3 \pm 1$ ), that is situated dorsally to the oral sucker.

The oral sucker leads to a pre-pharynx that is longer than it is wide, measuring 22–27 ( $25 \pm 2$ ) x 7–12 ( $8 \pm 2$ ). It extends into a well-developed pharynx, 12–18 ( $15 \pm 2$ ) x 10–15 ( $12 \pm 1$ ). The pharynx extends into an oesophagus, measuring 21–31 ( $23 \pm 3$ ) x 7–12 ( $9 \pm 1$ ), and bifurcates into two intestinal caeca anterior to the acetabulum and which extend to reach the posterior margin of the acetabulum. The caeca measure 120–123 ( $121 \pm 1$ ) long x 9–11 ( $10 \pm 1$ ) wide.

The acetabulum is covered by spines of similar length to those on the rest of the body (Fig. 4D). Mid-body, the acetabulum measures 30–36 ( $32 \pm 2$ ) x 28–37 ( $31 \pm 3$ ) and is situated 45–48 ( $47 \pm 1$ ) from the oral sucker. Three pairs of coarsely granulated penetration glands with distinct nuclei were observed at the sides of the acetabulum (Fig. 1F). The first pair of penetration glands measures 9–12 ( $10 \pm 1$ ) x 9–18 ( $14 \pm 3$ ), the second pair, 10–13 ( $11 \pm 2$ ) x 9–21 ( $13 \pm 4$ ) and the third pair, 6–12 ( $9 \pm 2$ ) x 9–16 ( $11 \pm 2$ ). Penetration gland ducts extend to the oral sucker where they open to the exterior.

The excretory bladder consists of two parts: a larger posterior part, measuring 16–30 ( $20 \pm 4$ ) x 16–37 ( $24 \pm 8$ ) and a smaller anterior part, 21–31 ( $23 \pm 3$ ) x 21–45 ( $28 \pm 8$ ). The main excretory ducts extend bilaterally from the anterior bladder to the level of the acetabulum where they fold back posteriorly giving rise to anterior and posterior collecting ducts that eventually form capillaries that terminate in flame cells. Three flame cells were observed anteriorly and two posteriorly. The flame cell formula is  $2[(2 + 1) + (2)] = 10$ .

Locomotion is provided by a short single tail (Fig. 1H and 4H) measuring 148–164 ( $152 \pm 6$ ) x 22–24 ( $23 \pm 1$ ), that is aspinous and lacks dorso-ventral fin-

olds. The body tegument is evenly granulated and covered by numerous minute backwardly pointing spines (Fig. 4G). Sensory receptors are few, but receptors with long cilia were observed on the sides of the body (Fig. 4F). Short ciliated receptors were also observed on the ventral surface of the body (Fig. 4E). Most receptors with short cilia were observed surrounding the oral sucker (Fig. 4C), whereas non-ciliated receptors were observed alongside the acetabulum (Fig. 4D).

### Remarks

This cercaria is classified as an Armatae xiphidiocercaria according to the classification keys proposed by Frandsen & Christensen (1984) and Haseeb (1984). Frandsen & Christensen (1984) are of the opinion that xiphidio cercariae belonging to the Armatae group develop into intestinal parasites in all groups of vertebrates.

In an earlier work, Porter (1938) described the following nine xiphidio cercariae with three pairs of penetration glands and five to six flame cells on each side of the body: *Cercaria elizabethae* (Porter, 1938) from Port Elizabeth, Eastern Cape Province; *C. grobelaaria* from Oudtshoorn, Western Cape Province; *C. hartebeestia* from the Hartbeestpoort Dam, North West Province; *C. nymphaea* from Sydenham, Kwa-Zulu Natal Province; *C. spruitensis* from the Hartbeestpoort Dam; *C. stonei* from Komatipoort, Mpumalanga Province; *C. umhlotunzana* from Clairwood, Kwa-Zulu Natal Province; *C. veta* from Hoopstad, Free State Province; and *C. vuurensis* from Middleburg, Mpumalanga Province. Of the nine xiphidio cercariae originally described six were shed by *L. natalensis*, i.e. *C. elizabethae*, *C. hartebeestia*, *C. nymphaea*, *C. stonei*, *C. umhlotunzana* and *C. vuurensis*. The cercaria in this study differs from these six cercariae in the morphology of the xiphidio spine, intestinal caecal length, position and arrangement of the penetration glands and morphology of the tail.

Fain (1953) and Vercammen-Grandjean (1960) described five and two xiphidio cercariae with three pairs of penetration glands, respectively. All of these cercariae differ from the present cercarial type by the size and orientation of the penetration glands, flame cell formula, intestinal caeca length and form of the stylet. In contrast, King & Van As (2001) described three xiphidio cercariae shed by *B. tropicus* in the Free State that all differ in morphology when compared to the present cercaria, e.g. the position and number of penetration glands in the body.

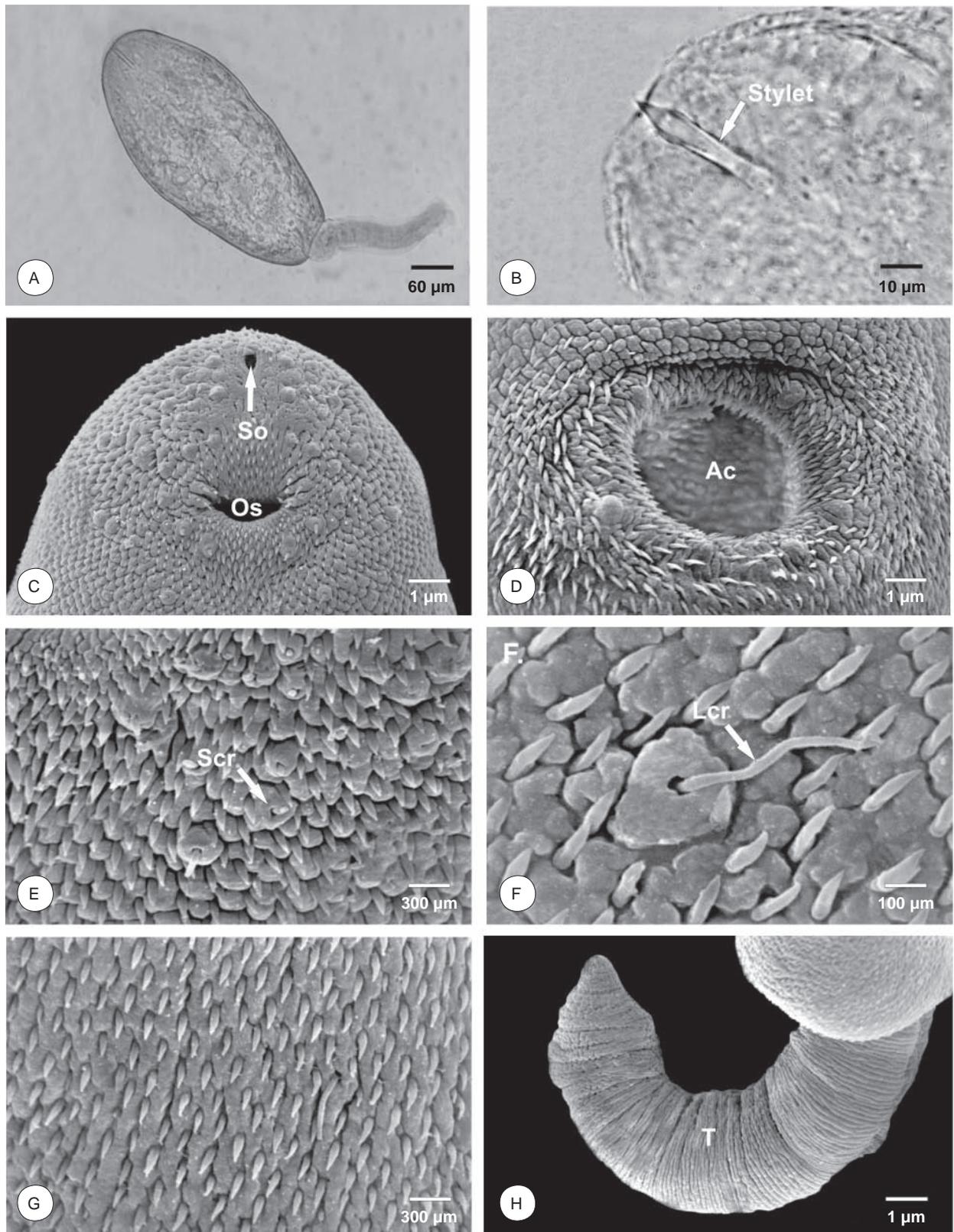


FIG. 4 Xiphidio cercaria. Light micrographs of (A) whole mount; (B) anterior stylet (S); (C–H) scanning electron micrographs of cercaria: (C) oral sucker (Os) and stylet opening (So); (D) acetabulum (Ac); (E) short ciliated receptors (Scr); (F) long ciliated receptors (Lcr); (G) tegumental features of the body; (H) tail (T) features

## DISCUSSION

The apharyngeal-brevifurcate distome fork-tailed cercaria was found to be an avian schistosome cercaria.

The life cycle studies in the Mallard ducks and Wisstar rats unfortunately produced only two *Trichobilharzia* eggs in the faeces of one of the Mallard ducks. According to Appleton (2003) 16 adults and 12 cercariae of avian schistosomes have been described from the Afrotropical Region. Nine *Trichobilharzia* species have been described from birds in central Africa and Madagascar, and Appleton (1982, 1986) recorded five different types of avian schistosome eggs from faecal samples collected at various localities in South Africa. Three *Trichobilharzia* cercariae were described from *L. natalensis* in Africa, but since the cercaria in the present study is the smallest and the resulting eggs clearly fall within *Trichobilharzia* type 3 as was classified by Appleton (1982, 1986 and 2003), this cercaria may well be different from those described earlier. The life cycle therefore needs to be repeated using a larger number of ducks of different species in order to find the adult form and to verify the characteristic eggs.

The echinostomatid cercaria with its collar with 27 spines shed by *L. natalensis* was recovered from most localities. Although the life cycle of this parasite is unknown, *L. natalensis* was found to host echinostomatid metacercarial cysts in the mantle. This snail therefore also serves as second intermediate host for this parasite.

The xiphidiocercaria described in this study was found to be the most abundant single-tailed cercaria in the habitats examined in the proximity of Pretoria. The life cycle of this parasite is also unknown, but other xiphidio stages were also found during this study. Xiphidio metacercariae were found encysted in various second intermediate hosts, i.e. in the gill chambers of freshwater shrimps, in the mantle of *L. natalensis* and occasionally also in the intestine of *Barbus paludinosus*. The cysts found in freshwater shrimps were bigger in size and the cyst wall was thinner compared to the cysts in *L. natalensis* and *B. paludinosus*. Although it appears as if freshwater shrimps are the most suitable second intermediate host, surveys have shown that they were not always present, especially during winter months. Studies have also shown that the highest infection with cysts occurs in *L. natalensis*.

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