

## Patent ductus arteriosus repair in general practice

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### ABSTRACT

A 3-month-old female German Shepherd puppy was presented for routine vaccination. Clinical evaluation revealed a grade 5/6 continuous murmur with the point of maximal intensity over the left 4th intercostal space. Echocardiography revealed a patent ductus arteriosus (PDA). The PDA was closed by a team of general practitioners using the Jackson-Henderson technique, *via* a standard 4th intercostal thoracotomy. A multi-modal approach to analgesia and premedication was employed. A successful outcome was achieved with no murmur or evidence of cardiac disease present 6 months after surgical occlusion. The literature is reviewed with an emphasis placed on choosing techniques that are appropriate to the level of expertise of the surgical and anaesthetic teams, as well as the surgical facilities available.

**Keywords:** canine, congenital cardiac disease, Jackson-Henderson technique, patent ductus arteriosus, thoracotomy.

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### INTRODUCTION

The ductus arteriosus is a foetal blood vessel connecting the pulmonary artery and the aorta in order to divert blood away from the foetal lungs<sup>6</sup>. The ductus arteriosus should close during the 1st few days of life. Patent ductus arteriosus (PDA) is a congenital cardiac condition commonly seen in puppies resulting from failure of the vessel to close<sup>2,7,9</sup>. Blood subsequently shunts continuously from the aorta to the pulmonary artery due to the higher aortic pressure. This is called a left to right shunting PDA and leads to over-circulation of the pulmonary vasculature and left side of the heart<sup>11</sup>. Studies usually show over-representation of female canine patients, ranging from 67–78 % of patients diagnosed<sup>7,9</sup>. Closure of a left to right PDA is considered remedial<sup>15</sup>, whereas failure to close usually results in congestive heart failure by 1 year of age<sup>3</sup>. In rare cases over-circulation of the pulmonary vasculature leads to pulmonary hypertension to levels greater than the aorta and this causes a reversal of the shunt right to left causing deoxygenated blood to be pumped to the caudal half of the body<sup>11</sup>. Ligation of a completely reversed PDA (right to left) is contraindicated<sup>6</sup>. There are several surgical techniques available to close a left to right

shunting defect including division and over-sewing of the 2 ends<sup>6</sup>, placement of haemostatic clips<sup>15</sup>, and more conventionally, ligation using either the standard<sup>6</sup> or the Jackson-Henderson method<sup>10</sup>. Recently, repair has been conducted *via* trans-catheter coil occlusion (TCO)<sup>5</sup>. TCO was developed to allow closure of a PDA without the need for thoracotomy, but it requires fluoroscopic guidance to place the coil and is therefore usually limited to large specialist referral centres<sup>7</sup>. A recent study comparing TCO and surgical ligation for PDA showed no significant difference in mortality between the 2 techniques, but initial procedure success was better with surgical ligation<sup>7</sup>.

Minor complications were seen more frequently in cases treated with TCO, and although major complications (such as major haemorrhage, cardiac arrest and respiratory insufficiency requiring ventilator support) were more likely with surgical ligation, both approaches were considered to be acceptable PDA treatments<sup>7</sup>.

### CASE HISTORY

A 13.2 kg, 3-month-old female German Shepherd presented for routine vaccination was diagnosed with a grade 5/6 continuous cardiac murmur with the point of maximal intensity over the left 4th intercostal space. The rest of the cardiac and general clinical examination was unremarkable. The owners had noticed no clinical signs and described her exer-

cise tolerance as good. The location and type of murmur strongly suggested a PDA and the patient was referred for an echocardiogram. Colour flow doppler echocardiography revealed a left to right shunting PDA with no secondary changes in any of the cardiac chambers. Pressures over the pulmonic and tricuspid valves were within normal limits, indicating no pulmonary hypertension. No clinical signs of heart failure were present.

Based on the findings of the echocardiogram, closure of the PDA was recommended. The recommendation of referral to a specialist surgeon was declined by the owner due to financial constraints, so the decision was taken to perform the operation within general practice.

### MATERIALS AND METHODS

The patient was admitted to hospital 24 hours before the surgery to allow for the application of a 50 µg/h fentanyl patch (3 µg/kg/h fentanyl) (Durogesic, Janssen, Pharmaceutica, USA) to provide intra- and post-operative analgesia and food was withheld for 12 h pre-operatively. The following day she was given ketamine at 0.3 mg/kg (Anaket, Bayer AH, South Africa) and morphine at 0.65 mg/kg (morphine sulphate, Intramed (Pty Ltd), South Africa) pre-medication and anaesthesia was induced with 4 ml intravenous (IV) propofol (4 mg/kg drawn up into a syringe and then patient dosed to effect) (PropoFlo, Abbot AH, USA). Two 20-gauge IV catheters (DELTA VEN T, DeltaMed, Italy) were placed, 1 acting as a dedicated fluid line and the other for immediate intravenous access if required. Constant fluid management using Ringers lactate at 10 ml/kg/hr was employed. Adrenaline at 20 µg/kg diluted in 10 ml normal saline (Adrenotone, SCP Pharmaceuticals (Pty) Ltd.), atropine at 0.04 mg/kg (Atropine, Bayer Ltd.), lignocaine at 2 mg/kg (Lignocaine, Bayer AH), and doxapramat 5 mg/kg (Dopram, Intramed (Pty) Ltd) were drawn up to be available throughout the procedure in case of complications. The patient was maintained on 2 % inspired isoflurane (Isoflo, Abott Animal Health) and oxygen during surgical preparation. During this time the left thorax was clipped from just caudal to the scapula to the posterior aspect of the

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last rib. Intercostal nerve blocks of 2 ml bupivacaine (Macaine 0.5 %, Adcock Ingram Ltd, South Africa) were instilled into intercostal spaces 3, 4 and 5 in preparation for a standard 4th intercostal thoracotomy. Anaesthesia was monitored throughout the procedure with pulse oximetry, indirect blood pressure measurement, capnography, electrocardiography, heart rate, respiratory rate and temperature measurement (Cardell Veterinary Monitor Model 9405, USA). Carbon dioxide saturation was maintained below 30 % to prevent spontaneous respiration and allow manual respiration to be performed without resistance from the patient. Upon incising the parietal pleura, mechanical ventilation was started at a rate of 10–15 breaths per minute. The caudal part of the cranial left lung lobe was reflected caudally, after which the vagus nerve was dissected free and retracted dorsally using a penrose drain (Fig. 1). Bradycardia was transient and only noted while the vagus nerve was being dissected, during which period the patient remained stable. The aorta, pulmonary artery and PDA were then all clearly visible. At this point, the lung was repositioned and normal manual inflations were performed for a period of 2 min to prevent damage to the alveoli from hypo-perfusion of the previously reflected portion of lung. The lung lobe was then reflected once more to clear the surgical field.

The Jackson-Henderson technique was used to close the PDA<sup>8</sup>. The mediastinum was incised dorsal to the aorta between the left subclavian and 1st aortic intercostal arteries. The index finger of the left hand was placed behind the aorta, just cranial to the PDA. Right-angled forceps were passed through the mediastinal wall at this point, guided by the index finger, from ventral to dorsal. Using the forceps, a piece of Ethibond<sup>®</sup> size 1 USP suture material was grasped at its midpoint and the forceps then pulled back to their original penetration site to leave the mid-point of the suture material cranial to the PDA and 2 free ends in the mediastinum dorsal to the aorta. The 2 free ends of suture material were then passed caudal to the PDA in a similar manner. The midpoint of the suture was cut to create 2 strands of material. The 2 strands were tied around the PDA, 1 just ventral to the aorta and the other just dorsal to the pulmonary artery (Fig. 2). The ligature adjacent to the aorta was slowly tied 1st. The other ligature was then tied in the same manner. Immediately the 'thrill' associated with the PDA disappeared and the heart rate adjusted from c. 120 bpm pre-ligation, to c. 100 bpm post-

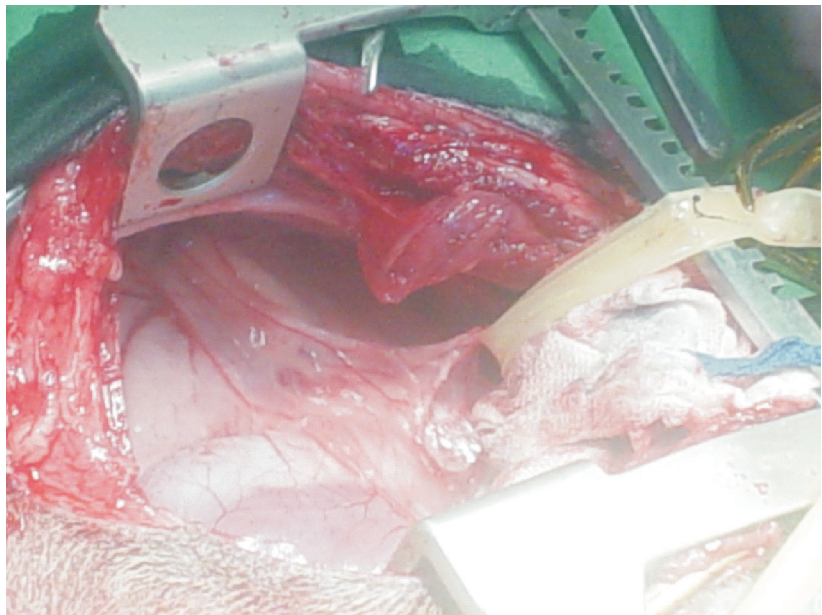


Fig. 1: Reflection of the vagus nerve using a ¼-inch penrose drain.

ligation. Change in heart rate was evident within 1 min of complete ligation.

The thoracic cavity was closed in a routine manner using 8, size 1 USP nylon sutures (Clinisuit, SA). Circum-costal sutures were all preplaced and then tied from dorsal to ventral. During placement of the last suture, a thoracocentesis was performed using a fenestrated tube. Suction with a 50 ml syringe was performed until a negative pressure was felt. Routine muscle, subcutaneous and skin sutures were placed. Postoperative analgesia comprised of a low-dose continuous-rate ketamine infusion (60 µg/kg/h) for 4 h, followed by morphine injections at 0.2 mg/kg every 4 h for 24 h. The fentanyl patch was removed after 72 h and was not replaced as the dog appeared comfortable at this time. Carprofen (Rimadyl, Pfizer

AH) was given at a dose of 4.4 mg/kg once daily for 10 days after surgery.

## RESULTS

The post-operative recovery period was smooth and unremarkable with well controlled pain. The patient was hospitalised to ensure pain control and confinement. The owners were instructed to continue the Carprofen for 3 more days, as well as exercise restrictions for a further 7 days. The sutures were removed after 14 days with no wound healing complications. At the time of writing (12 months post-operatively) there have been no problems associated with surgery. The patient remains clinically healthy with no respiratory or cardiovascular abnormalities on clinical examination and no recurrence of the murmur. The owners have declined

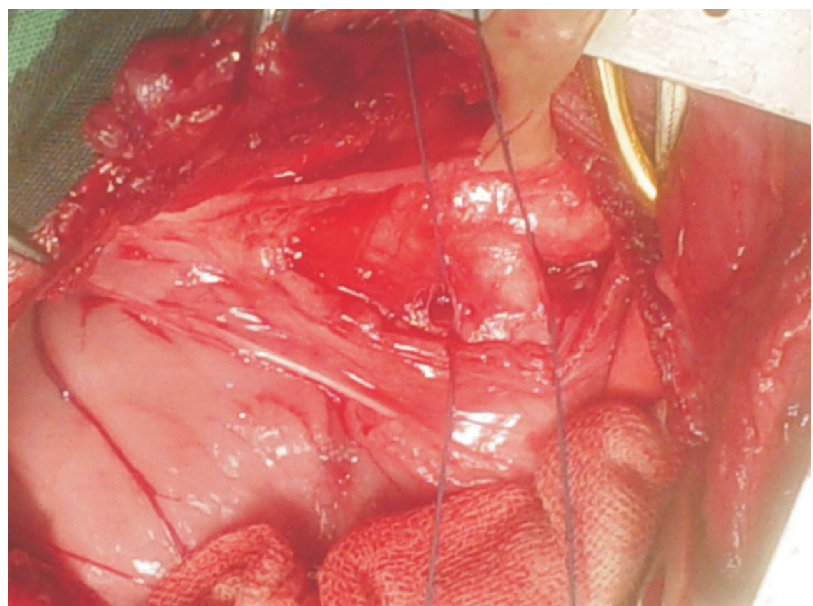


Fig. 2: Location of 2 Ethibond<sup>®</sup> suture strands around the ductus

follow-up echocardiography due to financial constraints.

## DISCUSSION

Successful surgical ligation of a PDA was performed in general practice with a team of 3 non-specialist veterinarians. A multi-modal approach to analgesia, both intra- and post-operatively, is considered the gold standard for optimum pain control, prevention of wind-up pain and the reduction of side effects associated with high dosage single modal therapy<sup>4,13</sup>. In this case a combination of 4 classes of analgesics were chosen: N-methyl D-aspartate (NMDA) antagonists (ketamine), local nerve blocks (bupivacaine), opioids (morphine and fentanyl) and non steroidal anti-inflammatories (carprofen).

Two methods of surgical PDA ligation have been described. With the standard closure technique the mediastinal pleura must be separated and the vagus, phrenic and recurrent laryngeal nerves protected. After removal of the pleura from the lateral aspect of the aorta, pulmonary artery and PDA, right-angled forceps are used to dissect on the medial aspect of the ductus<sup>8</sup>. This dissection usually starts caudally and moves cranially in order to create a tunnel through which the suture can be guided and tied around the PDA<sup>6</sup>. This requires blunt and blind dissection medial to the ductus and the ductus may stretch and even tear at the right pulmonary arterial junction<sup>8</sup>. In contrast, with the Jackson-Henderson technique, no blind dissection is necessary and there are no vessels or fragile structures medial to the aorta in the mediastinum, the area through which the forceps are passed<sup>8</sup>.

There is no significant difference in mortality between the Jackson-Henderson and the standard techniques<sup>1</sup>. However, mortality from surgical PDA repair often results from haemorrhage and, although no statistical difference exists between the techniques, when it does occur, it is always in the cranial medial portion of the

ductus<sup>9</sup>. This is the area in which the forceps are opened to grasp the suture following blind dissection with the standard technique<sup>9</sup>. Conversely, the Jackson-Henderson technique has been shown to result in greater PDA reperfusion post-closure<sup>14</sup>. This is assumed to result from entrapment of the mediastinal fascia<sup>14</sup>. While this may favour use of the standard technique, the clinical significance of reperfusion has yet to be established<sup>12</sup>. Consequently, the Jackson-Henderson technique was chosen in this case to avoid the need for blind dissection around the ductus by a non-specialist surgeon.

Specialist referral is usually recommended by general practitioners for PDA closure and this will often remain the most appropriate course of action for the majority of cases. Unfortunately, it is the reality in South Africa that in many cases clients will be unable to finance specialist referral. This report concludes that in these circumstances it is possible to have a favourable outcome treating a PDA with a team of general practitioners.

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